The Northern News

MARCH

North Davis
Senior Activity Center
42 South State Street,
Clearfield, UT 84015
801-525-5080
northdavis@daviscountyutah.gov
www.daviscountyutah.gov/seniors

Center Hours
Monday – Friday
8:00 am to 5:00 pm
Center Transportation
Monday – Friday

LUNCH
Suggested Contribution:
⇒ **60 & over $3.00**
⇒ **Under 60 is $6.00**
Served Monday – Friday
at 11:30 am

Reservations needed at least three days in advance

Center Staff
Debbie Draper
Bureau Manager

Tiffany Forsgren
Activities Coordinator

Wendy Cypert
Nutrition Coordinator
Lorie Rhew
Food Service Worker

Hilda Rayl
Paul Rosas
Center Bus Drivers

Ann Workman
Johnny Brown
Neal Bernson
Medical Transportation

FYI For Your Information

North Davis Senior Center will no longer be having a Food Bank day. If you are in need of food, you can go to the following locations below. You can also sign up for the Commodity Supplemental Food Program. You can get an application online at www.utahfoodbank.org/CSFP, or come in to the Senior Center to get one. Please call us or come in and see a staff member if you need more help.

Family Connection Center
875 E Hwy 193
Layton ~ 801-771-4642

Fish-n-Loaves
1332 N Hill Field Rd
Layton ~ 801-544-2426

Bountiful Food Pantry
480 E 150 N
Bountiful ~ 801-299-8464

Layton Food Bank Mobile
Layton Baptist Church
1322 N Hill Field Rd
Layton ~ (Held every 3rd Friday between 10am-11am)

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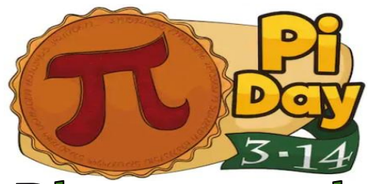

Please make reservations!

PI DAY LUNCHEON MARCH 14TH @ 11:30 A.M.

Alternate Meal	Monday	Carbs	Tuesday	Carbs	Wednesday	Carbs	Thursday	Carbs	Friday	Carbs
This meal is only available to congregate participants	4 Meat Lasagna Carrots Tossed Salad Pears Garlic Dinner Roll Cookie Milk	46 7 4 28 40 20 12	5 Baked Chicken Mash Potatoes/gravy Mixed veggies Wheat ROll Jello/fruit Milk	2 21 12 28 8 12	6 Lemon Pepper Cod Peas Coleslaw Rice Pilaf Fruit Dinner Roll Milk	9 21 12 28 8 12	7 Chicken Tenders Potatoes O'brien Squash Tossed Salad Wheat Roll Fruit Milk	0 12 10 23 14 27 12	8 Sweet Sr Meatballs Brown Rice Oriental Veggies Tossed Salad Wheat Roll Fruit Milk	13 16 16 4 28 19 12	1 Beef Stew Tossed Salad Biscuit Peaches Milk	30 4 24 19 12
Tuna Salad Sandwich										
Turkey and Swiss Wrap										
Cottage Cheese and Tomato	11 Chili Broccoli Tossed Salad Cornbread Jello/fruit Milk	16 4 4 29 7 12	12 Chicken Parmesan Spaghetti Tossed Salad Green beans Wheat Roll Baked Spiced Apples Milk	15 12 4 7 28 27 12	13 Hamburger Cottage Fried Potatoes Coleslaw lettuce/tomato/pickle Apple Crisp Milk	34 4 7 40 28 12	14 **Special Pi-Day Luncheon Please make reservations!**	16 19 9 36 12	15 Spaghetti/Meatballs Tossed Salad Green Beans Garlic Dinner Roll Pears Milk	15 4 7 40 28 12
Chef Salad	18 Roast Beef Mash Potatoes/gravy Carrots Caesar Salad Wheat Roll Jello/fruit Milk	<1 17 7 24 28 8 12	19 Tacos Refried Beans Corn Peaches milk	44 22 19 19 12	20 BBQ Chicken Sandwich Potato Salad Green beans Boston Baked Beans Southern Apple Cake Milk	22 12 19 43 12			22 Breakfast Casserole Mixed Fruit Hash Browns Coffee cake Milk	15 31 19 5 28 12
Roast Beef and Cheese Sandwich	25 Chef Salad Fruit Pickled Beets Wheat Roll Cookie Milk	7 35 13 28 20 12	26 Hot Beef Mash Potato/gravy Broccoli Wheat Roll Carrot Cake Milk	0 18 4 28 48 12	27 Chicken Cordon Bleu Tossed Salad Peas/Carrots Biscuit Peaches Milk	6 21 9 5 28 12			29 Teriyaki Chicken Brown Rice Carrot & raisin salad Mixed veggies Wheat Roll Mandarin Oranges Milk	6 21 9 5 28 12
Turkey and Swiss Wrap	4 Meat Lasagna Carrots Tossed Salad Pears Garlic Dinner Roll Cookie Milk	46 7 4 28 40 20 12	5 Baked Chicken Mash Potatoes/gravy Mixed veggies Wheat ROll Jello/fruit Milk	2 21 12 28 8 12	6 Lemon Pepper Cod Peas Coleslaw Rice Pilaf Fruit Dinner Roll Milk	9 21 12 28 8 12	7 Chicken Tenders Potatoes O'brien Squash Tossed Salad Wheat Roll Fruit Milk	0 12 10 23 14 27 12	8 Sweet Sr Meatballs Brown Rice Oriental Veggies Tossed Salad Wheat Roll Fruit Milk	13 16 16 4 28 19 12	1 Beef Stew Tossed Salad Biscuit Peaches Milk	30 4 24 19 12

North Davis 801-525-5080 **Menu subject to change at anytime!**
SUGGESTED CONTRIBUTION: $3.00 for those 60 & over - For those 59 & below: Set price of $6.00. Please call for lunch reservations at least **3 days** in advance. (Weekends & Holidays don't count)

Davis COUNTY Connects.You.