

FAMILY HEALTH NEWSLETTER

Summer 2024



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Family Health Division Director

Welcome to the first newsletter from the Davis County Health Department's Family Health Division! We are excited to share updates on our services and programs aimed at promoting the well-being of families in our community. Together, we look forward to fostering healthier lives through our programs and collaborations with organizations like yours. Enjoy!

What is "Family Health"?

An area of the health department that includes:



WIC



**Maternal & Child
Health**



**Immunizations
Clinic**

22 State St.
Clearfield, UT 84015
Mon-Fri, 8am-5pm

Subscribe Here

to receive quarterly updates
about our programs



WIC

WIC provides nutrition education, access to foods, breastfeeding support, & connection to community resources for pregnant & postpartum women & families with children under 5 that meet income guidelines.

Updates

- Income eligibility guidelines have increased!
- New eWIC cards are coming!
 - They will provide a safer, easier way to get WIC food benefits.
 - Participants will receive them at their next scheduled appointment.
- For questions, call or text the WIC clinic at: 801-525-5010.

Cards can be used starting August 1, 2024 & must be activated before use at grocery stores.



Maternal & Child Health Home Visitation Program

Free & confidential one-on-one support from nurses who help families to have the resources they need for their child to have a happy & healthy start in life.

Families with kids ages 0-8 may participate regardless of insurance, citizenship, or income.



CHECK OUT OUR WEBSITE to learn more & request an appointment.

NEW: care providers can now use our referral form.

Download & share our updated WIC fliers!



Please replace older fliers with the 2024-25 version or contact us to have some delivered to your location. English & Spanish fliers are available.

Your child has you, and you have WIC



Women, Infants, and Children (WIC) provides support and services to pregnant, breastfeeding, and non-breastfeeding postpartum women, and to infants and children up to their 5th birthday.

Household size	Monthly (gross)	Yearly (gross)
1	\$2,322	\$27,861
2	\$3,152	\$37,814
3	\$3,981	\$47,767
4	\$4,810	\$57,720
5	\$5,640	\$67,673
6	\$6,469	\$77,626
7	\$7,299	\$87,579

Effective July 1, 2024 to June 30, 2025

WIC is a nutrition program that provides:

- Nutrition counseling
- Healthy foods
- Prenatal and breastfeeding support
- Growth assessment
- Referrals to other helpful programs

Set up an appointment today
Open the camera on your phone and scan the QR code



wic.utah.gov




UTAH WOMEN, INFANTS & CHILDREN

This institution is an equal opportunity provider.



WIC GUIDE FOR HEALTHCARE PROVIDERS

IMPROVING PATIENT HEALTH AND FOOD SECURITY WITH NUTRITIONAL RESOURCES

What is WIC?

The Special Supplemental Nutrition Program for Women, Infants, & Children (WIC) is a federal nutrition program that aims to safeguard the health of low-income women, infants, & children up to age 5 who are at nutrition risk by providing nutritious foods to supplement diets, information on healthy eating, & referrals to health care.

Who is Eligible?

- Moderate to low-income pregnant, postpartum women, infants, & children up to age 5.
- Families receiving Medicaid or SNAP are automatically eligible.
- Individuals are eligible regardless of their immigration status.

Research Shows Participation in WIC Produces Results:



IMPROVES BIRTH OUTCOMES

Lowers risk of preterm birth, low birth weight, & infant death.



SUPPLEMENTAL NUTRITION

Develops healthier eating habits & enhances dietary quality through long-term nutrition & breastfeeding support.



GROWTH & DEVELOPMENT

Physical & cognitive development screenings ensure a child receives the proper care needed to succeed.

How can your patients benefit?



Personalized nutrition education & access to healthy groceries through a tailored WIC food package



Breastfeeding education & support



Screening & referrals to additional health & social services



Help Connect Families to WIC

- Tell your patients about WIC's services and benefits and encourage them to apply.
- Include WIC fliers in your clinic and in new-patient information packets.

Your referral matters.

As a health care provider, you are a trusted messenger for families eligible for WIC services but not yet receiving benefits.

Adapted from:  

42 South State Street
Cedarfield, UT 84015
801-525-5010
www.wic.utah.gov



Check out our new WIC Guide for Healthcare Providers fliers!

Our team can provide WIC training to healthcare & other organization staff by request by calling 801-525-5010.

Download & share our new Home Visitation fliers!

Available in:

- English
- Spanish
- Marshallese

Nurses can also provide child developmental screenings at schools, libraries, & community events.

QUESTIONS ABOUT YOUR CHILD'S DEVELOPMENT?

FREE in-home nurse visits are available for families with children from birth to age 8 regardless of insurance or income

REGISTERED NURSES OFFER SERVICES INCLUDING:

- Child developmental screenings
- Child health & safety
- Community resources for your family's needs
- Immunization information
- Parenting resources
- Postpartum depression screenings



SCAN THE QR CODE OR CALL 801-525-4960 TO REQUEST AN APPOINTMENT



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MATERNAL & CHILD HEALTH GUIDE FOR HEALTHCARE PROVIDERS

IMPROVING CHILD AND MATERNAL HEALTH THROUGH COMMUNITY FOCUSED RESOURCES

<p>About Us:</p> <p>The Maternal & Child Health Program is carried out by registered nurses who provide medical, social, educational, & other services at no cost to families in Davis County.</p>	<p>Services Available:</p> <div style="margin-bottom: 10px;"> <p>BABY YOUR BABY</p> <p>Temporary medical coverage for pregnant women including:</p> <ul style="list-style-type: none"> • prenatal visits and lab tests • ultrasound tests • ER visits related to pregnancy </div> <div style="margin-bottom: 10px;"> <p>HOME VISITATION PROGRAM</p> <p>Free and confidential in-home education and one-on-one support including:</p> <ul style="list-style-type: none"> • postpartum screenings for parents • developmental screenings for children • immunizations for the family on a case by case basis </div> <div> <p>REFERRALS TO COMMUNITY RESOURCES</p> <p>Support accessing services and programs related to food security, employment, housing, education, mental health, immigration & safety through our community referral network.</p> </div>
<p>Who is Eligible?</p> <ul style="list-style-type: none"> • Families with children ages 0-8 • Pregnant women seeking medical insurance • Families with barriers to accessing immunizations 	<p>How Can Your Patients Benefit?</p> <div style="display: flex; justify-content: space-around; text-align: center;"> <div style="width: 30%;">  <p style="font-size: x-small;">One-on-one support from registered nurses to create personalized care plans</p> </div> <div style="width: 30%;">  <p style="font-size: x-small;">Early intervention services through pregnancy & child development</p> </div> <div style="width: 30%;">  <p style="font-size: x-small;">Appointments provided in-home with a clinic option per family preference</p> </div> </div>
<p>Help Connect Families to Family Health</p> <ul style="list-style-type: none"> • Refer patients with children to the Home Visitation Program by displaying flyers in your clinic and encouraging families to call our office. • Encourage expectant mothers less than 13 weeks pregnant to apply for Baby Your Baby. 	<p style="text-align: center; font-size: x-small;">Connect With Us:</p> <div style="display: flex; align-items: center; justify-content: center;">  <div style="margin-left: 10px; font-size: x-small;"> <p>22 State Street Clearfield, UT 84015 801-525-4960</p> </div> </div>



Check out our new Guide for Healthcare Providers flier!

Our team can provide education to healthcare & other organization staff by request by emailing Haley at hbemis@co.davis.ut.us.



Immunizations

Our clinic offers:

- Routine & seasonal vaccines
- International travel consultations & required vaccines
- Low-cost vaccines for uninsured children & adults
- Mobile clinic community outreach events
- In-home vaccinations



Scan the QR code to see when the mobile clinic will be near you!



REQUEST IMMUNIZATIONS OUTREACH

Interested in having DCHD at your event?

Call our community health worker line at **801-525-4950**



Safe Kids Day June 1, 2024



Check out the
“Health Department”
tab on our
county event calendar
for upcoming events!

THANK YOU!