

THE NORTHERN NEWS

2018

ROAD TRIPS!!!



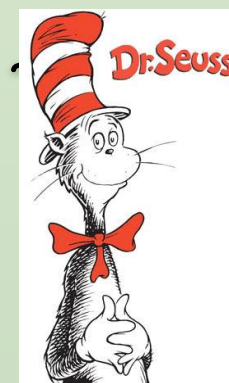
Larry's Spring Chicken Inn

March 12, 2018
Bus leaves at 11 am



The Rusted Spoon

March 28, 2018
Bus leaves at 10:30



Let's Celebrate Dr. Seuss!!
March 2, 2018
11:00 am
Make your reservation NOW!!

North Davis Senior Activity Center
42 South State Street,
Clearfield, UT 84015
801-525-5080

northdavis@daviscountyutah.gov

Center Hours
Monday – Friday
8:00 am to 5:00 pm
Center Transportation
Monday – Friday

LUNCH
Suggested Contribution:
\$3.00
\$6.00 under 60
Served Monday – Friday
11:30 am
Reservations needed at
least three days in
advance

Center Staff
Debbie Draper
Bureau Manager

Tiffany Forsgren
Office Specialist II

Wendy Cypert
Nutrition Coordinator
Lorie Rhew
Kitchen Supervisor

Hilda Rayl
Paul Rosas
Center Bus Drivers

Ann Workman
Johnny Brown
Neal Bernson
Medical Transportation

MARCH

© Can Stock Photo

Alternate Meal	Monday	Carbs	Tuesday	Carbs	Wednesday	Carbs	Thursday	Carbs	Friday	Carbs
Alternate Meal This meal is only available to non-participants Cottage Cheese In tomato	5 Soft Tacos	44	6 BBQ Chicken Sandwich	44	Port Loin Rice/gravy	1	1 Turkey Breast	3	2 Beef Patty	0
Roast Beef sandwich	Refried Beans Corn Peaches Milk	17 18 19 12	Potato Salad Baked Beans Fruit Milk	20 26 20 12	Beets Tossed Salad Mandarin Oranges Wheat Roll Milk	25 9 3 12 12	Mashed Potatoes/gravy Green beans Jello w/fruit Wheat roll Milk	22 7 7 28 12	Mashed Potatoes/gravy Broccoli Apple Cobbler Wheat Roll Milk	3 7 7 28 12
Cobb Salad	12 Hot Beef Sandwich	24	13 Chili Beets	33	14 Sweet/Sour Meatballs	12	15 Chicken Tenders O'Brien potatoes Squash	13 16 13	16 Veggie Lasagna Carrots Tossed Salad	75 7 3
Tuna sandwich	Mashed potatoes/gravy Carrots Tossed Salad Jello/fruit Milk	22 10 3 8 12	Tossed Salad/dressing Cornbread Jello/fruit Milk	3 28 8 12	Oriental veggies Tossed Salad Brown Rice Wheat Roll Milk Fruit	5 3 21 28 12 13	8 Baked Chicken Rice Pilaf 3 Bean Salad Mixed Veggies Wheat roll Baked apples Milk	5 22 17 12 28 27 12	9 French Toast Scrambled Eggs Potatoes O'Brien Fruit Salad Milk	31 6 16 47 12
Ham & Cheese Wrap	19 Baked Chicken Mashed Potatoes/gravy Mixed veggies Jello/fruit Milk Roll	<1 22 12 8 12 28	20 Hamburger Cottage Fried Potatoes Coleslaw Milk Apple Crisp	16 21 7 12 36	21 Chicken Parmesan Spaghetti/marinara Tossed Salad Green Beans Wheat Roll Baked apples Milk	15 12 3 7 28 27 12	22 meatloaf Mashed potatoes/gravy Mixed veggies Wheat roll Cookie Milk	3 21 12 28 20 12	9 Egg Casserole Mixed Fruit Hash browns Wheat roll Coffee cake Milk	26 31 19 28 43 12

North Davis 801-525-5080 **Menu subject to change at anytime!**
SUGGESTED CONTRIBUTION: \$3.00 and \$6.00 for those under 60 years of
age. Please call for lunch reservations at least **3 days** in advance.
(Weekends & Holidays don't count)

