## Davis County Volunteer Opportunities Updated 02/21/2019

DCSS - For Ages 18 to 100
Davis County Senior Services
(801) 525-5087
www.daviscountyutah.gov/health

RSVP – For Individuals 55+
Retired and Senior Volunteer Program
(801) 525-5052 or (801) 525-5094
www.daviscountyutah.gov/rsvp

- <u>Meals on Wheels Volunteers</u> deliver midday meals and warm smiles to homebound seniors. Help needed in Kaysville, Bountiful, and Clearfield. Hours vary, 9:00-12:30 Monday-Friday. (DCSS) (RSVP)
- <u>Congregate Meal Volunteers</u> assist with serving the lunch meal provided at Senior Activity Centers in Clearfield, Kaysville, and Bountiful. Hours vary Monday Friday, Food Handlers req. (DCSS) (RSVP)
- <u>Volunteer Grandparent Reading Mentors</u> work one-on-one helping elementary school students who are struggling to improve reading & comprehension. Multiple Locations throughout Davis Co. Hours are flexible and vary. Generally 1-2 days per week, 1-2 hours per day. (RSVP)
- <u>State Health Insurance Information Program (SHIPP)/Senior Medicare Patrol (SMP) Volunteers</u> help others learn about Medicare, the enrollment process, guidelines, understanding claims/denials, & supplemental insurance as well as preventing & reporting fraud. Training provided. (DCSS) (RSVP)
- <u>Friendly Caller Volunteers</u> place bi-weekly phone calls to homebound or isolated seniors for positive social interaction, reassurance, and wellness checks. Training provided, hours flexible. **(RSVP)**
- Environmental Health Have you ever wondered what it takes to keep our water and air clean or restaurants safe to eat in? Join us as an Environmental Health Volunteer to help with various projects and duties within our bureaus that safeguard us all. (DCSS) (RSVP)
- Long-term Care Ombudsman Volunteers advocate for residents 60 + who live in long-term care and assisted living communities by monitoring care and treatment through regular facility visits. Training is provided flexible hours. (DCSS) (RSVP)
- <u>Living Well with Chronic Conditions and Living Well with Diabetes Peer Leaders</u> co-facilitate these evidence-based programs in weekly workshops throughout Davis Co. Typically, one 3-hour class (including set-up) is held each week for six weeks. Training provided. (DCSS) (RSVP)
- <u>Gratitude Letter Writing Volunteers</u> provide one or more letters or cards monthly to be forwarded to deployed military personnel and veterans. Guidelines & sample letters will be provided. **(RSVP)**
- Scarves for Troops Program Volunteers knit or crochet scarves and hats for deployed military troops and veterans in conjunction with Operation Gratitude. Handmade items are distributed as part of Operation Gratitude's "Care Packages." (RSVP)
- <u>Stepping On Fall Prevention Program Peer Leaders</u> co-facilitate this evidence-based confidence building program aimed at fall prevention. One 2 1/2-hour workshop (including set-up) is held each week for seven weeks. Various locations throughout Davis Co. Training provided. (DCSS) (RSVP)
- <u>Front Desk Receptionist</u> at Senior Activity Centers assists in answering telephones, greeting and checking-in attendees for lunch or center activities. Includes light office duties. 3 ½ 4 hour morning and afternoon shifts, Monday Friday, Clearfield, Kaysville & Bountiful Senior Centers. **(RSVP)**

- <u>Hospital Volunteers</u> at Davis and Lakeview Hospitals assist with information & referral, assist with wheeling
  patients to required tests or for discharge, staffing gift shop, delivering flowers / supplies and light office duties.
  Training provided. Hours and days vary. (RSVP)
- <u>Veteran Volunteer Recruiters</u> Davis RSVP is asking veterans who are volunteering to partner with RSVP in an
  effort to recruit other veterans for volunteer services in activities assisting seniors to continue living
  independently and school children's literacy success. (RSVP)
- Elder Abuse & Fraud Prevention Volunteer Educators assist with distributing pamphlets and information regarding abuse prevention in community settings that may include senior centers, fairs, and support groups. Training is provided. (RSVP)
- <u>Antelope Island State Park Volunteers</u> serve at the Visitor Center, Gift Shop, Garr Fielding Ranch, or on Trail Patrol helping to maintain the park. Hours vary, training provided. **(RSVP)**
- <u>Bountiful Community Food Pantry volunteers</u> help collect, sort, catalog, package, and distribute food to clients and assist with client in-take. Days and hours of volunteer commitment vary. **(RSVP)**
- <u>Eccles Wildlife Education Center Volunteers</u> serve as Welcome Hosts (morning & afternoon shifts), Assist Programs Specialist with field trip activities, and Trail Maintenance to keep nature trails at Farmington Bay in good condition. Hours & days vary. Call for more information. (RSVP)
- Operation Bundles for Babies (OB4B) Volunteers knit, crochet or sew blankets, caps, burpees, etc. for gift baskets in support of military families of the 419<sup>th</sup> Air Force & Reserves as they welcome new babies. Handmade donations are completed at your home and on your schedule. (RSVP)
- Open Doors Food Pantry Volunteers are needed to assist in greeting & in-take of clients, grocery rescue (picking up donated items from local grocery stores) and sorting and shelving food. (RSVP)
- <u>Bountiful's Summerfest International Art & Folk Festival Volunteers</u> provide a wide variety of services from hosting international performers during the festival, greeting guests, manning the hospitality booth, helping to set-up and take-down, and working security. Great short-term opportunities. Call for more information. (RSVP)
- <u>Docent/Front Desk Receptionist</u> at Bountiful Davis Art Center Volunteers greet & assist visitors, answer phones & help with light clerical duties. Flexible daytime shifts, a few hours/week (RSVP)
- <u>American Red Cross Volunteers</u> serve in Davis Co. as Blood Donor Ambassadors during mobile blood drives, Presenters to educate attendees about disaster preparation at elementary schools as well as to organizations and corporations within Davis Co. Training provided, Flexible schedules (RSVP)
- <u>Seasonal Volunteer Income Tax Assistance (VITA) Volunteers</u> assist those living in low income households to file annual income taxes. Training is provided in January. Project runs January through mid-April. One 4 hour commitment per week is required. (RSVP)
- <u>Crafters of Caps & Blankets</u> for newborn nurseries at local hospitals Volunteers knit or crochet caps and/or blankets to help celebrate and welcome newborns. Handmade donations are completed at your home and on your schedule. (RSVP)
- <u>Activities Instructors / Coordinators</u> at Davis Co. Senior Activity Centers for various classes such as exercise, crafts, stained glass, art, card making, book club, etc. Hours are flexible. **(DCSS) (RSVP)**

If you have something specific in mind that doesn't match these listings, please contact us. We may be able to develop a volunteer opportunity around your interests. (DCSS) (RSVP)