

Celebrating 11 Years of Working Together

Davis4Health Community Health Improvement Plan 2024 Progress Report

**DAVIS 4
HEALTH**



Priority 1: Improving mental, emotional & social well-being

Priority 2: Increasing access to resources & services

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Davis4Health

Davis4Health

Davis4Health is Davis County's health improvement collaboration with partners from many organizations and sectors working together to improve population health in the community. The collaboration was formalized in 2012. Davis County Health Department currently serves as the backbone organization of Davis4Health providing ongoing support to maintain organizational infrastructure and sustain momentum for moving Davis4Health forward. More than 100 individuals from many [organizations](#) are involved and contribute staff time, facilitation and leadership, expertise, volunteers, guidance and decision-making, advocacy, data, community connections, and in-kind donations. Davis4Health mission, vision, and values can be found in the [Appendix](#).

Davis4Health uses the County Health Rankings & Roadmaps Take Action Cycle (refer to Figure 1) as a model to guide community health improvement processes. It provides steps and a path to keep partners moving with data to action. The five steps are: 1) Assess needs and resources; 2) Focus on what's important; 3) Choose effective policies and programs; 4) Act on what's important; and 5) Evaluate actions.

Figure 1: Take Action Cycle



2024 Highlights

Davis4Health experienced a significant milestone (10 years) in 2024 and made an intentional effort to address sustainability and make improvements.

Annual Celebration

Each year, an annual celebration is held for community leaders and partners. On February 23, an annual celebration was held to acknowledge partners for their contributions and recognize community health improvement progress and successes. This event was extra special due to it being the ten-year anniversary celebration (refer to image right). In attendance were 56 participants, representing 26 organizations.



The [2023 Davis4Health Community Health Improvement Plan Progress Report](#) describing community efforts to prevent and reduce suicide, Adverse Childhood Experiences (ACEs) and trauma, and opioid misuse was provided and was made available online. It also includes a summary of highlights over a five-year period since it was the concluding annual progress report of the previous Community Health Improvement Plan (CHIP) cycle. Photos from past efforts over the years were provided for participants bringing back memories from years of work together.

Community Health Improvement Plan

The [2024-2028 Davis4Health Community Health Improvement Plan](#) (CHIP) is a five-year strategic plan used to guide community health improvement efforts in Davis County. The CHIP priorities chosen by community partners to work on together are to strengthen protective factors by:

- 1) Improving mental, emotional, and social well-being
- 2) Improving access to resources and services

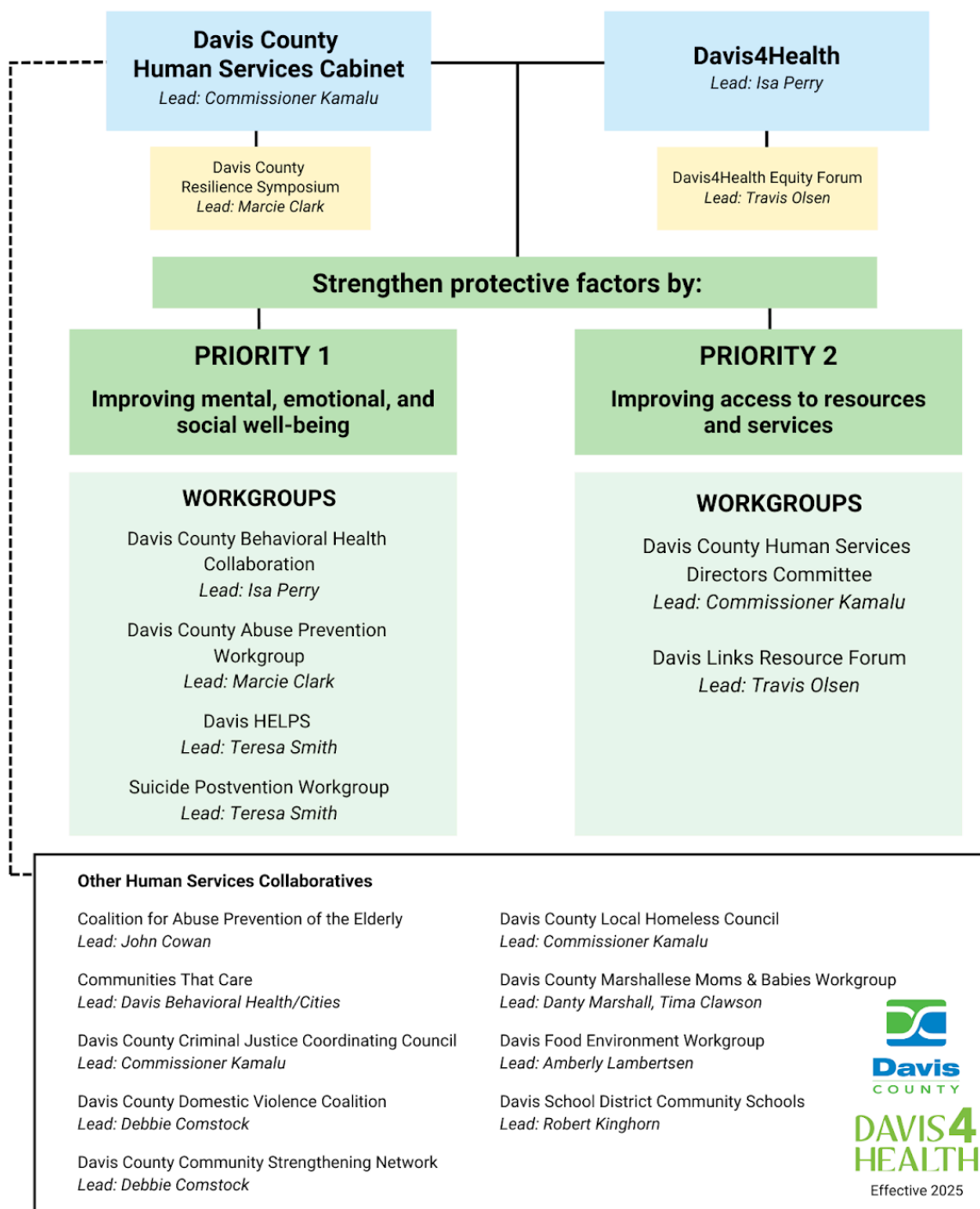
The CHIP motto is: Connection is the key. Resilience is the outcome (refer to Figure 2). The Davis County Human Services Cabinet, an oversight committee for county human services collaborations, agreed to align its efforts around these priorities. Six workgroups and community coalitions have primary responsibility for implementing the three workplans and monitoring progress and outcomes (refer to Figure 3 on next page). This plan is the third iteration of a common agenda used by Davis County community members and partners to guide activities and resources for creating a healthier community. The complete plan can be found online at chip.davis4health.org.

Figure 2: CHIP Motto



**Figure 3: Davis County Human Services & Davis4Health
Priorities Alignment Chart**

Davis County Human Services & Davis4Health Priorities



Steering Committee

On April 23, 52 community members and partners representing 22 organizations gathered for the spring Steering Committee meeting to celebrate the release of the CHIP. A small group exercise helped participants apply the CHIP's three essential approaches:

- Health Equity
- Protective Factors
- Trauma-Informed

The group reviewed highlights contained in the CHIP and participated in a CHIP challenge to test their knowledge.

On October 24, 50 community members and partners representing 23 organizations gathered for the fall Steering Committee meeting. The group focused on improvements that could be made to strengthen the organization, structure, function, effectiveness, and sustainability of the collaboration. Participants also learned about data projects and Davis Links branding work supportive of the two community health improvement priorities.

Improvements and Sustainability

New tools are available to spread awareness about Davis4Health. During 2024, processes were documented to help sustain and improve Davis4Health. This included conducting an [evaluation](#), updating the [charter](#), producing a four-minute [introductory video](#), and updating the [webpage](#). All can be found on the following webpage: about.davis4health.org.

About This Report

Partners work together to implement the CHIP. An annual progress report is prepared to document partners' cumulative efforts. This 2024 Davis4Health Community Health Improvement Plan Progress Report describes community efforts to strengthen protective factors by improving mental, emotional, and social well-being; and improving access to resources and services.

Many organizations have accepted responsibility for goals in the CHIP (refer to pages 19-20, 29, 40). This progress report documents many of those efforts. Not all agencies reported progress. This report is not able to represent all the good work happening related to CHIP priorities. Any organization is invited to submit progress to be included in the annual reports.

Questions about this report can be directed to: Davis County Health Department, Health Strategy Bureau, 801-525-5212, healthstrategy@daviscountyutah.gov. This report was released on February 27, 2025. The report can be accessed on the [Davis County Health Department Reports & Assessments webpage](#).

Priority 1: Improving mental, emotional & social well-being

For Priority 1, there are two plans: 1) Strengthening supports for mental, emotional & social well-being and 2) Preventing abuse. The two plans in Priority 1 are complementary, yet distinct. Both plans are recognized as being essential for addressing root causes of poor mental, emotional, and social health and impacting social norms to improve mental, emotional, and social well-being in Davis County.

Plan 1: Strengthening supports for mental, emotional & social well-being

Vision: Davis County is a community where all people are supported in their mental, emotional, and social well-being.

The plan described here focuses on strategies to address root causes, create societal change, and strengthen supports associated with mental, emotional, and social well-being.

Workgroups

Primary responsibility to implement Plan 1 is shared by three Community Health Improvement Plan (CHIP) collaborations and multiple community partners. The three collaborations responsible for this action plan are Davis HELPS, Suicide Postvention Workgroup, and Davis County Behavioral Health Collaboration.

Davis HELPS

Davis HELPS (refer to image below) is the lead coalition in Davis County working on suicide prevention and the coordination of general prevention efforts. The coalition has been meeting since 2008 and began focusing on suicide prevention in 2013.



Davis HELPS members represent the following agencies:

- Blue Star Families
- Communities That Care
- Continue Mission
- Davis Behavioral Health
- Davis County Domestic Violence Coalition
- Davis County Health Department
- Davis County Sheriff's Office
- Davis School District
- Davis Technical College
- Department of Workforce Services
- GRANDfamilies
- Grandview for Good
- Head Start
- Health Choice Utah
- Hill Air Force Base
- Intermountain Health
- Juvenile Court
- Layton Community Action Council
- MountainStar Healthcare
- NUAMES
- NUHOPE
- Safe Harbor
- The Church of Jesus Christ of Latter-day Saints
- Utah State University Extension
- Utah Health Policy Project
- Veterans Affairs

Suicide Postvention Workgroup

Suicide postvention is an organized, coordinated response after a suicide death occurs to support affected individuals with the goal of preventing and alleviating additional negative outcomes. The workgroup (refer to image below) addresses gaps in coordinated postvention by increasing collaboration, aligning resources, and creating a community suicide postvention plan.



The Suicide Postvention Workgroup was formed in 2023 and includes the following partners:

- Aaron's Mortuary
- Adult Probation & Parole
- Centerville Police Department
- Davis Behavioral Health
- Davis County Health Department
- Davis County Sheriff's Office
- Davis School District
- Davis Technical College
- Grandview for Good
- First Responders First
- Hill Air Force Base
- Holy Cross Hospital - Davis
- Intermountain Layton Hospital
- Layton City Fire
- Lindquist Mortuary
- NUAMES
- NUHOPE
- The Church of Jesus Christ of Latter-day Saints
- Utah State University Extension
- Veteran Affairs
- West Bountiful Police Department
- Woods Cross City

Davis County Behavioral Health Collaboration

The intent of the Davis County Behavioral Health Collaboration (refer to image below) is to bring service providers, community-based organizations, and other interested partners together to work on improving access to behavioral health services in Davis County. Davis County Health Department and Davis Behavioral Health provide administrative support to the group. The group started in 2013 and includes members from the following agencies:

- Davis Behavioral Health
- Davis County Health Department
- Davis School District
- Family Counseling Service of Northern Utah
- Head Start
- CommonSpirit
- Hope Center
- Intermountain Health
- Midtown Community Health Center
- Sol Recovery Community
- The Church of Jesus Christ of Latter-day Saints
- Turning Point Centers
- Utah State University Extension



Strategies

Strategy 1: Increase social connection in communities where we live, learn, work, play, worship & rest

Social connection goes beyond an individual's relationships and interactions with family, friends, colleagues, and neighbors. A person's level of connection with others and their community is not simply determined by the number of close relationships they have, but also informed by their neighborhood, school, workplace, and online environments. Social connection is a critical and underappreciated contributor to individual and population health, community safety, resilience, and prosperity.

Strategy 1: Increase social connection in communities where we live, learn, work, play, worship & rest			
Goals	Objectives	Time Target	Status
1A. Identify emerging evidence-based strategies to improve social connection	Review & document evidence-based programs, policies & strategies to address social connection	2026	On Track
1B. Implement programs & strategies to increase social connection among community members & partners	Encourage community members to engage in programs, policies & activities	2030	On Track
	Encourage agencies to involve community members in decision-making	2030	On Track
	Develop youth leaders as prevention advocates	2030	On Track
	Coordinate with Community Schools to strengthen community connections & partnerships	2030	On Track

1A. Identify emerging evidence-based strategies to improve social connection

- The Davis HELPS coalition reviewed the Office of the Surgeon General's [Factors That Can Shape Social Connection](#) framework (refer to Figure 4) and discussed how it applies in Davis County.
- Davis HELPS coalition members consulted with the director of [Project Connection](#), a Utah-based program linked to a worldwide initiative that addresses the need for connection. The presenter shared ways to reach individual people as well as strategies professionals can use to connect people with non-clinical services in their community to improve their health and well-being.

Figure 4: Factors That Can Shape Social Connection



Priority 1: Improve mental, emotional & social well-being

- A Davis County representative participates in the Utah Health Improvement Plan (UHIP) Deepening Our Knowledge workgroup. The workgroup conducted a literature review on social connection and health outcomes and administered a survey to UHIP members to assess current work and resources related to social connection across the state.

1B. Implement programs & strategies to increase social connection among community members & partners

- There have been multiple prevention programs that involve youth leaders.
 - **Hope Squads:** Through a partnership between Davis County Health Department and Davis Behavioral Health, 22 Hope Squads (refer to image right) received a \$500 mini-grant to enhance their peer mentorship program. To receive funding squads needed to participate in Utah Student Health and Risk Prevention (SHARP) data training and host a Social Development Strategy workshop. The [2024 Hope Squad Updates](#) report shares examples of how schools used the funding.
 - **Davis County Youth Council:** A community youth council (refer to image right) focused on mental health, community involvement, and suicide prevention. The council collaborated with Davis Behavioral Health to add youth voices to Communities that Care coalitions. This year, 26 youth joined and participated in six community events.
 - **Project Illumination:** The 2024 Illumination Event (refer to image right) brought together over 4,000 attendees including youth, families, educators, and mental health professionals. The event featured 16 activity booths led by local youth organizations focused on practical strategies for mental health maintenance, and 12 community resource booths provided information on available services. For more information, refer to the [2024 Annual Impact Report](#) and [Illumination 2024 Recap](#) video.
- Davis County Health Department Senior Services staff partnered with Davis County Clerk's Office to provide support to 2,500 residents in 37 long-term care facilities. Voter education and registration help allowed those living in facilities to participate in the 2024 election.
- Many partners encouraged community members to engage in programs, policies, activities, and decision-making in a variety of ways. For more information including efforts from Davis Behavioral Health, Davis County Health Department, Davis Technical College, and Head Start refer to the [Partner Spotlights](#) section (pages 44, 51, 57, 59).



A FREE community event that focuses on what we can do daily to support our mental health and well-being

ILLUMINATION

Food Trucks
Live Entertainment
Activity Booths

Resource Booths
Live Workshop
Keynote Speaker
Fireworks

Guest Artist
EJ MICHELS

SELFIE Method Workshop
CASEY PEHRSON

Keynote Speaker
BRANDON SULSER

07TH TIME
SEPT 25:00 PM
Founder's Park • Syracuse, UT

Brought to you by North Davis Project Illumination, Syracuse City, and our sponsors

<http://www.projectillumination.org>
North Davis Project Illumination

Strategy 2: Increase skills to navigate life's challenges

Navigating life's challenges means finding effective and efficient ways to overcome difficulties. A variety of methods can be used to find solutions or improve circumstances, such as seeking support from loved ones, engaging in self-care practices, or acquiring new skills.

Strategy 2: Increase skills to navigate life's challenges			
Goals	Objectives	Time Target	Status
2A. Expand evidence-based approaches that promote healthy development, self-care & coping skills	Explore mental, emotional & social self-care preparedness plans	2026	On Track
	Promote mental, emotional & social self-care preparedness plans	2030	On Track
	Encourage employers to provide tools or programs and to adopt policies supporting individualized rest, renewal & self-care	2030	On Track
2B. Continue to promote & support mindfulness education & practices	Expand Learning to BREATHE in Davis County	2030	On Track
	Offer Learning to BREATHE & other mindfulness courses in community settings for adults	2030	On Track
2C. Advocate for safe technology initiatives including state campaigns	Receive training on & promote appropriate tools from Utah's Harms of Social Media campaign	2026	On Track

2A. Expand evidence-based approaches that promote healthy development, self-care & coping skills

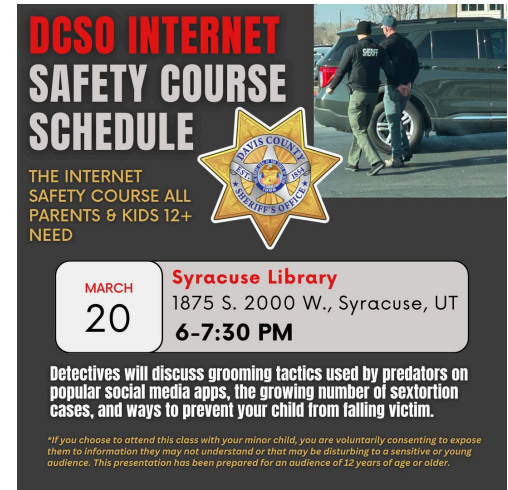
- A repository of self-care preparedness plans was created. Plans were collected, reviewed, and compared for similarities or differences.
- In November 2024, a workgroup of community partners interested in exploring and creating a resource for self-care preparedness plans was convened.

2B. Continue to promote & support mindfulness education & practices

- Mindfulness education and practices such as courses taught through the [Davis Mindfulness Center](#) and the broad implementation of Learning to BREATHE were successful throughout Davis County. For more information including efforts from Davis Behavioral Health refer to the [Partner Spotlights](#) section (page 41-42).

2C. Advocate for safe technology initiatives including state campaigns

- Davis County Sheriff's Office presented an Internet Safety Course at various locations (refer to image right). The course provided information to parents on how to protect their children on the internet including phone apps, virtual reality, video games, etc. The course reached 136 people through 10 presentations.
- Davis HELPS partners received training on the State's [Harms of Social Media](#) campaign.
 - [Harms of Social Media on Utah Youth presentation](#) by Aimee Winder Newton, Director of the Utah Office of Families
- [The Focused Student Project](#) is an initiative of The Policy Project that promotes legislation to limit smartphones, smartwatches, and emerging technology in Utah classrooms.



Strategy 3: Reduce stigma by normalizing & promoting help-seeking, hope & recovery in the community

Mental health stigma refers to the negative attitudes, beliefs, and stereotypes that society holds about individuals who experience mental health conditions. It is a form of social discrimination and prejudice that can lead to various negative consequences for those affected by mental health issues. Harmful effects of stigma include the reluctance to seek help or treatment, a decreased sense of hope, and a decreased belief that recovery is possible ([CDC](#)).

Strategy 3: Reduce stigma by normalizing & promoting help-seeking, hope & recovery in the community			
Goals	Objectives	Time Target	Status
3A. Develop plain language to promote mental, emotional & social well-being	Prevention partners work together to identify shared terms & the benefits of mental, emotional & social well-being that resonate in the community	2026	On Track
	Provide safe messaging training throughout Davis County	2030	On Track
3B. Expand mental, emotional & social well-being initiatives to a broader audience	Continue to implement mental health and suicide prevention training in school & community settings	2026	On Track
	Implement a positive mental health community campaign including tips to talk about mental health & success stories	2030	On Track

Strategy 3: Reduce stigma by normalizing & promoting help-seeking, hope & recovery in the community			
Goals	Objectives	Time Target	Status
3C. Promote hope & healing through community suicide postvention efforts	Develop & utilize a coordinated community suicide postvention plan	2026	On Track
	Increase the number of Davis County organizations with postvention plans	2030	On Track

3A. Develop plain language to promote mental, emotional & social well-being

The words used to talk about justice involvement, substance use disorders, suicide, and mental health can help a person feel more or less safe to ask for help.

- Presentations that provide direction on safe messaging were delivered to 50 Davis Links partners and 16 Davis Criminal Justice Coordinating Council members.
 - A [Safe Messaging Guide](#) for suicide prevention was created and shared in trainings and meetings.
 - A [Community Messaging Toolkit](#) was created and shared in the Davis County Suicide Postvention Plan.

3B. Expand mental, emotional & social well-being initiatives to a broader audience.

Mental health and suicide prevention training has been conducted by multiple partners in a variety of ways to various audiences.

- During the 2023-2024 school year, NUHOPE educators presented the Signs of Suicide curriculum to 4,569 junior high and high school students.
- Smash the Stigma brought the community and service providers together in a fun event to decrease stigma around mental health and raise funds to provide mental health services to those in need. Over 150 people attended the event with 12 interactive booths. Six schools participated in a chalk art competition and \$15,000 was raised. For more information, refer to the [Smash the Stigma Event Report](#).
- Approximately 345 people received suicide prevention training through certified presenters throughout the county according to DCHD and the RedCap prevention training tracking process. For more information including efforts from Davis County Health Department and Davis School District refer to the [Partner Spotlights](#) section (pages 46 & 53).

3C. Promote hope & healing through community suicide postvention efforts

- The Davis County Suicide Postvention Workgroup met quarterly throughout the year to complete the [Davis County Suicide Postvention Plan](#). The plan included developing the following tools:
 - The [Davis County Grief and Loss Resources](#) webpage
 - A [connection card](#) is available to print and be given to survivors with a QR code that leads to the Grief and Loss Resources webpage and provides a number to call for support. An [email version](#) was also created to be distributed digitally.
- Grandview for Good received a \$5,000 Grief Reach Capacity Building Grant from New York Life and the National Alliance for Children's Grief to initiate the process of bringing a [grief center](#) to Davis County that would provide grief therapy groups in 2025.

Strategy 4: Improve access to relevant services, programs & care for mental, emotional & social well-being

Improving access to mental health services has been a community health improvement priority since 2012. Community partners have come together to coordinate prevention efforts and improve access to care through the Davis County Behavioral Health Collaboration and Davis HELPS coalition.

Strategy 4: Improve access to relevant services, programs & care for mental, emotional & social well-being			
Goals	Objectives	Time Target	Status
4A. Increase public awareness of new & existing resources for mental, emotional & social well-being	Conduct focused outreach to promote mental health resources & programs to diverse groups	2026	Ongoing
	Explore local resources & initiatives for maternal mental health	2026	On Track
	Promote local resources & initiatives for maternal mental health	2030	Ongoing
	Provide primary care providers in Davis County with information about behavioral health resources	2026	Ongoing
4B. Organize behavioral health information & referral resources	Ensure behavioral health resources are comprehensive & represented in the Davis resource network directory	2030	On Track
	Identify local resources to add to each category of The Church of Jesus Christ of Latter-day Saints' Life Help webpage	2026	On Track
	Identify resources that align with agencies' common concerns & top referrals	2026	On Track
	Identify resources & service providers that have cultural & professional expertise to serve populations that have been historically underserved	2030	On Track

Strategy 4: Improve access to relevant services, programs & care for mental, emotional & social well-being			
Goals	Objectives	Time Target	Status
4C. Improve access to behavioral health providers by connecting individuals to care & removing barriers to services	Encourage referrals to the Behavioral Health Network funding program	2026	Ongoing
	Coordinate with staff serving as community connectors to improve engagement in mental health services for underserved or underrepresented groups	2026	Ongoing
	Ensure availability of mental health materials in languages other than English	2030	On Track
	Conduct annual mental health screenings for youth	2030	On Track

4A. Increase public awareness of new & existing resources for mental, emotional & social well-being

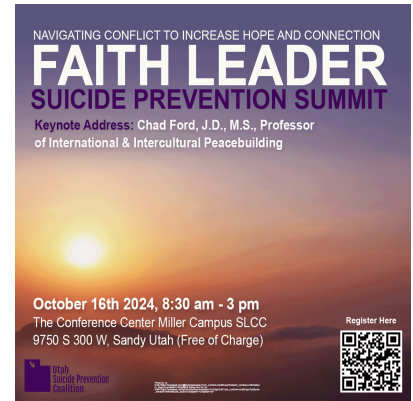
Many outreach activities have been conducted to increase awareness of mental, emotional, and social well-being resources.

- Continue Mission held 153 events serving 2,359 participants (refer to image below).
 - More than 90% of veterans reported that participation in Continue Mission events resulted in a positive impact on their mental health.
 - More information can be found at continuemission.org.



- Davis HELPS partners [received training](#) in June from the Utah Department of Health and Human Services on the Utah Department of Maternal Mental Health program and resources.
 - This included a presentation on the [Maternal Mental Health Referral Network](#).
- The Marshallese Moms and Babies Workgroup aims to enrich the lives of Pacific Islander mothers and families in Davis County. Their vision, Joined Kibed, means “Mothers Who Steer.” Key areas of support include: access to healthcare and insurance, maternal health, and mental health support.
 - Refer to the [2022-2024 Marshallese Moms and Babies Workgroup Progress Report](#) for more details.

- Davis County faith leaders participated in the Utah Faith Leader Suicide Prevention Summit which was held virtually (refer to image right). Recordings of past summits can be accessed on the [Utah Suicide Prevention Committee and Coalition website](#).
- For more activities and programs that increase public awareness of mental, emotional, and social well-being resources including efforts from Davis Behavioral Health, Davis County Health Department, and Davis School District refer to the [Partner Spotlights](#) section (pages 45, 47, 49, 54).



4B. Organize behavioral health information & referral resources

- 70+ families were enrolled in Compact of Free Association (COFA) health insurance, a type of Medicaid, because of a partnership with Davis County Health Department and Midtown Community Health Center (2022-2024).
- The [Pacific Islander Mental Health Network Referral Form](#) helped connect local Pacific Islanders to mental health providers and mental health services.
- Community partners made concentrated efforts to reach a variety of populations through updated directories, referral processes, and cultural support. For more information including efforts from Davis County Health Department refer to the [Partner Spotlights](#) section (page 48).

4C. Improve access to behavioral health providers by connecting individuals to care & removing barriers to services

- Grandview for Good provides financial assistance for individuals seeking mental health therapy who cannot afford the full cost of treatment.
 - 354 clients were served.
 - Access the [2024 Annual Report](#) for more details.
- The Davis Behavioral Health Network funding program is made possible by a donation from the Intermountain Community Care Foundation and administered by the Association for Utah Community Health. The program provides timely behavioral health treatment for uninsured or underinsured, low-income individuals at low cost or no cost.
 - 22 patients were served, receiving 88 encounters provided by Davis Behavioral Health.
 - Implemented a new system to consistently document and measure patient outcomes

- Mental Health Screening events for youth (refer to image right) are conducted twice a year as an opportunity for parents and youth in Davis County to check in with a mental health professional for free. The purpose is to provide access to mental health screening, link to appropriate services and treatment, and facilitate early intervention. One screening event is for elementary-aged youth and the other for secondary-aged youth.
 - In March, 40 youth in 6th to 12th grade were served.
 - In October, 61 youth in preschool to 6th grade were served.
 - Refer to the event summaries for [elementary-aged](#) and [secondary-aged youth](#) for more information.
- Removing barriers and connecting individuals to behavioral health resources included efforts from a variety of community partner programs and activities. For more information including efforts from Davis County Health Department and Davis School District refer to the [Partner Spotlights](#) section (pages 49 & 54).



Strategy 5: Advocate for the collection of Davis County mental, emotional & social well-being data

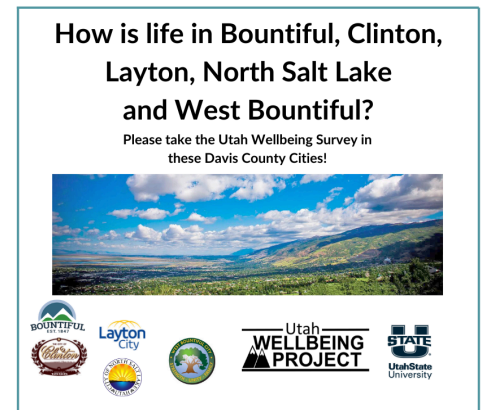
A variety of data sources are used to assess the situation and evaluate health improvement efforts. Often, data is readily accessible at both the national and state levels. County-level data is less available and harder to find. Therefore, support of efforts to improve collection of local data is important.

Strategy 5: Advocate for the collection of Davis County mental, emotional & social well-being data			
Goals	Objectives	Time Target	Status
5A. Support efforts to increase participation in data collection	Increase Davis County cities participating in the Utah Wellbeing Project	2030	Ongoing
	Increase Student Health & Risk Prevention (SHARP) survey participation by educating partners & parents on the collection, benefits & uses of the data	2026	Ongoing

5A. Support efforts to increase participation in data collection.

Utah Wellbeing Project

[The Utah Wellbeing Project](#) (refer to image right), coordinated through Utah State University (USU), measures community well-being in some Davis County cities. Domains measured include: connection with nature, cultural opportunities, education, leisure time, living standards, family life, local environmental quality, mental health, physical health, safety and security, social connections, and transportation. Surveys are expected to be administered every two years. Davis County Health Department and Davis4Health supported the 2024 survey through promotion efforts.



- Five cities participated: Bountiful, Clinton, Layton, North Salt Lake, and West Bountiful.
- 1,740 viable surveys were recorded.
- The survey promotion was specifically tracked with 48 respondents registered through the health department URL.
- Davis County results can be found in the [Davis County Wellbeing Survey Report](#). Some key takeaways are:
 - Davis County Average Personal Wellbeing score is 4.09 on a scale of 1 to 5. This score is monitored by city in the [Evaluate Actions](#) section (pages 67-74) of this report.
 - Davis County Average Community Wellbeing score is 3.78 on a scale of 1 to 5. This score is monitored by city in the [Evaluate Actions](#) section (pages 67-74) of this report.
- The Davis4Health Coordinator shared the value of the Utah Wellbeing Project data and encouraged participation during community leader presentations.
 - Davis Council of Governments, June 19
 - Davis4Health Steering Committee, October 24

Student Health and Risk Prevention Survey

The Student Health and Risk Prevention (SHARP) survey is one way of collecting the community voice of Davis County youth. Throughout 2024, there was a focus on increasing the number of students participating in the survey which will be conducted in the spring of 2025.

- The state created a unified campaign and tools to educate partners and parents.
 - Utah SHARP Website: sharp.utah.gov
- Davis County representatives participated in a Northern Utah SHARP workgroup.

Priority 1: Improve mental, emotional & social well-being

- Davis County formed a SHARP workgroup to coordinate promotion efforts.
 - Educational presentations were conducted with school administrators, Hope Squads, Parent Teacher Association (PTA), faith leaders, the Layton Latino community, Communities That Care Coalitions, and at local events.
 - A [social media toolkit](#) was created to be used in 2024 (refer to images below).
 - A consent form was included in Davis School District's MyDSD back-to-school materials.
 - All Davis School District schools are offering the survey to students.
 - An average of 83% (19,581) of parents had given consent for their student to take the survey by September 2024 (only 5,549 students took the survey in 2023).



Partners with Responsibility for Goals

Plan 1: Strengthening supports for mental, emotional & social well-being	
Goals	Partners with Responsibility
1A. Identify emerging evidence-based strategies to improve social connection	Communities That Care Coalitions; Davis Behavioral Health; Davis HELPS; Davis County Department of Workforce Services; Davis County Health Department; Debbie Comstock (volunteer); Head Start; Lakeview Hospital; Utah State University Extension
1B. Implement programs & strategies to increase social connection among community members & with partners	Communities That Care Coalitions; Davis Behavioral Health; Davis HELPS; Davis County Department of Workforce Services; Davis County Health Department; Debbie Comstock (volunteer); Head Start; Lakeview Hospital; Utah State University Extension
2A. Expand evidence-based approaches that promote healthy development, self-care & coping skills	Communities That Care Coalitions; Davis Behavioral Health; Davis County Department of Workforce Services; Davis County Health Department; Davis School District; Deseret Industries; Family Counseling Service of Northern Utah; Head Start; Lakeview Hospital; The Church of Jesus Christ of Latter-day Saints; Utah State University Extension
2B. Continue to promote & support mindfulness education & practices	Communities That Care Coalitions; Davis Behavioral Health; Davis County Health Department; Davis School District; Family Counseling Service of Northern Utah; Head Start; Lakeview Hospital; Safe Harbor; Utah State University Extension
2C. Advocate for safe technology initiatives including state campaigns	Davis County Health Department; Davis HELPS
3A. Develop plain language to promote mental, emotional & social well-being	Communities That Care Coalitions; Davis Behavioral Health; Davis HELPS; Debbie Comstock (volunteer); Family Counseling Service of Northern Utah; Lakeview Hospital; Lorene Kamalu (Commissioner)
3B. Expand mental, emotional & social well-being initiatives to a broader audience	Communities That Care Coalitions; Davis Behavioral Health; Davis HELPS
3C. Promote hope & healing through community suicide postvention efforts	Davis Behavioral Health; Davis County Health Department; Davis HELPS; Holy Cross Hospital - Davis; Intermountain Health; Lakeview Hospital; Suicide Postvention Workgroup
4A. Increase public awareness of new & existing resources for mental, emotional & social well-being	Communities That Care Coalitions; Community & Economic Development; Davis Behavioral Health; Davis County Department of Workforce Services; Davis County Health Department; Davis County Marshallese Moms and Babies Workgroup; Davis Links; Family Counseling Service of Northern Utah; Holy Cross Hospital - Davis; Intermountain Health; Lakeview Hospital; Lorene Kamalu (Commissioner); The Church of Jesus Christ of Latter-day Saints

Plan 1: Strengthening supports for mental, emotional & social well-being (Cont.)	
Goals	Partners with Responsibility
4B. Organize behavioral health information & referral resources	Davis Behavioral Health Network; Davis County Health Department; Davis School District; Lakeview Hospital; Debbie Comstock (volunteer); Family Counseling Service of Northern Utah
4C. Improve access to behavioral health providers by connecting individuals to care & removing barriers to services	Davis Behavioral Health; Davis Behavioral Health Network; Davis County Health Department; Davis School District; Family Counseling Service of Northern Utah; Intermountain Health; Holy Cross Hospital - Davis; Lakeview Hospital; Utah Department of Veteran and Military Affairs; Utah Health Policy Project/Take Care Utah; Utah Pacific Islander Health Coalition (UPIHC)
5A. Support efforts to increase participation in data collection	Davis Behavioral Health; Davis HELPS; Davis County Health Department; Utah State University Extension

Plan 2: Preventing abuse

Vision: A safe and connected Davis County community actively preventing all forms of abuse across the lifespan.

The plan described here focuses on preventing abuse across the lifespan by advancing healthy relationship initiatives; promoting social norms that protect against violence, abuse, and adversity; supporting the community to recognize, intervene, and respond to abuse; and identifying and collecting local abuse and violence data.

Workgroup

The Abuse Prevention Workgroup has primary responsibility for the Preventing Abuse action plan of Priority 1.

Abuse Prevention Workgroup

The Davis County Abuse Prevention Workgroup (refer to image below) was formed in September 2022 to coordinate abuse prevention efforts, create a prevention strategic plan, align resources, and increase collaboration. The workgroup developed this strategic plan and provides ongoing input and direction. The committee is chaired by Davis County Health Department staff and consists of community-based organizations from various sectors. The workgroup stays current on what is happening statewide in order to align and support efforts. Meetings are held monthly at the Memorial Courthouse in Farmington.



The Abuse Prevention Workgroup includes members from the following agencies:

- Adult Protective Services
- Davis County Domestic Violence Coalition
- Davis County Health Department
- GRANDfamilies
- Head Start
- Hill Air Force Base
- Safe Harbor
- Saprea
- The Church of Jesus Christ of Latter-day Saints

Strategies

Strategy 1: Advance healthy relationship initiatives

Healthy relationships are critical to preventing abuse and building connections. Understanding and promoting expectations for healthy, non-abusive relationships and building skills in these areas can reduce the risk for perpetration and victimization of interpersonal violence ([CDC](#), 2017).

Strategy 1: Advance healthy relationship initiatives			
Goals	Objectives	Time Target	Status
1A. Assess current & evidence-based healthy relationship curriculums	Assess healthy relationship curriculums being offered in Davis County	2026	On Track
	Increase collaboration between healthy relationship course providers to extend the reach of curriculums across populations & settings	2026	On Track
	Expand reach of healthy relationship curriculum	2030	On Track
1B. Promote healthy relationship principles across the lifespan	Promote evidence-based healthy relationship curriculums in a variety of community settings	2026	Ongoing
	Provide healthy relationship classes in languages other than English	2030	On Track
1C. Strengthen families & caregivers throughout the lifespan	Promote resources that strengthen families & caregivers throughout the lifespan	2026	Ongoing

1A. Assess current & evidence-based healthy relationship curriculums

- A healthy relationship education assessment (refer to image right) was created by the Abuse Prevention Workgroup.
 - The purpose of the assessment was to understand the content of healthy relationship education available to the community and assess provider needs to increase participation and connect providers.
 - The assessment inquired about curriculums available, program content, locations where programs are taught, languages available, priority audience, etc.
 - The assessment was distributed to providers in August and September, and 22 responses were received.
 - Next steps are to compile the information and distribute it to providers and the community.



Healthy Relationship Education Assessment

Davis County's Abuse Prevention Workgroup is conducting a Healthy Relationship Education Assessment. The purpose is to understand the content of healthy relationship education available to the community and assess provider needs in order to increase participation and connect providers.

Healthy relationship education includes, but is not limited to, education in these forms: classes, programs, workshops, one-time event, curriculums, guides, support groups, trainings, etc.

We are using a broad lens in our approach to healthy relationship education. We would also like to capture education that may not be marketed as healthy relationship education but teaches concepts about healthy relationships such as connection, support, respect, etc.

Please answer the following questions related to the healthy relationship education your organization provides. We request that you complete one form for each education program that you provide. The form will take around 7 minutes to complete. Feel free to contact Marcie Clark at mclark@co.davis.ut.us with any questions. The assessment will close Friday, September 27th.

1B. Promote healthy relationship principles across the lifespan

- Safe Harbor conducted healthy relationship presentations in 87 high school and junior high classes reaching 2,086 students. This is more than double the number of classes that were taught in 2023.
- From the healthy relationship education assessment mentioned in 1A, healthy relationship education is being taught by various organizations in multiple locations with many classes available in Spanish.

Organizations Offering Healthy Relationship Education

- ❖ Davis Behavioral Health
- ❖ Davis County Health Department
- ❖ GRANDfamilies
- ❖ Safe Harbor
- ❖ The Church of Jesus Christ of Latter-day Saints
- ❖ Utah State University Extension

Locations Where Healthy Relationship Education is Taught

- ❖ Clearfield Job Corps
- ❖ Davis Mindfulness Center
- ❖ Mercy Housing
- ❖ Safe Harbor Lifeline Prevention Center
- ❖ Schools
- ❖ The Church of Jesus Christ of Latter-day Saints meetinghouses

Healthy Relationship Education in Spanish

- ❖ Circle of Security Parenting
- ❖ Emotional Resilience
- ❖ Everyday Strong
- ❖ GRANDfamilies psycho-educational classes
- ❖ Learning to Breathe
- ❖ Senior Caregiver Classes
- ❖ Utah State University Extension healthy relationship classes

- For more information including efforts of Davis Behavioral Health and Davis County Health Department refer to the [Partner Spotlights](#) section (pages 43 & 51).

1C. Strengthen families and caregivers throughout the lifespan.

- Open Doors Crisis and Respite Nursery (refer to image right) provides free childcare to help caregivers reduce stress or help when there is a crisis. The nursery provided 4,113 hours of care which included 1,215 visits for fiscal year 2024.
- Prevent Child Abuse Utah conducted 570 home visits in Davis County through their Parents as Teachers and Nurse Family Partnership programs.



- A toilet training information and resource sheet (refer to Figure 6) was created in response to [H.B. 331](#) which required the State Board of Education to create rules regarding toilet training as a condition for kindergarten enrollment.

- Because toilet training can be stressful and there is the possibility of abuse, the Abuse Prevention Workgroup created an information sheet.
- The resources were shared with Elementary Area Directors and Davis County Teaching Obesity Prevention in Early Childhood Education Settings (TOP) Star daycare centers.

- Caregiver Support was the topic of June's Davis Links Resource Forum.

- Resources shared included: Bateman Horne Center, Senior Services caregiving classes and services, and Open Doors Respite and Crisis Nursery.
- 40 people participated virtually.
- Access the [recording](#) and [materials](#) for more information.

- The Chair of Davis County's Domestic Violence Coalition became certified as a [Healthy Outcomes from Positive Experiences](#) (HOPE) facilitator by the HOPE National Resource Center, becoming the only trained facilitator in Utah.
- A HOPE Training (refer to Figure 7) was provided at August's Davis Links Resource Forum where 24 people attended. Presentation slides can be accessed on the [Davis Links Google Drive](#).

Figure 6: Toilet Training Resource Sheet

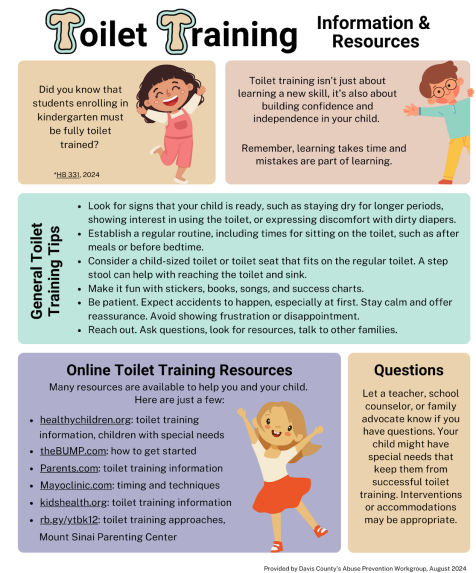


Figure 7: Four Building Blocks of HOPE

The Four Building Blocks of HOPE

The Four Building Blocks of HOPE provide an accessible, actionable way of talking about the key types of PCEs:



- For more information that includes caregiver support classes provided by the Davis County Health Department refer to the [Partner Spotlights](#) section (page 50).

Strategy 2: Promote social norms that protect against violence, abuse & adversity

Social norms are the unwritten rules and expectations that guide behavior and interactions within a society or group. They dictate how individuals should behave, dress, communicate, and interact with others in various social settings (DCHD, 2023). Social norms can lead people to accept or reject abuse and violence (e.g., gender norms, corporal punishment, witnessing violence). To influence social norms, people need to be aware that:

- Abuse and violence are issues in our community
- Abuse and violence are preventable
- There are many types of abuse
- All ages are susceptible

Strategy 2: Promote social norms that protect against violence, abuse & adversity			
Goals	Objectives	Time Target	Status
2A. Increase community awareness that abuse happens & that it is preventable	Train community members to teach abuse prevention in Davis County	2026	Complete
	Two abuse prevention classes will be taught every year in Davis County by trained community educators	2030	On Track
	Advocate for child sexual abuse & human trafficking prevention & awareness curriculum in elementary schools	2026	On Track
	Increase number of Davis School District elementary students receiving child sexual abuse & human trafficking prevention & awareness curriculum in elementary schools	2030	On Track
2B. Promote evidence-based healthy sexual development materials to parents & the community	Provide parents & community with healthy sexual development materials & curriculum through social media, resource directory, community presentations, etc.	2026	On Track

2A: Increase community awareness that abuse happens & that it is preventable

- In February, 15 people attended a 4-hour live training by Saprea to learn how to teach abuse prevention classes. Of the 15 attendees, 4 people completed certification to teach abuse prevention classes and become a Volunteer Community Educator.
- During an evening event at Syracuse High School on January 24, Saprea taught [Top Five Ways You Can Reduce the Risk](#). Many community members attended including Abuse Prevention Workgroup members.
- [S.B. 205](#) passed the legislature unanimously. The bill appropriates \$1.5 million in ongoing funding for child sexual abuse prevention education in Utah elementary classrooms.
- Safe Harbor provided resources at 43 community events reaching an estimated 10,000 people.

- The Davis County Sheriff's Office offered 10 Internet Safety Classes. This relates to advocating for safe technology initiatives including the state campaign goal in plan 1. Refer to Plan 1 (page 11) for more information.

2B: Promote evidence-based healthy sexual development materials to parents & the community

- The Abuse Prevention Workgroup created a [Healthy Sexual Development Resources sheet](#) for parents and adults. Resources include developmentally appropriate materials to discuss healthy sexual development with their children.

Strategy 3: Support the community to recognize, intervene & respond to abuse

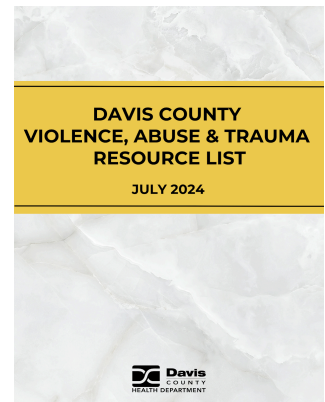
When abuse happens, it is important for community members to know how to recognize it and respond appropriately. This involves educating the community on different types of abuse, how to respond in appropriate ways, how to lessen harms of those impacted, and refer to appropriate resources. Community leaders may be the first point of contact for a victim; this could be a faith leader, law enforcement, parent, caregiver, etc. A focused effort will be placed on educating community leaders on how to identify abuse, respond in ways that do not re-traumatize the victim, and know what resources are available.

Strategy 3: Support the community to recognize, intervene & respond to abuse			
Goals	Objectives	Time Target	Status
3A. Educate the community on how to recognize & respond to abuse	Provide community leaders (e.g., faith leaders, law enforcement, parents, caregivers, justice system & general public) with information & resources on how to identify abuse, respond in appropriate ways, lessen harms of those impacted & refer to resources	2030	On Track
	Update violence, abuse & trauma resources & services across the lifespan	2026	On Track
	Promote financial exploitation trainings for older adults	2026	Ongoing
3B. Abuse is reported to appropriate authorities	Educate the community on Utah's mandatory reporting law & where to report abuse	2030	Ongoing

3A: Educate the community on how to recognize and respond to abuse

- Safe Harbor included Bystander Intervention in three agency overview presentations, reaching 52 people. Bystander Intervention teaches people how to safely intervene in situations to prevent or de-escalate a potentially violent or abusive situation.
- Davis County Health Department promoted financial exploitation trainings and convened organizations for the Coalition for Abuse Prevention of the Elderly which meets monthly.

- The Davis County Violence, Abuse & Trauma Resource List (refer to image right) was updated in July. The update included adding resources on youth offender treatment for sexual misconduct. To access the resource list visit directories.davis4health.org.



Hill Air Force Base

- The Sexual Assault Response & Prevention (SAPR) Team at Hill Air Force Base provided community education at many events and activities throughout the year.
 - In recognition of National Human Trafficking Awareness Month, Joseph Gleed, co-founder of Operation Brave, spoke about his experience as a former undercover operative helping individuals being trafficked around the world, local trafficking trends in Utah, and ways to get involved in combating the problem.
 - University of Utah students in the Reserve Officers' Training Corps (ROTC) program were taught about the SAPR program, how to support a friend, and reporting options for sexual assault and harassment.
 - Hill Air Force Base Peer Influencers increased from 60 to 107. Peer Influencers know how to recognize red flags for domestic violence and sexual assault/harassment. They understand the root causes of interpersonal violence and how to change the culture so abuse is not tolerated. They also know how to support their fellow Airmen in times of distress and how to connect them to resources both on and off the base.
 - Over 15,000 individuals, from small groups of 10 to large groups of 250, were trained on reporting procedures for sexual assault, how to support a friend/coworker, and the importance of building community connections.
 - Ribbons were tied around trees on base to kick off Sexual Assault Awareness and Prevention Month (SAAPM).
 - The annual SAAPM breakfast featured guest speaker Rabbi Avremi Zippel. Despite the difficult subject matter, his talk was inspiring and hopeful, providing a sense of possibility and promise for survivors and advocates alike.
 - Greeted the Hill Air Force Base workforce at the gate to hand out information regarding Denim Day and then joined the Utah Coalition Against Sexual Assault at the State Capitol for their annual event (refer to image right) in April.



- Presenters were brought in as part of the Trauma Informed Leadership Series.
 - Trent Dressen, Utah Prosecution Council's Sexual Assault/Domestic Violence Resource Prosecutor, provided an in-depth look at how the brain responds to trauma and how leaders could provide trauma-informed response and support to survivors.
 - In October, Trish Crumb, Forensic Nurse and Educator for Wasatch Forensic Nurses, presented on the dangers of strangulation and why individuals should seek medical attention.

3B: Abuse is reported to appropriate authorities

- Utah's [mandatory reporting law](#) and where to report abuse is included in many of the outreach events and presentations in goal 3A.

Strategy 4: Identify & collect Davis County abuse & violence data

Identifying reliable data sources and acquiring county data where possible is important in understanding abuse and violence in Davis County.

Strategy 4: Identify & collect Davis County abuse & violence data			
Goals	Objectives	Time Target	Status
4A. Gather & establish county baseline data on abuse & violence	Identify Davis County data for abuse & violence	2026	On Track
4B. Explore opportunities to measure social norms that protect against abuse & public perceptions related to abuse	Establish social norms data related to abuse for Davis County	2030	On Track

4A: Gather & establish county baseline data on abuse & violence

- Statewide data was released by the [Utah Women & Leadership Project](#). The data includes child sexual abuse, domestic violence, and sexual assault. County level data from the project is being reviewed and considered for establishing baselines.

4B: Explore opportunities to measure social norms that protect against abuse & public perceptions related to abuse

- The statewide data released by the [Utah Women & Leadership Project](#), mentioned above in 4A, provided some measures about abuse and public perceptions related to the awareness, understanding, and attitudes around challenges that Utah women and girls face.

Partners with Responsibility for Goals

Plan 2: Preventing abuse	
Goals	Partners with Responsibility
1A. Assess current & evidence-based healthy relationship curriculums	Abuse Prevention Workgroup; Communities That Care Coalitions; Davis Behavioral Health; Davis County Domestic Violence Coalition; Davis County Health Department; Safe Harbor
1B. Promote healthy relationship principles across the lifespan	Abuse Prevention Workgroup; Communities That Care Coalitions; Community & Economic Development; Davis Behavioral Health; Davis County Health Department; Davis School District; Head Start; Lakeview Hospital; Safe Harbor; Saprea; The Church of Jesus Christ of Latter-day Saints; Utah State University Extension/Healthy Relationships Utah
1C. Strengthen families & caregivers throughout the lifespan	Abuse Prevention Workgroup; Communities That Care Coalitions; Davis Behavioral Health; Davis County Department of Workforce Services; Davis County Health Department; Davis School District; Head Start; Saprea; The Church of Jesus Christ of Latter-day Saints
2A. Increase community awareness that abuse happens & that it is preventable	A Bolder Way Forward; Abuse Prevention Workgroup; Community & Economic Development; Davis County Domestic Violence Coalition; Davis County Health Department; Davis School District; Head Start; Lorene Kamalu (Commissioner); Safe Harbor; Saprea; The Church of Jesus Christ of Latter-day Saints
2B. Promote evidence-based healthy sexual development materials to parents & the community	Abuse Prevention Workgroup; Davis County Health Department; Davis School District; Saprea
3A. Educate the community on how to recognize & respond to abuse	A Bolder Way Forward; Abuse Prevention Workgroup; Davis County Health Department; Lorene Kamalu (Commissioner); Utah Department of Veteran & Military Affairs; Safe Harbor; Saprea; The Church of Jesus Christ of Latter-day Saints
3B. Abuse is reported to appropriate authorities	Abuse Prevention Workgroup; Davis County Health Department; North Region Quality Improvement Coalition
4A. Gather & establish county baseline data on abuse & violence; consider statewide performance measures	A Bolder Way Forward; Abuse Prevention Workgroup; Davis County Health Department; Davis School District
4B. Explore opportunities to measure social norms that protect against abuse & public perceptions related to abuse	A Bolder Way Forward; Abuse Prevention Workgroup; Davis County Health Department; Davis School District; Saprea

Priority 2: Improving access to resources & services

Improving access to resources and services impacts multiple health outcomes and helps everyone have the opportunity to live their healthiest life. Resources refer to products, practices, amenities, information, and institutions.

Plan 3: Improving access to resources & services

Vision: All community members are able to meet their needs for well-being.

The plan described here focuses on improving access to community resources and services by linking systems, sectors, and agencies serving Davis County.

Workgroups

The Human Services Directors Committee and the Davis Links Resource Forum Planning Committee have primary responsibility for the action plan of Priority 2.

Human Services Directors Committee

The Human Services Directors Committee (refer to image below) provides input on priority areas, communicates gaps in services and resources, identifies challenges and opportunities, receives training, and collects and shares data that impacts human services priorities. Committee members are invited to participate in coalitions and workgroups for which their organization can add expertise and resources to achieve goals and outcomes. Any interested community partners are invited to participate. The committee meets every other month.



Agencies involved in Human Services Directors Committee include:

- 211
- Bountiful Community Food Pantry
- Clearfield Job Corps Center
- Davis Community Learning Center
- Davis County Commission
- Davis County, County Grant Administrator
- Davis County Domestic Violence Coalition
- Davis County Library
- Davis Education Foundation
- Davis School District
- Davis Technical College
- Department of Workforce Services
- Head Start
- Hill Air Force Base
- Holy Cross Hospital - Davis
- Intermountain Health
- Open Doors
- Red Barn Academy
- The Church of Jesus Christ of Latter-day Saints
- Utah State University Extension

Davis Links Resource Forum Planning Committee

A planning committee composed of community partners serving Davis County is primarily responsible for coordinating Davis Links resource forums (refer to image below). These monthly forums serve as a successful county networking and resource-sharing platform for community connectors. They are held in-person or virtually and feature a topic or training to help build resource awareness and skills. Topic-based forums include a main presenter who gives a brief overview, followed by several community partners who provide resources. There are currently over 150 members. In 2024, greater emphasis was placed on training and skill-building for community connectors.



Agencies involved in Davis Links Resource Forums include:

- Bountiful Community Food Pantry
- Children's Justice Center
- Clearfield City
- Clearfield Job Corps Center
- CommonSpirit
- Community advocates
- Davis Behavioral Health
- Davis County Community and Economic Development
- Davis County Health Department
- Davis Community Housing Authority
- Davis County Library
- Davis Marshallese Moms & Babies
- Davis School District
- Davis Technical College
- Dentacor
- Department of Workforce Services
- Division of Child and Family Services
- Division of Services for People with Disabilities
- Futures Through Training, Inc.
- GRANDfamilies
- Health Choice Utah
- Help Me Grow Utah
- Hill Air Force Base
- Holy Cross Hospital - Davis
- Intermountain Health
- Journey Clinic
- Kaysville Police Department
- Latinos United Promoting Education and Civic Engagement
- Molina Healthcare
- My Discovery Destination!
- NAMI Utah
- NUHOPE
- Open Doors
- Resolutions Counseling
- Roads to Independence
- People Helping People
- Prevent Child Abuse Utah
- Safe Harbor
- Senior Charity Care
- Sol Recovery Community
- The Children's Center Utah
- The Church of Jesus Christ of Latter-day Saints
- TURN Community Services
- United Micronesians Women
- United Way/211
- University of Utah Health Plans
- Utah Advocacy Coalition
- Utah State University Extension
- Utah Courts Second District Juvenile Court
- Utah Division of Child and Family Services
- Utah Health Policy Project
- Utah Housing Coalition
- Utah Pacific Islander Health Coalition
- Utah Parent Center
- Utah State Office of Rehabilitation
- Utah Transit Authority
- Utah Work Incentive Planning Services
- Veterans Affairs
- Waterford Upstart
- Weber High School
- Weber Human Services
- Weber State University - Davis
- Weber State University, Care About Childcare

Strategies

Strategy 1: Connect the system (resources, staff & the public)

This strategy is focused on system improvement.

Strategy 1: Connect the system (resources, staff & the public)			
Goals	Objectives	Time Target	Status
1A. Use a systems mapping process to understand 1) how the Davis resource network is functioning & 2) how to enhance connections across systems & agencies	Identify a systems mapping tool/provider & conduct a systems mapping process	2026	On Track
	Identify system improvement measures	2030	On Track
1B. Adopt evidence-based practices to successfully connect the public to resources & services	Document best practices for designing an ideal Davis resource network	2026	Complete
1C. Assess & organize Davis County resources & services	Compile community resource lists	2026	Ongoing
	Identify existing resource categories used by partners	2026	Complete
	Connect to resources in neighboring communities if not available in Davis County	2030	Ongoing
1D. Provide training & support for organizations that are part of the Davis resource network	Develop training content on how the Davis resource network functions & how to make needed connections	2026	On Track
	Provide trainings to human services providers	2030	On Track
1E. Identify, strengthen & connect neighborhood resource hubs	Expand Community Schools in Davis County	2026	On Track
	Connect & convene existing neighborhood resource hubs & community centers	2030	On Track

1A: Use a system mapping process to understand 1) how the Davis resource network is functioning & 2) how to enhance connections across systems & agencies

- The 2024 [Utah Early Childhood Needs Assessment](#) provided valuable data and information including systems mapping frameworks and results. In September, Davis Links administrators consulted with the Utah Department of Health and Human Services Office of Early Childhood to determine how the results could inform Davis Links system mapping processes.
- For additional system mapping progress refer to Davis County Health Department in [Partner Spotlights](#) section (page 49).

1B. Adopt evidence-based practices to successfully connect the public to resources & services

- Health department staff reviewed existing resource locators on a state and national level and noted features they would like for the county resource directory. The information was compiled into a [Good, Better, Best](#) document which indicated basic to ideal features to be included in the resource directory. Some of the features in the *Best* column included interagency referrals, tutorials/training videos, safe exit, many language options, ability to save notes and favorites, and enroll/qualify for services.

1C. Assess & organize Davis County resources & services.

- More than 1,450 resources were compiled to be included in the online county resource directory. For detailed information about the directory refer to Strategy 2 (pages 37-38).
- 25 resource directories were reviewed to understand common categories being used by partners. The directories and categories were compiled in a spreadsheet. Some of the directories that were reviewed included 211, Unite Us, Behavioral Health Directory, Community Health Assessment, Davis School District Community Resources, The Church of Jesus Christ of Latter-day Saints [Life Help webpage](#), etc.

1D. Provide training & support for organizations that are part of the Davis resource network

- To support partners and service providers in learning how to use the Davis Links resource directory provider website, [davislinksproviders.findhelp.com](#), staff coordinated a series of virtual partner trainings and an in-person provider soft launch with Findhelp.
 - Virtual trainings were held November 5, 12, and 19
 - 123 people registered for at least one training.
 - Training #1 had 59 participants; #2 had 53 participants, and #3 had 37 participants.
 - During the in-person Davis Links Resource Forum on November 26 (refer to images below), providers had the opportunity to ask the Findhelp customer success manager questions about the platform, explore its features, and receive support from four staff who serve as the core team.
 - There were 47 people from a variety of local and state sectors in attendance.
- Regular updates on the resource directory were provided to health and human services collaborations and workgroups.



1E. Identify, strengthen & connect neighborhood resource hubs.

A variety of resource hubs can be found in Davis County. Many of them exist to connect community members to resources. Examples of hubs that have contributed to Community Health Improvement Plan (CHIP) progress are included below. In the future, there is a desire to expand and designate community resource center locations near the populations that need them most.

Davis County Community Strengthening Network

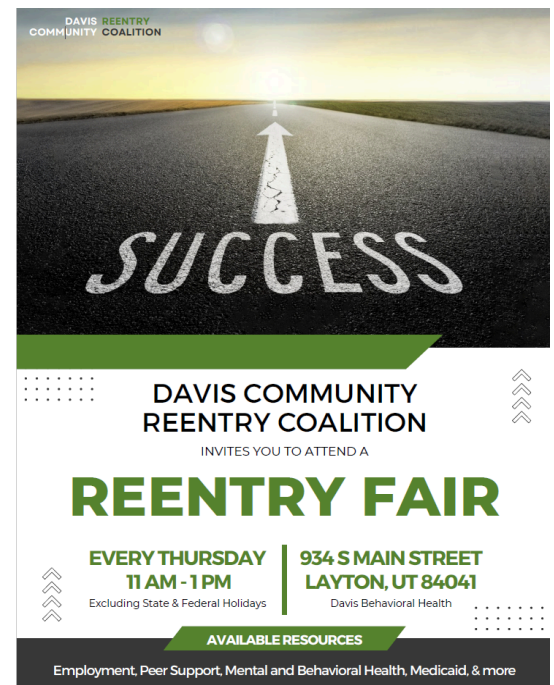
The Davis County Community Strengthening Network efforts include inviting organizations that provide services to families to become trained on the 5 Protective Factors and the Standards of Quality Support Practice. Family Resource Centers, known by many different names, are the most typical kind of Family Support and Strengthening programs. The Davis County network is connected to the Utah Family Strengthening Network as well as the [National Family Support Network](#).

- 30 Davis School District staff were trained on the 5 Protective Factors.
- 10 Davis County service providers completed the Standards of Quality for Family Strengthening & Support Certification.

Davis Reentry Resource Fair

The Davis Community Reentry Coalition leads the weekly Reentry Resource Fair (refer to image below) for justice-involved individuals, which takes place at Davis Behavioral Health in Layton.

- Over 350 individuals attended the fair.
- 15 partner agencies regularly attended the fair to provide services and resources, including Adult Probation & Parole, Red Barn Academy, Davis Adult Education, Davis Behavioral Health, Davis County Health Department, Davis Technical College, Department of Workforce Services, HopeOnTapp, Molina Healthcare, Open Doors, Sol Recovery, Utah Health Policy Project, Utah Support Advocates for Recovery Awareness, Vocational Rehabilitation, and Y.E.S. (staffing agency).
- Diamond Recovery frequently brought their residential clients.
- The Reentry Coalition actively sought for more providers to attend, participate, and promote.
- Other counties have visited to gain ideas on how to start reentry efforts in their area.



Davis School District Community Schools Program

The mission of the Community Schools Program is “Empowering our community through educational opportunities from birth to career.” These efforts are focused in areas with lower socioeconomic standing, where generational poverty is prevalent, and where children and families often face limited opportunities to explore the arts, engage in sports, or access high-quality tutoring and after-school programming.

- Nearly 30 schools in the Davis School District are now embracing the Community Schools model, up from seven schools in the fall of 2023 and three in the fall of 2022. For more information on program progress and successes during 2024 refer to the [Partner Spotlights](#) section (page 52).

Davis Technical College Student Resource Center

The Student Resource Center is a safe space for all students to access and utilize a variety of campus and community resources to foster success through acceptance, respect, and empowerment. The center offers students financial, mental health, and physical resources. For more information on program progress and successes refer to the [Partner Spotlights](#) section (page 56-57).

Davis Teen Living Center

The Teen Living Center (refer to image below) opened in September and is a 16-bed residential facility in Layton. The purpose of the center is to offer tailored resources that keep students on track for high school graduation, regardless of the momentary challenges they face. For more information refer to the [Partner Spotlights](#) section (page 55).



Strategy 2: Utilize technology to develop accessible connection tools

This strategy is focused on developing an online resource directory that can be used by community members, service providers, and community connectors.

Strategy 2: Utilize technology to develop accessible connection tools			
Goals	Objectives	Time Target	Status
2A. Evaluate existing online resource connection platforms	Explore resource directory search functions that meet the needs of partners & the public based on how they typically search for resources & services (simplify, reduce barriers)	2026	Complete
	Arrange opportunities to learn from administrators & staff of existing online resource directories (211, findhelp.org , etc.)	2026	Complete
2B. Produce & maintain an intuitive resource connection tool that incorporates modern technology	Work with Davis County Information Systems to develop an online resource directory	2026	Complete
	Engage community partners to pilot the tool to prepare for public launch	2026	On Track
	Ensure online resource directory is available in Spanish	2026	Complete
	Expand language options available when accessing the online resource directory	2030	Complete
	Develop formalized processes for adding & updating resources & making referrals across agencies	2030	Complete
	Identify & explore additional &/or advanced functions desired by partners & users of the online directory	2030	Ongoing
2C. Monitor user experience of the resource connection tool	Conduct product testing market research with the public to assess accessibility, ease of use & value of the tool	2026	On Track
	Gather service provider feedback to assess whether the tool is meeting their needs	2026	On Track
	Collect ongoing user experience data from those accessing the tool	2026	On Track
	Make directory analytics available to partners	2030	Ongoing

2A. Evaluate existing online resource connection platforms

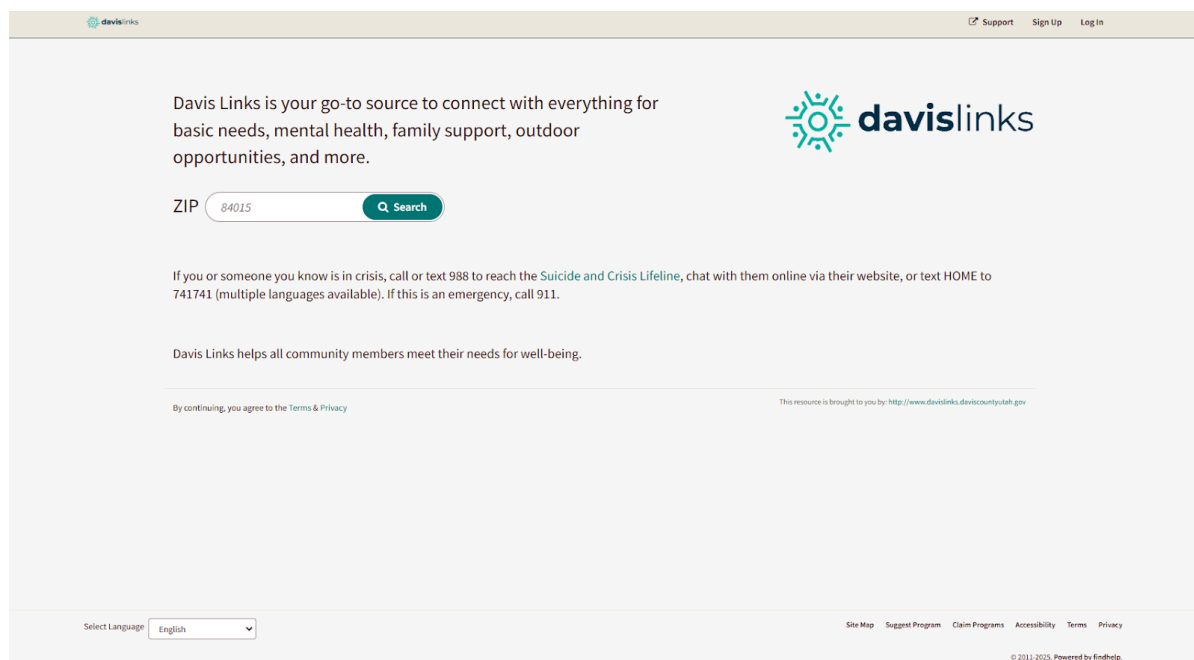
- A Davis County Health Department Resource Directory Workgroup scoped out online resource directories and social care platforms by meeting with Davis County Information Systems, 211, Findhelp, and Network of Care. After exploring various platforms, and receiving bids from three platforms, the group recommendation was to select Findhelp.

2B. Produce & maintain an intuitive resource connection tool that incorporates modern technology

- The health department began meeting with Davis County Information Systems in November 2023 to discuss the creation of an online resource directory. Resource locators at the state and national level were reviewed to explore features to include in the local directory.
- In March, health department staff met with Findhelp to learn about their platform features, capabilities, and support. Information Systems supported the connection with Findhelp because of the platform features and their ability to launch a branded Davis County site in a short amount of time.
- After exploring various platforms and receiving bids from three (211 Utah, Network of Care, Findhelp), the recommendation was to select Findhelp.
- Davis County contracted with Findhelp in August 2024.
 - Findhelp is a social care platform that connects people to community resources. Their mission is to connect all people and the programs that serve them, with dignity and ease.
 - Findhelp features include multiple languages, referrals, assessments, analytics, HIPAA compliant and HITRUST certified, etc.
 - The health department's contract with Findhelp allows the site to be customized and provide more resources than free and low cost.

2C. Monitor user experience of the resource connection tool

- Service provider feedback about the Davis Links resource directory website (refer to image below) was collected following each virtual Findhelp provider training offered in November and the November 26 Davis Links resource directory provider soft launch event.



Strategy 3: Promote resources & services using plain language

This strategy focuses on naming the Davis resource network so that it can be branded and promoted using plain language, leading to widespread public awareness and use of the online resource directory.

Strategy 3: Promote resources & services using plain language			
Goals	Objectives	Time Target	Status
3A. Develop branding for the Davis resource network	Choose a name, logo & website for the Davis resource network that conveys the purpose of the directory & that it is a local product	2026	Complete
	Create a brand style guide & brand strategy guide, including approved marketing materials for promotion of the resource directory website	2026	On Track
3B. Produce public education materials & messages to promote the Davis resource network	Develop a marketing plan to maximize community awareness & use of the online resource directory	2026	On Track
	Assess how historically underserved groups can best be reached & informed about the resource directory	2030	On Track
	Develop a language & communication access plan for the Davis resource network	2030	On Track
	Explore baseline measure & target for widespread public awareness about the Davis resource network	2026	On Track

3A. Develop branding for the Davis resource network

- After consulting with Davis County health and human services collaborations with representatives from many sectors, Davis Links was chosen as the official name of the Davis resource network.
- The Davis County Health Department resource directory workgroup, met with a branding expert, James Gibson, to develop the Davis Links [Visual Identity Style Guide](#) which was completed in September 2024.
 - It includes approved logos, colors, fonts, iconography, and the following core brand attributes: trustworthy, useful, compassionate, and connection.
 - A Davis Links [visual brand research document](#) is also available containing brand research that was done as part of the Davis Links visual identity project.
- The workgroup has been guiding the content of the rebranded/redeveloped Davis Links website that will be launched in 2025 with assistance from the Davis County Information Systems team. The website will convey the purpose of the resource directory, which will be included as the main feature of the landing page.

3B. Produce public education materials & messages to promote the Davis resource network

- A marketing plan for the Davis Links resource network, including the online resource directory, will be developed and implemented once the brand foundation strategy is complete in 2025. The redeveloped website will include a promotion toolkit for partners.

Partners with Responsibility for Goals

Plan 3: Improving access to resources & services	
Goals	Partners with Responsibility
1A. Use a system mapping process to understand 1) how the Davis resource network is functioning & 2) how to enhance connections across systems & agencies	Davis County Health Department; Davis Links; Davis School District; Davis County Commission; Davis County Community Strengthening Network; Head Start; National Family Support Network; Utah Family Strengthening Network; Utah Division of Child & Family Services
1B. Adopt evidence-based practices to successfully connect the public to resources & services	Davis County Health Department; Davis School District; Davis County Commission; National Family Support Network; Utah Family Strengthening Network; Utah Division of Child & Family Services
1C. Assess & organize Davis County resources & services	Davis County Health Department; Davis Links; Davis School District; South Davis Recreation Center
1D. Provide training & support for organizations that are part of the Davis resource network	Communities That Care Coalitions; Davis Behavioral Health; Davis County Health Department; Davis Links; The Church of Jesus Christ of Latter-day Saints
1E. Identify, strengthen & connect neighborhood resource hubs	Davis County Community Strengthening Network; Davis County Health Department; Davis School District; Ed Fila (humanitarian); Head Start; South Davis Recreation Center; Utah State University Extension
2A. Evaluate existing online resource connection platforms	Davis County Health Department
2B. Produce & maintain an intuitive resource connection tool that incorporates modern technology	Davis County Health Department; Davis Links; Davis School District; Davis County Commission; Davis County Community Strengthening Network; Head Start; National Family Support Network; Utah Family Strengthening Network; Utah Division of Child & Family Services
2C. Monitor user experience of the resource connection tool	Davis County Health Department; Davis School District; Davis County Commission; National Family Support Network; Utah Family Strengthening Network; Utah Division of Child & Family Services
3A. Develop branding for the Davis resource network	Davis County Health Department; Davis Links; Davis School District; South Davis Recreation Center
3B. Produce public education materials & messages to promote the Davis resource network	Communities That Care Coalitions; Davis Behavioral Health; Davis County Health Department; Davis Links; The Church of Jesus Christ of Latter-day Saints

Partner Spotlights

Several community organizations provided robust progress updates showing progress towards several goals and objectives for both priorities. The work of those agencies is spotlighted in this section.

Davis Behavioral Health

[Davis Behavioral Health](#) is a full-service behavioral and mental health services provider serving residents of Davis County.

Clinical

Davis Behavioral Health provides substance abuse and mental health services for those with commercial insurance, Medicaid, and those who are uninsured/underinsured.

- 12,086 clients were served; 2,942 were uninsured clients.
- 3,343 crisis calls; 1,494 Mobile Crisis Outreach Team deployments
- 1,440 Receiving Center admissions
- 477 admissions of those experiencing homelessness

Prevention & Education

Davis Behavioral Health offers a range of [prevention and education](#) courses to help individuals and families. Workshops, parenting and family classes, and support groups are offered free to Davis County residents.

Mindfulness Education & Practices

Davis Mindfulness Center

The [Davis Mindfulness Center](#) aims to cultivate community resilience through mindfulness training and wellness education. A place where community members will actively engage in and improve their ability to manage and enjoy life, and develop and strengthen inner resources for coping, growing, and healing.

- 106 participants completed the Mindfulness-Based Stress Reduction courses. Participants shared thoughts and experiences of how this course impacted them.

"In the past, my strategies for dealing with stress seemed to be the very opposite of what I really needed. This program ... has turned out to be precisely what I needed to pull myself out of a major depression."

"I have gotten the ability to calm myself, to see a hope for my future and my relationship. It has helped me to deal with my stress better and be more patient with loved ones and myself. It has pulled me out of a very depressed state and will continue to help me move in a more positive and healthy direction."

Learning to BREATHE

[Learning to BREATHE](#) is an evidence-based mindfulness program for students and adults that is administered by Davis Behavioral Health in partnership with Davis School District.

- 178 adults completed the Learning to Breathe course (refer to images below).



- 5,588 students in 6th and 8th grades completed the Learning to Breathe course. Participants shared thoughts of things they learned and want to remember after taking this course.

"I don't have to believe all the thoughts I think."

"I want to remember to listen to my body."

"I learned how to not bottle up my emotions."

"I want to remember to be kind to myself."

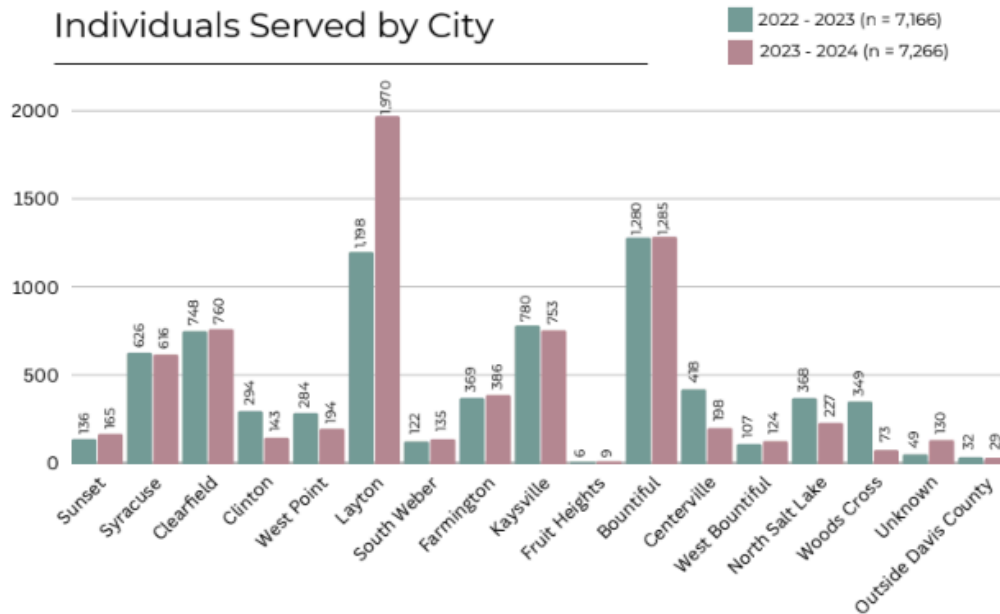
- Articles in the [US News & World Report](#) and [Psychiatry Times](#) report on the effectiveness of Learning to BREATHE and other mindfulness programs implemented in a school setting.
- A school mindfulness program called MindUP was piloted in 12 classrooms in two elementary schools.
 - 360 students from Centerville and Meadowbrook Elementary completed the course.
 - Program includes a service project, one which led to students and local senior activity center guests working together (refer to images below)



Advancing Healthy Relationships

Davis Behavioral Health offers a range of prevention and education courses to help individuals and families. Workshops, parenting and family classes, and support groups are offered free to Davis County residents (refer to Figure 8).

Figure 8: Total number of participants in all classes by city, FY 22-23 & 23-24



- Between January to December 2024, the following were offered:
 - Strengthening Families: 11 classes, 172 individuals served
 - Circle of Security Parenting: 17 classes, 143 individuals served
 - More information can be found in the [FY 2024 End of Year Davis County Program Report](#).

Communities That Care Coalitions

[Communities That Care](#) (CTC) aims to prevent problems in youth before they develop. It is a cooperative, community-driven process proven to reduce alcohol and substance use, violence, crime, and other problematic behaviors. CTC uses prevention science, the Social Development Strategy, and tested and effective programs and policies to build a healthier life and environment for youth. There are four CTC coalitions in Davis County.

- Conducted an Opioid Community Readiness Assessment
- Hosted prevention workshops addressing substance use prevention and the science behind it
- Coordinated the Student Health and Risk Prevention (SHARP) survey promotion and education efforts
- Supported multiple CTC members to attend the Bryce Canyon Prevention Summit

South Davis CTC

- Mapped the community risk and protective factors in South Davis cities
- Attended several community/city events
- Worked with HOPE Squads to present Student Health and Risk Prevention (SHARP) data and the Social Development Strategy

Central Davis CTC

- Hosted an Easy Check Training
- Worked with HOPE Squads to present SHARP data and the Social Development Strategy
- Implemented Kindness Coupons given to students (refer to image right)



Layton CTC

- Hosted three series of youth listening sessions
- Mapped community risk and protective factors in the area
- Hosted the showing of *Screenagers*, a movie that discusses the impact of technology on teens' decision-making in relation to substances such as vaping, drugs, and alcohol, with 75 attendees
- More details can be found in the [Year End Report](#).

North Davis CTC

- Applied for the Drug-Free Communities Grant and received \$125,000 per year for five years to address youth risk and protective factors in North Davis cities
- Supported the Illumination Event in Syracuse
- Hired two new coordinators

Outreach to Diverse Populations

Clinical Services

Davis Behavioral Health used data to identify and guide outreach efforts for four strategic priority groups:

1) Maternal Mental Health, 2) Veterans, 3) LGBTQIA+, and 4) Latinos.

- New Maternal Mental Health Day Group, Tuesdays at 1 p.m. for moms of all ages with a baby up to two years old; Community stakeholder meetings for providers
- Partnership with Latino Behavioral Health to provide therapists and teach some prevention classes
- Partnership with Star Behavioral Health Services and Veterans Affairs (VA) to better support veterans
- Community Group for LGBTQIA+; collaborating with Seniors Out And Proud (SOAP)



Prevention and Education

Davis Behavioral Health established a community Inclusion and Diversity Team that brings together representatives from various backgrounds, including LGBTQIA+ individuals, persons with disabilities, people of color, etc. This team plays a crucial role in providing diverse perspectives that inform prevention programs and initiatives. Examples of their activities include:

- Attending Adelaide's Café y Conversaciones and the Utah Pacific Islander Health Coalition Health Fair (refer to image below)
- Translating South Davis CTC agendas and presentation slides into Spanish
- Holding resource events to connect different groups together
- Engaging the Latino business community
- Creating a [Spanish video](#) to encourage more Latino participation in the SHARP survey
- Providing SHARP survey question and answer presentations for the Latino community (refer to image right)



Davis County Health Department

[Davis County Health Department](#) ensures quality public and environmental health and senior services for the Davis County community.

Improving Access to Mental Health Services

Suicide Prevention

The health department received one of five Utah's Comprehensive Suicide Prevention Grants to coordinate suicide prevention, intervention, and postvention efforts. This includes collaboration with statewide campaigns and other local programs. Some successes are listed below while other successes are conducted in partnership with other organizations and are highlighted throughout the report.

Question, Persuade, Refer

Trained facilitators offer an evidence-based prevention program called Question, Persuade, Refer (QPR) throughout Davis County (refer to image right). This training provides education on the warning signs of a suicide crisis, how to offer support, and what local resources are available.

- The presentation was updated to include suicide data and important information on storing firearms safely.
- 255 people received QPR from health department staff through presentations done for Davis County employees, the West Point City community, Clearfield City employees, local faith groups, etc.



Access to Lethal Means

Promoting safe storage of lethal means is an evidence-based suicide prevention practice to reduce risk. Putting time and space between someone experiencing suicidal thoughts and their access to lethal means is suicide prevention.

- 1,986 gun locks were distributed in the community.
 - 1,300 to Hill Air Force Base Prevention Team
 - 200 to a local firearm educator
- 20 ammo lock boxes with LiveOn, and 988 information were distributed to firearm educators (refer to image right).
- Over 200 Detera Deactivation and Disposal Pouches were distributed for safe disposal of expired and unused medications.



Suicide Postvention Coordination

- Suicide postvention has been a focus of 2024. The health department coordinates the [Suicide Postvention Workgroup](#) and activities outlined in Plan 1 (page 6).

Strategic Plan Alignment

- Completed an analysis comparing the strategies and goals of the [2024-2028 Davis4Health Community Health Improvement Plan](#), the [Utah-Suicide-Prevention-State-Plan-2022-2026](#), and [2024 National Strategy for Suicide Prevention | HHS.gov](#). Strategies at local, state, and federal levels all align.

Maternal Mental Health

Maternal Child Health home visiting nurses assist Davis County families from childbirth through age eight to gain access to needed medical, social, educational, and other services. Services are available to all families regardless of income or insurance coverage.

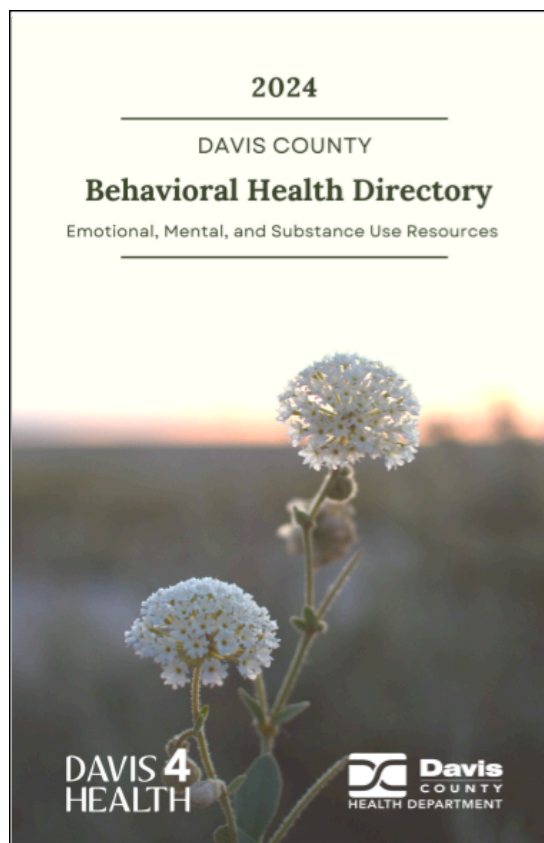
- 320 postpartum depression screenings were conducted.
- 1,560 childhood development screenings with a social-emotional component were conducted. At each visit nurses discussed Adverse Childhood Experiences (ACEs), resilience skills and screened for verbal, emotional, or physical abuse.

Older Adult Mental Health

- The Davis County Long-Term Care (LTC) Ombudsman Program collaborated with Davis Behavioral Health (DBH) to increase access to mental health services for long-term care residents in assisted living and skilled nursing facilities. LTC residents often have transportation and/or communication barriers to receiving services at DBH offices.
 - A needs assessment survey was created and distributed to all 31 assisted living facilities in Davis County.
 - Of the 30% of facilities that responded to the survey, 90% reported having more than five residents needing mental health services, and 70% indicated residents would need a mental health provider to come to the facility to provide services.
 - Conversations with Davis Behavioral Health led to them contracting with a third-party provider to bring mental health services to LTC facilities to improve residents' access to care.
- Two new grief support groups have been introduced at the Senior Activity Centers. Anyone experiencing grief or loss is welcome to join and connect with others facing similar challenges. The North and South Davis Centers each host a group twice a month.

Behavioral Health Directories

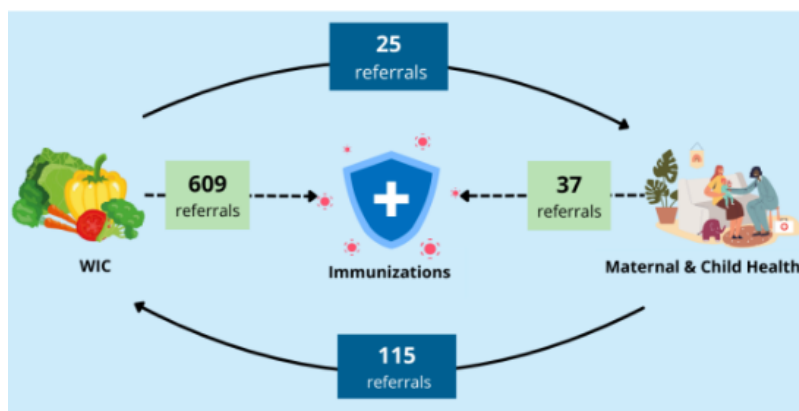
- 600 primary care providers received information introducing a new [webpage](#) of clinician and provider resources available through the health department including links to mental health directories and education.
- Updated versions of the Davis County Behavioral Health Directory and the Spanish Mental Health Directory (refer to images below) are now available online. These directories contain nearly 300 local services and resources including medical treatment, counseling, support groups, substance abuse, crisis lines, and more. To access the directories visit directories.davis4health.org.



Improving Access to Family Health Services

- The Family Health Division conducted a system assessment and quality improvement project to maximize referrals throughout their programs as well as department-wide programs ensuring families experienced a one-stop-shop when visiting the department (refer to Figure 9 below).

Figure 9: Family Health Internal Division Referrals



- Women, Infant, Children (WIC) offered appointments at Reading Elementary in Centerville to better serve South Davis residents. Over 300 families were served.
- Maternal and Child Health Home Visiting Program worked with 84 pregnant women to extend insurance coverage through the Baby Your Baby Program.
- The immunization program provided vaccinations through 137 outreach clinic events on weekends and evenings as well as through providing in-home vaccinations to individuals who are homebound.

Community Health Worker Outreach

Community Health Workers (CHWs) are frontline public health workers who serve community members in culturally appropriate ways. They help with language and translation needs, provide health education, attend outreach events, and help connect people with resources.

This year, CHWs:

- Connected people to resources at 54 outreach events
- Received 95 requests for resource connection. Common requests included food assistance, healthcare, health insurance, housing, and mental health supports
- Helped develop a Spanish translated version of the [2023 Community Equity Assessment](#)
- Created Spanish Service Navigator, equipping partners with information about department programs as they help their clients access needed services. The Navigator includes details on various services, residency prerequisites, Spanish language support, and other eligibility criteria.

Improving Services for People with Disabilities

- Senior Services used funding to convert front entrances of two senior centers into automatic sliding doors to increase building access for older adults and people with disabilities.
- Health department staff coordinated with the Utah State University Institute for Disability Research, Policy, and Practice WebAIM Program to provide two training sessions for improving accessibility for people with disabilities.
 - 12 health department communications and Davis County Information Systems staff attended the first training on how to make websites more accessible.
 - 27 health department staff learned how to make documents more accessible.

Support for People Living with Chronic Conditions & Their Caregivers

- Davis County Senior Activity Centers have long supported Alzheimer's Support Groups and welcomed many participants (refer to image below). This past year, there was a need for a support group specifically for Spanish-speaking individuals. Two staff members were trained in dementia support and have established a Spanish Alzheimer's Support Group (refer to image below).
- The Davis County Parkinson's Support Group has launched a program called "Parkinson's Loud and Proud" which the health department hosts at the Central Davis Senior Activity Center in Kaysville. The program is designed for anyone living with Parkinson's disease or caring for someone who has it. The disease can lead to various symptoms, including difficulty swallowing, a soft voice, and slurred speech. This program aims to strengthen throat muscles through voice projection, encouraging participants to be loud and assertive. The group meets weekly.

Dementia Support Group

Davis County Health Department



Time: 11:00 am - 11:45 am
Date: Monday, October 21, 2024
Location:
 Central Davis Senior Activity Center
 81 E Center St
 Kaysville, UT 84037

Support groups create a safe, confidential supportive environment or community and a change for participants to develop informal mutual support and social relationships.





For other Alzheimer's Support Groups in Davis County, please scan the QR code or visit daviscounty.gov

These support groups are intended for family caregivers of individuals with Alzheimer's disease/ other dementias. For more information, call the Alzheimer's Association at 801-272-3900. Or Davis County Senior Services at 801-525-5058

Grupo de Apoyo para La Demencia

Departamento de Salud del Condado de Davis



Hora: 11:00 am - 11:45 am
Fecha: Lunes 21 de Octubre de 2024
Ubicación:
 Centro de Actividades para la Tercera edad de Central Davis
 81 E Center, Kaysville, Utah 84037

Los grupos de apoyo crean un entorno o comunidad de apoyo seguro y confidencial y una oportunidad para que los participantes desarrollen apoyo mutuo informal y relaciones sociales.





Para otros grupos de apoyo de Alzheimer en el condado de Davis, escanee el código QR o visite [Daviscounty.gov](https://daviscounty.gov)

Estos grupos de apoyo están destinados a cuidadores familiares de individuos con enfermedad de Alzheimer/ otras demencias. Para obtener más información, llame a la Asociación de Alzheimer al 801-272-3900. O Servicios para personas mayores del condado de Davis al 801-525-5058

Youth Programs

- The Teen Outreach Program is a 9-month program for 6th through 12th graders that pairs interactive lessons with community service projects. The program includes topics like communication, decision-making, healthy relationships, and how to set goals.
 - 20 youth participated in the program; sessions were conducted at Mercy Housing and Career Path High
- A rack card was developed and distributed in English and Spanish that highlights the interrelation of literacy and building connections. Overall reading with children develops a sense of connection which positively helps their mental health, self-esteem, and well-being (refer to image right).
 - The rack card links to Davis County libraries and a list of over 300 books focused on social skills.
 - A presentation titled [Developing Strong Readers and Family Connections](#) was shared during a Davis HELPS meeting. The presentation introduced the rack card and highlighted the relationship between literacy and connection.
- The health department led the Davis County Youth Council mentioned in Plan 1 (page 9).



Davis School District

Community Schools Program

The [Community Schools](#) Program is committed to nurturing the potential within every child and family which enriches lives, strengthens families, and uplifts the entire community. These efforts are focused in areas with lower socioeconomic standing, where generational poverty is prevalent, and where children and families often face limited opportunities to explore the arts, engage in sports, or access high-quality tutoring and after-school programming. By taking a holistic approach, the program identifies existing assets within the community and works collaboratively to implement plans that reflect the voices of those they serve.

This year, the Community Schools Program:

- Expanded to nearly 30 schools in the district, a remarkable growth from just seven schools in the fall of 2023 and three in the fall of 2022.
- Hosted two Community Schools Family Nights to establish connection between families and available resources.
 - Over 60 community partners and district departments participated
 - An estimated 7,300 people attended
- Partnered with local community centers which created opportunities to bring essential services closer to families.
- Significantly increased family engagement within schools, with events such as a Future Falcon Night and a piñata-making class.
- Grew the number and scope of afterschool programs (from 14 to 20 programs, and served students from kindergarten through 12th grade).
- Based on key priorities identified by a recent parent survey, worked to address communication gaps to better inform families of available resources while simultaneously exploring new options to meet their needs
 - One innovative initiative is the pilot of “Parent Coaching,” offered through the Cook Center for Human Connection at six elementary schools in diverse demographics across Davis County.
 - This program provides parents with access to certified mental health coaches through confidential one-on-one video calls.
 - These coaches help parents navigate challenges with empathy and expertise, offering education, structure, and accountability that parents both need and want.

Student and Family Resources Department, 2023-24 School Year

The [Student and Family Resources Department](#) supports district case management, the Safe Schools Clinical Team, K-12 prevention, tiered supports, social and emotional learning, and comprehensive guidance.

Social Emotional Learning

Davis School District (DSD) Social and Emotional Learning (SEL) Vision Statement: Employees and students acquire and effectively apply personal and social attitudes, behaviors, and skills necessary to lead happy and fulfilling lives. SEL is addressed in multiple ways throughout the school year.

- There were 41 SEL focused schools and 135 school visits supporting SEL.
- There were 121 visits with DSD and community partners to coordinate SEL efforts.
- 13 SEL trainings were conducted.
- 300 SEL resources were identified and provided for new teachers.

Therapists

Integrated Educational Therapists are licensed mental health professionals who provide clinical interventions and support services to students across the district. These services include brief individual and group therapy, crisis intervention, outreach, and safety planning.

- 160 students were served.
- 16 therapy/support groups were conducted.

DSD has a partnership with Daybreak Health to provide personalized mental health supports to Black, Indigenous, and students of color to work with a therapist who has a similar racial and/or ethnic background.

- 62 students were referred

Prevention

Throughout the school year, Davis School District invites parents and caregivers to join an anonymous Mental Health Parent Series webinar each month led through parentguidance.org.

- 1,752 participants joined the parents series webinars.
- 247 adults from Davis School District were trained in Youth Mental Health First Aid.

Family Advocates

Family Advocates (elementary) and Family Coordinators (junior high) connect families and parents with the resources they need to support themselves and thrive. They help families identify physical and emotional self-care and stress-coping mechanisms, and advocate for their needs. This year there were:

- 425 Family Resource Facilitator consults via email, phone, face to face
- 4,166 family consults by Elementary Family Advocates
- 1,106 students received services from Junior High Family Coordinators.

Military Support Team

Members of the team received training to support military children and families (refer to image right).

- 196 military families received support by Military Family Advocates.
- Military Educational Therapist served 62 students and facilitated 19 groups.
- 46 Purple Star Schools are supporting military families in Davis County.



Multi-Tiered System of Supports

Various levels of support for schools, classes, and students were used to address problem behaviors, social-emotional learning, attendance, academics, and other issues.

- 232 school visits (coaching, evaluation)
- 1,382 people trained (Positive Behavior Intervention and Supports, classroom management, attendance, restorative practices)
- 62 students received attendance intervention
- 4 anti-vaping programs

Teen Centers

Teen centers (refer to image right) provide students with a safe place to shower, do laundry, study, receive one-on-one assistance from center coordinators, and access critical resources.

- 7,700 students served
- 50,000 support services provided

ATLAS TEEN CENTER @ SYRACUSE HIGH

SERVING STUDENTS & FAMILIES

FOOD PANTRY 	LAUNDRY 	HYGIENE 
STUDY ROOMS 	PHYSICAL NEEDS 	REFERRALS 

**SCAN
FOR INFO**



**CONTACT US IF YOU'RE
EXPERIENCING**

- HOUSING INSECURITY
- FOOD INSECURITY
- ECONOMIC CHANGES



Teen Living Center

The Teen Living Center (refer to images below) is a 16-bed residential facility in Layton that opened in September 2024. The purpose of the center is to offer tailored resources that keep students on track for high school graduation, regardless of the momentary challenges they face. It provides teens experiencing a crisis such as a loss of safe housing with a safe, supportive environment where they can access the resources they need to thrive. The space offers food, shelter, clothing, and emotional and mental resources; life skills training; and guidance from a Davis School District liaison to stay on track for high school graduation.

- The Davis Education Foundation led development of the center with financial support from many community partners.
- The Center is operated by Switchpoint Community Resource Center, a third-party nonprofit.
- Davis School District, Layton City, and Davis County act as coordinating partners in accessing key community resources.



Davis Technical College

[Davis Technical College](#) (Davis Tech) increased access to resources and services, such as those that improve mental, emotional, or social well-being in many ways during 2024.

Partnership with Rasa

Davis Tech partnered with Rasa, a legal tech company, to provide vital support to justice-impacted students. Together, they have developed a free expungement eligibility screening tool for current and former students. Expungement is the process by which a record of criminal conviction is destroyed or sealed from state or federal record.

- Davis Tech and Rasa held an event on June 18 (refer to image right) to announce the partnership and share what it means for current and past students.
 - [Panelists](#) included the Davis Tech President (refer to image right), Utah Department of Corrections Executive Director, a Davis County Commissioner, and a justice-impacted advocate.

"We want to support students and empower them with the knowledge they need to take action. To give someone with a record a path to hope and transform opportunities in their life combined with a clear record that leads to more future employment." Noella Sudbury, CEO and Founder of RASA



Student Resource Center

The Student Resource Center helps all students access and utilize a variety of campus and community resources to foster success through acceptance, respect, and empowerment. The center offers students financial, mental health, and physical resources.

Basic Needs

- Increased community awareness about the center resulted in partnerships with other organizations and groups to address basic needs.
- The Foundation Board approved \$10,000 for supporting students with emergency needs. Students have access to a one-time bonus of \$500 that can be used to cover students' most basic needs such as payment of utilities, gas for transportation, and daycare.
- Provided a larger variety of products in their food pantry, increased pantry inventory by 300%, and served over 1,200 students.

- Partnered with Bountiful Community Food Pantry, The Church of Jesus Christ of Latter-day Saints Bishops' Storehouse, and other organizations to provide food, cleaning, and hygiene supplies.
- Received over 1,400 items (canned goods, hygiene products, and cleaning supplies) donated by Career Path High, a tuition-free, publicly funded charter school serving grades 9 to 12 (refer to image right).
- Sponsored a monthly Utah Transit Authority (UTA) Bus Pass.



Mental Health Resource Access

- Partnered with Trula and Blomquist Hale where students get three free therapy/counseling sessions every 90 days, and provided counseling services for dependents where needed

Technical Education Access

- Worked closely with the Office of Scholarships and Financial Aid and the school's Foundation Board; Davis Tech has seen a significant increase of students applying for aid which allowed the Foundation to award over \$270,000 in scholarships

Student Engagement

- Increased efforts to reach historically underserved or underrepresented groups
 - 22.79% of active enrollments representing over 1,100 students now identify as American Indian, Asian, Black, Hispanic, and Pacific Islander, or two or more races.
- Connected more than 300 students with different organizations and agencies

Community Engagement

- Participated in a wide range of community events, connected with other partner agencies/centers providing services for many types of needs, and participated in six Davis County coalitions and workgroups.

GRANDfamilies

[GRANDfamilies](#), a program of the Children's Service Society of Utah, is a support, advocacy, educational, and crisis intervention program designed to provide information and support to kinship families so that the needs of safety and permanency for children can be met (refer to image right).

Community Members Served

- 560 individuals were assisted through case management and events
- 42 new intakes
- 23 concrete support and permanency applications were completed

Protective Factors

The program is focused on increasing 5 protective factors:

1) Concrete Supports, 2) Personal Resilience, 3) Social and Emotional Competence, 4) Social Connection, and 5) Parental Resilience.

- Psycho-educational classes were held; two 10-week group sessions were completed.
- 17 Friend-to-Friend events held

Recognition

- Recognized as Exemplary (refer to image below) by the GRANDfamilies and Kinship Support Network (a national technical assistance center)

"The high level of community engagement; tailored services and supports for both children and caregivers; and passionate, bilingual staff are all key components that makes this program exemplary."



ARE YOU RAISING A RELATIVE'S CHILD? JOIN OUR FREE SUPPORT CLASSES

GRANDfamilies offers classes for caregivers, teens (ages 12-18), and children (ages 5-11). We invite you to join us for educational sessions on kinship topics and the opportunity to connect with other families.

Our classes provide a safe, welcoming space where you and your family can make new friends, learn from one another, and receive support from a community that truly understands. Whether you're just starting your kinship journey or have been on this path for years, all are welcome to share experiences and hear from others.

The topics of our classes are:

WEEK ONE

Adult Group: Kinship Care
Teen Group: What is Kinship Care?
Children Group: Introduction and Interpersonal Skills

WEEK TWO

Adult Group: Dynamics of Kinship Families
Teen Group: Identifying Feelings & Learning Healthy Coping Skills
Children Group: Kinship Family Dynamics

WEEK THREE

Adult Group: The Need for Permanency
Teen Group: Developing a Healthy Self Esteem
Children Group: Developing a Healthy Self Esteem

WEEK FOUR

Adult Group: Healthy Boundaries
Teen Group: Interpersonal Skills, Healthy Relationships, & Communication
Children Group: Identifying Emotions

WEEK FIVE

Adult Group: Risk & Protective Factors
Teen Group: Peer Pressure & Substance Use
Children Group: Managing Emotions

WEEK SIX

Adult Group: Trauma
Teen Group: Internet Safety
Children Group: Healthy Coping Skills

WEEK SEVEN

Adult Group: Neuroplasticity
Teen Group: Understanding Your Brain
Children Group: Safety

WEEK EIGHT

Adult Group: Attachment & Bonding
Teen Group: Making Decisions & Goal Setting
Children Group: Social Skills

WEEK NINE

Adult Group: Substance Use and Misuse
Teen Group: Mental Health First Aid
Children Group: Healthy Choices

WEEK TEN

Adult Group: Caregiver Support
Teen Group: Being and Finding a Role Model
Children Group: Friendship and Wrap Up

CONTACT US TO SIGN UP:

Davis County GRANDfamilies
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Head Start

[Head Start](#) aims to promote healthy prenatal outcomes for expectant mothers while nurturing the development of infants and children aged three or four. Prioritizing the well-being of both mothers and young children, the program offers a variety of services to income-qualifying families at no cost, ensuring that financial constraints do not hinder access to essential resources. By focusing on crucial stages of prenatal and early childhood development, Head Start plays a vital role in establishing the groundwork for a brighter and healthier future, contributing to the overall well-being of communities.

Policy Council & Parent Committees

Head Start is built on a shared governance model including parents, Head Start staff, and the Davis School Board. It is the decision-making body involving the parents and community in approving the budget (spending of the grant), program structure and curriculum, and family and parent engagement activities.

- Monthly Policy Council (refer to image right) meetings consisting of 30 parents and 10 community partners.
- Each Head Start and Early Head Start class has a parent committee (a president, a vice president, and a secretary). The president participates in the Policy Council representing the voice of their class.



Dino-Mite Night

Head Start's Dino-Mite Night exemplifies the mission of "Building Futures Together," fostering unity and connection as one school family.

- Third annual event held September 23
- 800 participants
- Gateway to the social-emotional learning curriculum, *Conscious Discipline*, with interactive booths
- Refer to the [event overview article](#) for more information.

Regional Head Start Conference

- Presented at the Regional Head Start Conference in November, held in Salt Lake City
- Brought together a diverse group of professionals including Davis County Health Department, Comunidad Materna en Utah, and Davis Head Start (refer to image right).



- Presentation focused on identifying and addressing disparities in maternal health outcomes, highlighting barriers faced by underserved populations, and sharing strategies to support equitable care for mothers and families.
- Platform for building partnerships, sharing best practices, and reaffirming a commitment to addressing disparities and advancing maternal health equity in Davis County.

Family Health & Wellness Fair

- Held September 4 at Davis Technical College
- 500 attendees
- Focused on improving community connections and promoting healthier lifestyles by empowering families with knowledge and resources in key areas, including health, mental health, safety, and nutrition
- Free services promoted included: breastfeeding support, mental health and counseling services, Women, Infant, Children (WIC) assistance, immunizations, car seat safety checks, health insurance guidance, nutritious meal resources, oral health education, lead testing, and health screenings

"This initiative was a testament to our commitment to equipping Davis County families with the tools they need to thrive, promoting a stronger, healthier community. By bringing together families, service providers, and health experts, the fair not only addressed immediate needs but also laid the groundwork for lasting connections and a culture of wellness in our community." Karen Martin, Health Services Manager

Toilet Training Resources

- Head Start shared [toilet training information and resources](#) with early childhood programs in the district and their families. The sheet was translated into Spanish and shared with their Spanish-speaking families. Refer to the Preventing Abuse action plan (page 24).

Utah State University Extension

The [Utah State University \(USU\) Extension](#) Davis County Office serves our community by providing helpful information, resources, and events on topics including agriculture, gardening, home, family, and food.

Celebrating Women Conference

Women in Utah experience higher rates of poor mental health than men. Efforts to increase awareness of mental health issues and to reduce the stigma surrounding mental health issues are essential. Doing so may strengthen the positive impact women have in their families, communities, and ultimately in the state (Utah Women and Leadership Project, 2017). In response, USU Extension provides an annual event focused on health, wellness, and mental health education.

- This year's event was held on Saturday, October 12 with 75 in attendance (refer to images below).
- As a result of the event, respondents reported improved knowledge of overall health and wellness, and stated they were likely to make a change based on something they had heard.
 - 89% of evaluation respondents were either extremely likely or likely to make a change as a result of participating in the conference, such as mindfulness, managing self-care, practicing positivity, connecting with others, and more.
 - 100% of respondents agreed the conference gave them strategies to improve their life.
 - 100% agreed they want to make positive changes to their life which indicates intent.
 - 100% agree they expect that what they have learned will benefit their well-being.
 - 95% agreed the event gave them an opportunity to connect with others.

Some respondents shared changes they plan to make as a result of this conference.

"Changes in recording my finances and changes in my habits/time use and changes in my personal narrative by way of my thoughts."

"I am going to try new ways to set goals."

"Showing more gratitude and listening to my emotions more."



Budget Mastermind Workshop

This hands-on budget tutorial workshop taught by money experts is an empowering financial wellness program.

- 20 people participated in the program.
- Evaluation results showed:
 - 100% of participants had a better understanding of personal finance management because of the workshop.
 - 100% of participants felt more confident about their ability to manage their finances because of the workshop.
 - 100% of participants had intentions to use the information they received from the workshop to make positive changes to their personal finance management practices.
- Participants intended to do the following actions because of the workshop:
 - Created Emergency Fund and Allocating Allowance: Participants intend to establish a 1% fund dedicated to emergencies while also incorporating allowances into their budgeting.
 - Maintaining Zero-Balance Budget: Some participants plan to create and stick to a zero-balance budget to ensure their expenses match their income.
 - Prioritizing Emergency Savings: Many participants aim to focus on building emergency savings to prepare for unexpected financial challenges.

Wellness Walks

A walking wellness series for anyone interested in spending time outside, enjoying an active lifestyle, and connecting with others.

- Five trails within Davis County were highlighted and explored and each included a nature-related craft for children.
- 88 people attended events in this series.

General Wellness Workshops

- Nine workshops were conducted with 218 attendees.
- Workshop topics included Positive Mental Health Tips, Road to Happiness and Meaning, Positive Power of Spending Time Outside, and Nutrition & You: Optimizing Your Nutrition.
 - 100% of respondents agree these workshops give them strategies to improve their life.
 - 99% of respondents agree they want to make a positive change(s) to their life.
 - 100% of respondents indicated they expect that what they have learned will benefit their well-being.

Davis County Food Environment Workgroup

- In January, USU Extension volunteered to assume leadership over the Davis County Food Environment Workgroup (refer to image below), composed of many partners working to improve food access in Davis County. Under their direction, priorities to address food access based on community and partner feedback were developed. Subgroups were also formed to implement action plans.



Cross-Cutting Efforts

There are planned events and efforts not specific to one particular priority. Instead, they make progress towards several goals and objectives throughout the two priorities.

Cross-Cutting Initiatives	Timeline
1. Hold educational opportunities for all sectors to receive training and resources that address both priorities	2028
2. Host an annual Resilience Symposium	Annual
3. Host an annual Equity Forum	Annual
4. Produce "What Can You Do?" one pagers for community members	2026

Initiative 1: Hold educational opportunities for all sectors to receive training & resources that cross-cut priorities

Community education is needed about mental, emotional, and social health; abuse prevention; and how to access resources and services. Learning opportunities for several sectors are being planned to help community members learn about health improvement priorities and resources that are available. The faith community, businesses, law enforcement, and other community sectors will be invited to host and participate in community training and education.

- Community Health Improvement Plan (CHIP) workgroup coordinators were in the early planning stages of developing content and exploring formats for community education.

Initiative 2: Host an annual Resilience Symposium

- Davis County's 6th Annual Resilience Symposium was held Friday, February 2, virtually and in-person at Davis Technical College (refer to images on next page). The three-fold purpose of the symposium is to build Adverse Childhood Experiences (ACEs) awareness, become a trauma-informed community, and increase self-care.
 - 502 people attended, 135 in-person and 367 virtually.
 - The recording has over 470 views and can be accessed at <https://www.youtube.com/watch?v=GZiU805pXqM&t=2753s>.
- Of the evaluations that were completed:
 - 98% of attendees thought the overall symposium was great/excellent
 - 95% strongly agreed/agreed their knowledge of ACEs, becoming trauma-informed, and self-care increased as a result of the symposium
 - 97% strongly agreed/agreed they will be able to apply the information learned in their professional and personal lives

Highlights shared below represent common themes from participants.

"It has allowed me to acknowledge my own ACEs and successfully help others navigate a healing journey."

"It helped me spearhead an initiative to create a trauma-informed care curriculum for my organization."

"The most important and applicable speakers I've heard in a long time."



Initiative 3: Host an annual Equity Forum

The Davis4Health Equity Forum is a community engagement opportunity that reinforces the Davis4Health equity approach to address the priorities outlined in the CHIP and also helps partners align equity efforts.

- Second forum took place on March 28
- Goals included recognizing community conditions that are barriers to equity and inclusion; connecting equity to personal stories, the workplace, and the community; and connecting with each other and with resources and services
- The keynote, Dr. Katherine Schaff (refer to image on next page), Health Equity Coordinator at Berkeley Media Studies Group, focused on using a "landscape view" (the environment, what surrounds individuals) vs. the typical "portrait view" (individual behaviors and characteristics) to communicate in a way that supports healthy communities. The recording can be accessed at <https://www.youtube.com/watch?v=PgtZmpWVZqQ>.

- The agenda included two panel sessions (refer to images below), the first composed of state and local community leaders who shared efforts to incorporate equity in ways that support their workforce, and the second of local community leaders who put equity into practice by connecting/working with the communities they serve.
- Over 100 people attended.



Initiative 4: Produce “What Can You Do?” messages & materials for community members

Everybody has a role in strengthening protective factors. Plain language messages and materials are being developed to help every community member understand how they can improve mental, emotional and social well-being as well as improve access to resources and services.

- Community prevention leaders discussed different approaches for developing this resource. We expect that a draft document will be ready for partners to review in 2025.

Evaluate Actions

Monitoring and evaluating are essential for assessing successes, developing strategies, and adapting plans to a changing environment. Monitoring involves observing something over time and checking on its progress or quality. Evaluating systematically collects and analyzes data to examine the effectiveness and efficiency of policies and programs.

Partners use a variety of tools to monitor and measure processes and progress. Evaluation activities are occurring on a regular basis to measure program effectiveness. Systems are in place for both process and event evaluations, with many evidence-based programs using pre/post tests to measure impact. Refer to partner highlights throughout this report for examples.

Mortality and health-related quality of life outcomes are tracked to evaluate improvements in population health. These are assessed through national monitoring systems, such as the Behavioral Risk Factor Surveillance System (BRFSS), American Community Survey (ACS), and local sources like the Utah State University Wellbeing Project, Student Health and Risk Prevention (SHARP) survey, and the Utah Healthy Places Index (HPI). These data systems track health outcomes over time. Population Health Outcomes.

Population health outcomes monitor overall trends and assess whether collaborative efforts are improving health. Davis4Health tracks progress on these outcomes. Davis County measures are organized in tables based on expected changes—those to decrease (Data Table 1), increase (Data Table 2), and others to be monitored and established (Data Table 3). The updated current values, if available, have been added to these tables. Figure 11 (see image right) can be used in Data Tables 1 and 2 to indicate whether the current value is trending toward the target value, away from it, or if there has been no change since baseline.

Figure 11: Data Table Color Key

Trending toward the target value
No change from baseline
Trending away from the target value

Demographic and geographic data from the 2024 Community Health Improvement Plan (CHIP), shown in Data Table 4, highlighted meaningful differences in some population measures, which will be further analyzed for disparities in 2026 and 2030. Refer to partner highlights throughout this report for details on how the plan's strategies are making efforts to impact underserved and underrepresented groups.

Out of the 29 indicators in the CHIP, 16 did not have updated data from baseline. The remaining indicators updated values do not yet reflect CHIP progress since dates are still from before the CHIP was released. Though these indicators don't yet capture the impact of the CHIP, they provide useful trend insights. Since the 2024 CHIP was published, the Utah Public Health Indicator Based Information System (IBIS) updated population estimates and emergency department rates to include all relevant diagnosis fields, leading to revised baseline and target values for emergency department visits due to drug overdoses and suicides. Additionally, the methodology for child abuse data was updated, linking cases only to the county where the client lived. Changes were also made to the cities surveyed in the Utah Wellbeing Project—South Weber did not participate in 2024, but Clinton and West Bountiful were added. The CHIP progress reports will continue to reflect changes in the cities included in this survey.

Data Table 1: Population Measures to DECREASE by 2030

Topic	Davis County Population Measures	Data Source	Baseline Value	2024 Progress		Target Value
				Current Value	Year	
Commitment to School	Decrease the percentage of students with low commitment to school from 48.5% (2023) to 43.5% by 2030.	SHARP	48.5%	48.5%	2023*	43.5%
Economic Stability	Decrease the percentage of adults reporting they were unable to pay their bills in the past 12 months from 7.5% (2022) to 4.5% by 2030.	BRFSS	7.5%	5.6%	2023	4.5%
	Decrease food insecurity from 7.5% (2021) to 6% by 2030.	Feeding America	7.5%	10.9%	2022	6.0%
Isolation	Decrease the percentage of adults who report "Always/Usually" feeling socially isolated from others from 8.2% (2022) to 5.2% by 2030.	BRFSS	8.2%	8.2%	2022*	5.2%
	Decrease the percentage of students who "Often" or "Always" felt isolated from others in the past week from 20.0% (2023) to 15.0% by 2030.	SHARP	20.0%	20.0%	2023*	15.0%
Mental Health Conditions	Decrease the percentage of adults reporting a week or more of poor mental health days per month from 28.1% (2022) to 23.1% by 2030.	BRFSS	28.1%	24.4%	2023	23.1%
	Decrease the percentage of students with depressive symptoms from 42.4% (2023) to 37.4% by 2030.	SHARP	42.4%	42.4%	2023*	37.4%
	Decrease the prevalence of depression among adults from 28.6% (2022) to 23.6% by 2030.	BRFSS	28.6%	29.5%	2023	23.6%
Substance Misuse	Decrease regular use of any vaping product among students from 3.2% (2023) to 1.6% by 2030.	SHARP	3.2%	3.2%	2023*	1.6%
	Decrease the rate of emergency department visits due to overdose from any drug from 247.9^ visits per 100,000 (2019-2021) to 240.5^ per 100,000 by 2030.	IBIS	247.9^	233.4	2020-2022	240.5^
Suicide	Decrease suicide deaths from 19.0 (2020-2022) deaths per 100,000 to 18.4 deaths per 100,000 by 2030.	IBIS	19.0	19.1	2021-2023	18.4
	Decrease emergency department visits for suicide from 219.8^ visits per 100,000 population (2019-2021) to 213.2^ visits per 100,000 by 2030.	IBIS	219.8^	206.2	2020-2022	213.2^
	Decrease the percentage of students who reported attempting suicide in the past year from 6.8% (2023) to 3.8% by 2030.	SHARP	6.8%	6.8%	2023*	3.8%

Data Table 1 continued on next page

Data Table 1: Population Measures to DECREASE by 2030

Topic	Davis County Population Measures	Data Source	Baseline Value	2024 Progress		Target Value
				Current Value	Year	
Violence & Abuse	Decrease child abuse rates among those under age 18 from 747.0^ victims per 100,000 children (2021-2023) to 724.6^ victims per 100,000 children by 2030.	DCFS; IBIS	747.0^	747.0^	2021-2023*	724.6^
	Decrease the annual rate of domestic violence from 262.2 victims per 100,000 population (2023) to 254.3 victims per 100,000 population by 2030.	DPS; ACS	262.2	262.2	2023*	254.3

Data Notes: Crude measures are used for BRFSS & SHARP. Substance misuse rates do not include alcohol. **Green** = trending toward target value, **yellow** = no change from baseline, **red** = trending away from target value. *Data has not been updated since baseline. ^Population measure baseline and target values were updated from the original CHIP report to reflect updated methodologies. **Acronym Key:** Utah Student Health and Risk Prevention (SHARP), Behavioral Risk Factor Surveillance System (BRFSS), Utah's Indicator-Based Information System (IBIS), Utah Department of Child and Family Services (DCFS), Utah Department of Public Safety (DPS), Census American Community Survey (ACS).

Data Table 2: Population Measures to INCREASE by 2030

Topic	Davis County Population Measures	Data Source	Baseline Value	2024 Progress		Target Value
				Current Value	Year	
Access	Increase the score for Resource Access on the Sharecare Well-Being Index from 44 out of 100 (2022) to 45 out of 100 by 2030.	Sharecare Well-Being Index	44	44	2022*	45
	Increase the score for Healthcare Access on the Sharecare Well-Being Index from 53 out of 100 (2022) to 55 out of 100 by 2030.	Sharecare Well-Being Index	53	53	2022*	55
Connection	Increase the percentage of adults who report "Always/Usually" getting the social and emotional support they need from 77.6% (2022) to 82.6% by 2030.	BRFSS	77.6%	82.9%	2023	82.6%
	Increase the score for the Social Dimension on the Sharecare Well-Being Index from 67 out of 100 (2022) to 69 out of 100 by 2030.	Sharecare Well-Being Index	67	67	2022*	69
	Increase the average score for Community Connection for each participating city to 4.00 or higher by 2030.	Utah Wellbeing Project Survey	Bountiful: 3.17	3.33	2024	4.00
			Clinton: none	2.95		
			Layton: 3.06	2.92		
			North Salt Lake: 2.92	3.01		
			South Weber: 3.22	none		
			West Bountiful: none	3.49		
	Increase the percentage of community members reporting "Good" to "Excellent" in the Social Connections Domain of personal well-being to 75% for each participating city by 2030.	Utah Wellbeing Project Survey	Bountiful: 55%	57%	2024	75%
			Clinton: none	44%		
			Layton: 56%	47%		
			North Salt Lake: 60%	54%		
			South Weber: 69%	none		
			West Bountiful: none	60%		
	Increase the score for the Community Dimension on the Sharecare Well-Being Index from 65 out of 100 (2022) to 67 out of 100 by 2030.	Sharecare Well-Being Index	65	65	2022*	67

Data Table 2 continued on next page

Data Table 2: Population Measures to INCREASE by 2030

Topic	Davis County Population Measures	Data Source	Baseline Value	2024 Progress		Target Value
				Current Value	Year	
General Well-being	Increase the average overall Community Wellbeing score for all participating cities to 4.00 or higher by 2030.	Utah Wellbeing Project Survey	Bountiful: 3.84	3.84	2024	4.00
			Clinton: <i>none</i>	3.79		
			Layton: 3.71	3.52		
			North Salt Lake: 3.63	3.75		
			South Weber: 3.72	<i>none</i>		
			West Bountiful: <i>none</i>	4.00		
	Increase the average overall Personal Wellbeing score for all participating cities to 4.25 or higher by 2030.	Utah Wellbeing Project Survey	Bountiful: 4.09	4.13	2024	4.25
			Clinton: <i>none</i>	4.07		
			Layton: 4.19	3.96		
			North Salt Lake: 4.08	4.08		
			South Weber: 4.16	<i>none</i>		
			West Bountiful: <i>none</i>	4.22		
Youth Protective Factors	Increase the percentage of students who think it's ok to seek help and talk to a professional if they've been feeling very sad, hopeless, or suicidal from 84.4% (2023) to 89.4% by 2030.	SHARP	84.4%	84.4%	2023*	89.4%
	Increase the percentage of students who have talked to an adult in the past month about feeling sad, hopeless, or suicidal from 25.4% (2023) to 30.4% by 2030 (help seeking).	SHARP	25.4%	25.4%	2023*	30.4%
	Increase peer-individual prosocial involvement among students from 51.6% (2023) to 56.6% by 2030.	SHARP	51.6%	51.6%	2023*	56.6%
	Increase the percentage of students reporting interaction with prosocial peers from 55.4% (2023) to 60.4% by 2030.	SHARP	55.4%	55.4%	2023*	60.4%

Data Notes: Crude measures are used for BRFSS & SHARP. The Utah Wellbeing Project is not representative of the whole county but does survey cities that account for half the county's population. Although not representative, it is the only known source for local well-being data. Green = trending toward target value, yellow = no change from baseline, red = trending away from target value. *Data has not been updated since baseline.

Acronym Key: Behavioral Risk Factor Surveillance System (BRFSS), Utah Student Health and Risk Prevention (SHARP).

Data Table 3: Population Measures to MONITOR & ESTABLISH Through 2030

Topic	Davis County Population Measures	Data Source	2024 Progress
Adult Abuse Cases	Monitor annual rates of opened cases of adult abuse through 2030. The 2023 rate was 580.5 opened cases per 100,000 population aged 60 and older.	APS; IBIS	743.04 opened cases per 100,000 population aged 60 and older*
	Monitor the annual percentage of adult abuse cases that were supported through 2030. In 2023, 5.9% of opened cases were supported. Supported means a finding by Adult Protective Services that there is a reasonable basis to conclude that abuse, neglect, or exploitation occurred (Utah Code 26B-6-201 , 2023).	APS	In 2024, 5.3% of opened cases were supported.
Community Conditions	Monitor Utah Healthy Places Index percentile scores through 2030. In 2022, Davis County had healthier conditions than 92.6% of other counties in Utah.	UT HPI	In 2023, Davis County had healthier community conditions than 42.3% of other Utah counties. This is a significant decline compared with the previous data. New indicators (traffic volume and ozone) and improved methodology adjusting for population density on weighted categories contributed to this change.
Resource Centers	Establish a way of mapping and measuring physical access to community resource centers in Davis County in identified service areas by 2026. Monitor changes in these data in the year 2030 with the hope of seeing a greater percentage of the population served by physical centers.	Data gap	Plan: Utilize ArcGIS tools with Esri to map resource centers and measure physical access (2025-2026).
Social Norms	Establish ways of measuring social norms in Davis County by 2026. Monitor changes in these measures in the year 2030 with the hopes of seeing an increase in social norms that support mental, emotional, and social well-being, protect against abuse, and improve access to services and resources.	Data gap	Plan: Develop and conduct a survey to measure stigma and social norms using existing validated tools, measures, and frameworks adapted to fit our community needs (2025-2026).
Stigma	Establish ways of measuring various forms of stigma in Davis County by 2026. Monitor changes in these measures in the year 2030 with the goal of seeing a decrease in stigmatizing behavior, experiences, and perceptions.	Data gap	Plan: Develop and conduct a survey to measure stigma and social norms using existing validated tools, measures, and frameworks adapted to fit our community needs (2025-2026).

Date Notes: *Rate uses population estimates from 2023 since 2024 is not available yet.

Acronym Key: Utah Adult Protective Factors (APS), Utah's Indicator-Based Information System (IBIS), Utah Healthy Places Index (UT HPI)

Data Table 4: Groups with Significant Disparities in Davis County per Population Measure (CHIP 2024)

Topic	Population Measures*	Groups with Significant Disparities							
		Age	Sex	Race/ Ethnicity	Income	LGBTQ+	Military Service	Disability Status	Small Area/City
General Well-Being	Overall personal well-being score	X**			X**				
Connection	Social and emotional support	X			X	X		X	X
	Community Connection well-being score				X**				
	Social Connection Domain of well-being				X**				
Good Mental Health	Mental Health Domain of well-being	X**			X**				
Youth Protective Factors	Youth help-seeking behavior		X	X					
	Peer-individual prosocial involvement (youth)			X		X			
	Interaction with prosocial peers (youth)			X		X			
Isolation	Social isolation (adult)				X			X	
	Social isolation (youth)		X	X					
Mental Health Conditions	Poor mental health days	X	X		X	X		X	
	Depressive symptoms (youth)		X	X		X			
	Diagnosed depression	X	X		X	X		X	
Suicide	Died by suicide	X	X						
	Emergency department visits for suicide	X	X	X					X
	Recent suicide attempt (youth)			X		X			
Substance Misuse	Youth vaping			X		X			
	Emergency department visits for drug overdose	X	X	X					X
Commitment to School	Low commitment to school (youth)			X		X			
Economic Stability	Unable to pay bills (adult)							X	
	Food insecurity			X					

Date Notes: *Some measures are not included in Data Table 5 because either no disparities were found or group data was unavailable. **For at least 2 cities. For details on the data for these disparities, please contact healthstrategy@co.davis.ut.us.

Limitations

No dataset is perfect. The measures selected for this plan have limitations. There is a delay in the availability of some data, especially from state and national sources. Data from the Utah Wellbeing Project is also released every other year. It is one of the only local measures of well-being, so it has been included in this plan despite only surveying a selection of Davis County cities. Although the survey does not include all cities, those it does sample contain roughly half the county's population, including its two largest cities, Layton and Bountiful. Second, when relying on other agencies' data, there is no control over how data is collected, so changes in survey methods may prevent the comparison of data between years. If updates can be made to baseline and target values based on these methodology changes, they will be as some changes were made this year. Additional factors or events beyond the control of health improvement partners may influence the data and prevent the selected measures from showing the impact of prevention efforts, as demonstrated by the COVID-19 pandemic.

Finally, focusing on shared risk and protective factors is a shift from the prior plan's evaluation approach. It is possible that the plan's strategies may raise the community's awareness of health issues and thus increase reporting of cases, especially for violence and abuse. Therefore, measures may look worse for the first few years before eventually trending in the right direction. Additionally, some concepts are too new to have a reliable data source, and these gaps have been noted.

The measures in Data Tables 1, 2, and 3 were the best available sources at the time of this plan's creation. Better measures may become available in the future as health improvement efforts and consequently, data collection efforts, expand beyond looking at health outcomes and move upstream to impacting risk and protective factors.

Appendix

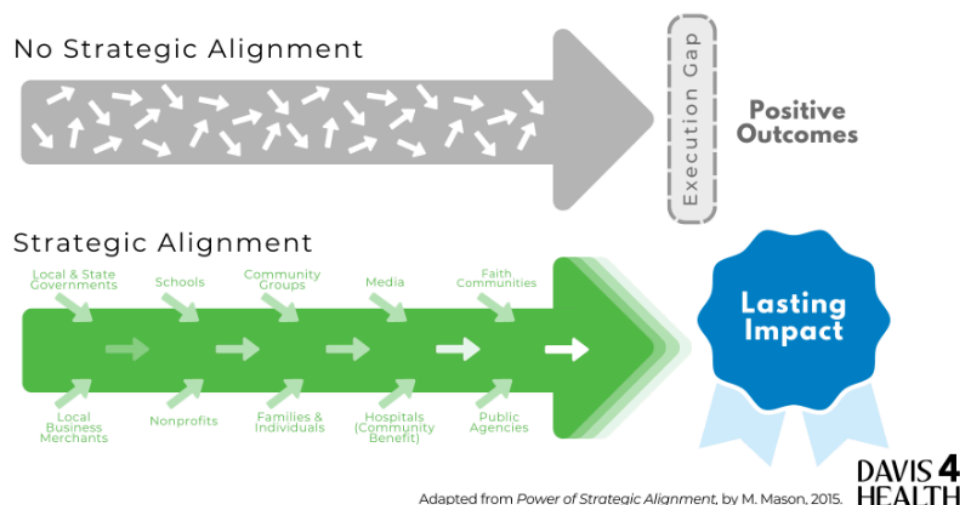
Davis4Health Mission, Vision, Values

Davis4Health is Davis County's health improvement collaboration with partners from many organizations and sectors working together to improve population health in the community.

Mission

Improve community health through the power of partnerships, collaboration, and strategic alignment around Davis County's top health priorities.

Can Davis County Use the Power of Strategic Alignment?



Vision

Shared commitment toward a culture of health.

Values

Compassion: We believe in our shared humanity and treat ourselves and others with kindness.

Hope: We approach our work with patience, perseverance, and optimism.

Humility: We commit to continuous learning with and from each other.

Integrity: We hold ourselves accountable to the community we serve and represent.

Respect: We recognize the human rights, perspectives, and experiences of others.