

# The Northern News

## February



**North Davis Senior Activity Center**  
 42 South State Street,  
 Clearfield, UT 84015  
 801-525-5080  
[northdavis@daviscountyutah.gov](mailto:northdavis@daviscountyutah.gov)  
[www.daviscountyutah.gov/seniors](http://www.daviscountyutah.gov/seniors)

**Center Hours**  
 Monday – Friday  
 8:00 am to 5:00 pm  
**Center Transportation**  
 Monday – Friday

**LUNCH**  
**Suggested Contribution:**  
 ➔ 60 & over \$3.00  
 ➔ Under 60 is \$6.00  
 Served Monday – Friday  
 at 11:30 am

**Reservations needed at least three days in advance**

**Center Staff**  
 Debbie Draper  
 Bureau Manager

**Tiffany Forsgren**  
 Activities Coordinator

**Wendy Cypert**  
 Nutrition Coordinator  
 Lorie Rhew  
 Food Service Worker

**Hilda Rayl**  
 Paul Rosas  
 Center Bus Drivers

**Ann Workman**  
 Johnny Brown  
 Neal Bernson  
 Medical Transportation



North Davis Senior Center will no longer be having a Food Bank day. If you are in need of food, you can go to the following locations below. You can also sign up for the Commodity Supplemental Food Program. You can get an application online at [www.utahfoodbank.org/CSFP](http://www.utahfoodbank.org/CSFP), or come in to the Senior Center to get one. Please call us or come in and see a staff member if you need more help.

**Family Connection Center**  
 875 E Hwy 193  
 Layton ~ 801-771-4642

**Fish-n-Loaves**  
 1332 N Hill Field Rd  
 Layton ~ 801-544-2426

**Bountiful Food Pantry**  
 480 E 150 N  
 Bountiful ~ 801-299-8464

**Layton Food Bank Mobile**  
 Layton Baptist Church  
 1322 N Hill Field Rd  
 Layton ~ (Held every 3rd Friday between 10am-11am)

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**THE UNCH BUNCH**  
 Monday, February 25th  
 Leave at 11:00

# February

Alternate Meal	Monday	Tuesday	Wednesday	Thursday	Friday
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Carbs	Carbs	Carbs	Carbs	Carbs	Carbs
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4 Chicken Parmesan Spaghetti/marinara Cucumber Salad Green Beans Wheat Roll Baked Spiced Apples Milk	5 Chili Broccoli Tossed Salad Cornbread Jello/fruit Milk	6 Meatloaf Mash Potatoes/gravy Mixed Veggies Mandarin Oranges Wheat Roll Milk	7 Sweet Sr Meatballs Brown Rice Oriental Veggies Tossed Salad Wheat Roll Fruit Milk	8 Chicken Tenders Potatoes O'brien Squash Carrot Raisin Salad Wheat Roll Fruit Milk	1 Pork Loin Mashed Potatoes/gravy Beets Tossed Salad Wheat Roll Mandarin oranges Milk
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11 Shepherd's Pie Tossed Salad Wheat Roll Apple Cobbler Milk	12 Baked Chicken Mash Potatoes/gravy Mixed veggies Wheat Roll Jello/fruit Milk	13 Hamburger Cottage Fried Potatoes Coleslaw lettuce/tomato/pickle Apple Crisp Milk	14 <i>Special Valentine's Day Lunch</i>	15 Lemon Pepper Cod Peas Coleslaw Rice Pilaf Fruit Dinner roll Milk	16 0 12 10 23 14 27 12
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19 Meat Lasagna Carrots Tossed Salad Pears Garlic Dinner Roll Cookie Milk	20 Breakfast Casserole Mixed Fruit Hash browns Coffee cake Milk	21 Roast Beef Mash Potatoes/gravy Carrots Caesar Salad Wheat Roll Jello/fruit Milk	22 Spaghetti/Meatballs Tossed Salad Green Beans Garlic Dinner Roll Pears Milk	46 7 4 28 40 20 12	36 4 7 40 28 12
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25 Teriyaki Chicken Brown Rice Carrot & raisin salad Mixed veggies Wheat Roll Mandarin Oranges Milk	26 Beef Stroganoff Tossed Salad Peas Fruit Wheat Roll Iced Cake Milk	27 Turkey Breast Mash Potatoes/gravy Green Beans Wheat Roll Jello/fruit Milk	28 Tacos Refried Beans Corn Peaches milk	6 21 9 5 28 12 12	44 22 19 19 12
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North Davis 801-525-5080 **Menu subject to change at anytime!**  
**SUGGESTED CONTRIBUTION:** \$3.00 for those 60 & over - For those 59 & below: Set price of \$6.00. Please call for lunch reservations at least **3 days** in advance.  
 (Weekends & Holidays don't count)

