

Alternate Meal	Monday	Carbs	Tuesday	Carbs	Wednesday	Carbs	Thursday	Carbs	Friday	Carbs
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# APRIL



Turkey Wrap 	3) Beef Soft Taco Green Beans Carrots Fruit Milk	41 6 7 19 11	4) Breaded Fish Rice Pilaf Cuke & Tomato Salad Corn Fresh Fruit Milk	23 22 7 17 22 11	5) Chicken Caesar Salad Roll Veggies Watermelon Dessert Bar Milk	12 22 6 13 27 11	6) Hamburger Oven Browned Potatoes Zucchini Fresh Fruit Milk  <b>Waffle Day 9:15</b> 	28 23 3 19 11	7) Chicken Parmesan/penne Roast Cauliflower Mixed Veggies Roll Fresh Fruit Pudding Milk	44 4 5 22 18 22 11
	10) Beef/Cheese Quesadilla Corn Broccoli/red pepper Fruit Milk  	32 17 6 14 11	11) Pork Loin Mash Potatoes/gravy Coleslaw Zucchini Fresh Fruit Frosted Bar Milk	0 28 11 3 22 39 11	12) Meatball Sandwich Green beans Green Salad Fresh Fruit Cookie Milk  	46 6 2 19 16 11	13) Chicken Tenders Oven Browned Potatoes Mixed Veggies Cantaloupe Dessert Bar Milk	16 23 10 11 27 11	14) Chicken Chef Salad Roll Fresh Fruit Milk  	9 22 19 11
Southwest Salad 	17) Breaded Chicken Mash Potato/gravy Fresh Veggies Green Beans Fruit Milk	14 28 6 6 21 11	18) BBQ Pork Sand. Oven Brown Potatoes Coleslaw Fresh Fruit Cookie Milk	54 23 9 16 22 11	19) Buffalo Chicken Salad Roll Watermelon Dessert Bar Milk	10 22 13 27 11	20) Lasagna Casserole Carrots Zucchini Fruit Milk	36 22 7 3 14 11	21) Beef/Broccoli Fluffy Rice Mixed Veggies Green Salad Roll Fresh Fruit Milk	6 30 5 2 22 22 11
Chicken Chef Salad	24) Enchilada Pie Spanish Rice Corn Zucchini Fruit Milk	22 24 17 3 21 11	25) Southwest Salad Roll Fresh Veggies Cantaloupe Dessert Bar Milk  	19 22 6 11 27 11	26) Pork Loin Mashed potato/gravy Ranch pasta salad Green Beans Fresh Fruit Cookie Milk	0 25 21 6 22 16 11	27) Chili Dog Potato Salad Fresh Broccoli Fresh Fruit Milk  	38 25 5 22 11	28) Breaded Chicken Sandwich Sliced Beets Oven Brown Potato Fresh Fruit Milk	42 4 23 19 11

\*\*This menu is subject to change at any time based on product availability\*\*