

# J U N E

## South Davis Senior Activities Center

726 S 100 E Bountiful 801-451-3660

Monday	Tuesday	Wednesday	Thursday	Friday
<b>8:00 am</b> <b>EnhanceFitness</b> <b>9:00 am Sit N Fit</b> <b>9:00 Stained Glass</b> <b>9:00 Pencil Drawing</b> <b>9:30 Line Dancing</b> <b>1:00pm Bridge</b> <b>2:00 Tap Dancing</b>	<b>9:00 am Sit N Fit</b> <b>12:45 pm Bingo</b> <b>1:00 Pinochle</b> <b>1:00 pm Oil Panting</b>	<b>8:00 am</b> <b>EnhanceFitness</b> <b>9:00 am Sit N Fit</b> <b>9:00 Stained Glass</b> <b>9:30 Line Dancing</b> <b>11:00 Tai Chi for Arthritis</b> <b>12:30 pm Grocery Shopping</b> <b>1:00 Hand and Foot</b> <b>2:00 Tap Dancing</b>	<b>8:00 am Gentle Yoga</b> <b>w/Chair Options</b> <b>9:00 am Sit N Fit</b> <b>9:30 Crochet</b> <b>11:00 Tai Chi for Arthritis</b> <b>12:45 pm Bingo</b> <b>1:00 Bridge</b>	<b>8:00 am</b> <b>EnhanceFitness</b> <b>9:00 am Sit N Fit</b> <b>9:00 Stained Glass</b> <b>9:00 Water Color</b> <b>9:30 Line Dancing</b> <b>9:45 Tai Chi</b>

# Billiards

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# Cards

**Full size Tables**  
**Mon-Fri 8am-5pm**  
 See schedule for cards

