

2017 Senior Health Profile

Davis County Health Department



Senior Health (65+)	Davis	Utah
Demographics (2015)		
Ages 65+	31,398	307,867
Percentage of Population 65+	9.3%	10.3%
Live Alone	31.9%	36.6
Responsible For Grandchildren	8.3%	7.9%
Received Food Stamps/SNAP in past 12 months 60+	16.7%	23.9%
Employment Rate, Ages 65-74	17.2%	17.2%
Health Status (2014-2015)		
Good Physical Health (less than 7 poor days)	78.3%	78.2%
Good Mental Health (less than 7 poor days)*	92.7%	90.4%
Body Mass Index (BMI) less than 25 (normal)	29.7%	33.8%
BMI 25+ (overweight or obese)	70.3%	66.2%
Prevalence of Asthma	10.4%	9.0%
Prevalence of Arthritis	50.4%	50.3%
Limited Activities Due to Arthritis or Joint Symptoms	20.4%	24.7%
Prevalence of High Blood Pressure	64.2%	56.8%
Prevalence of High Cholesterol (2013,2015)	50.0%	49.6%
Prevalence of Diabetes	18.7%	20.2%
Prevalence of Depressive Disorder	15.1%	17.4%
With Disability (2011-2013)	35.3%	34.9%
Confusion/Memory Loss 60+ (2011)	16.8%	16.7%
Alzheimer's Disease Related Death (per 100,000 population)	256.83	242.82
Falls (Hospital Encounters per 10,000 population) (2014)	114.21	116.08
Health Behaviors (2014-2015)		
Current Cigarette Smoking*	5.0%	4.8%
Chronic Drinking*	Suppressed	2.4%
Conducted Recommended Aerobic and Muscle Strengthening (2013,2015)	20.4%	19.7%
Current Alcohol Use	13.0%	19.0%
Daily Fruit Consumption- 2 or more (2013,2015)	31.6%	34.3%
Daily Vegetable Consumption- 3 or more (2013,2015)	14.5%	16.0%
Physical Inactivity (no leisure activity)	23.5%	25.6%
Practiced Sun Safety (2013)	83.3%	78.5%
Access to Healthcare (2014-2015)		
Healthcare Coverage (do not have insurance)	Suppressed	1.4%
Routine Medical Checkup (within past 12 months)	77.3%	80.7%
Routine Dental Healthcare (within past 12 months) (2014)	78.0%	71.0%
Screening & Prevention Services (2014-2015)		
Cholesterol Screening (within past 5 years) (2013,215)*	93.2%	92.1%
Clinical Breast Examination (in past 2 years)	60.7%	60.1%
Influenza Vaccination (within past 12 months)	60.2%	58.4%
Mammography (in past 2 years) (2013-2014)*	73.6%	70.9%
Pap Test (in past 3 years) (2014)	39.1%	48.8%
Pneumococcal Vaccination (ever had)†	71.6%	69.9%
Sigmoidoscopy or Colonoscopy (ever had)	86.4%	82.5%
Communicable Disease (2015)		
Campylobacteriosis (per 100,000 population)	15.9	15.3
Cryptosporidiosis (per 100,000 population)	15.9	8.0
Influenza-associated Hospitalization (per 100,000 population)	149.7	124.0
Pertussis (per 100,000 population)	15.9	5.7
Salmonellosis (per 100,000 population)	15.9	16.3
Streptococcal Disease (per 100,000 population)	98.7	89.3

Strengths:

- 78.3% with self proclaimed health status of good or excellent
- More routine dental care compared to the state
- Davis County residents' life expectancy is 81 years, longer than the state at 80.1 and the U.S. at 78.8
- Over the next 50 years, life expectancy is projected to increase 4.5 years for women and 7.1 years for men

Challenges:

- Not meeting Healthy People 2020 target of 90% for Pneumococcal Vaccination
- Higher rate of confusion/ memory loss (age 60+) than U.S. rate of 12.7%
- Davis County residents ages 65+ are projected to increase from 10.2% to 21.3% by 2065
- Davis County residents ages 85+ are projected to increase from 2,391 people in 2013 to 22,420 in 2060
- As the senior population increases, more residents will be living with obesity and related chronic conditions, placing a heavy burden on the healthcare system

Notes:

Data from Utah's Indicator-Based Information System (IBIS) for Public Health, Census Bureau, CDC, the Davis County Department Division of Communicable Disease and Epidemiology, and the University of Utah Policy Institute.

*Use caution in interpreting, the estimate has a coefficient of variation >30% and may not be reliable.

Suppressed: The observed number of events is very small and not appropriate for publication.

† Not meeting HP2020 Target of 90%.