

Community Health Improvement Plan 2025 Progress Report

Priority 1: Improving mental, emotional, and social well-being

Priority 2: Improving access to resources and services



Celebrating 12 Years
of Working Together

DAVIS⁴
HEALTH

 **Davis**
COUNTY
HEALTH DEPARTMENT

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About This Report

Davis County has a strong tradition of collectively working together with community partners to accomplish greater outcomes than could be achieved through a single agency working alone. The [2024-2028 Davis4Health Community Health Improvement Plan \(CHIP\)](#) is the third iteration of a common agenda used by Davis County community members and partners to guide activities and resources for creating a healthier community. By working together, public health partners, community leaders, and community members can create a healthy place to live, learn, work, play, worship, and rest.

An annual progress report is prepared to document partners' cumulative efforts to implement the CHIP. This 2025 Davis4Health CHIP Progress Report describes community efforts to strengthen protective factors by improving mental, emotional, and social well-being, and improving access to resources and services.

Many organizations have accepted responsibility for goals in the CHIP. All have a stake in creating a healthier community, and no agency can address complex societal issues alone. This progress report documents many of those efforts. Not all agencies reported progress. This report is not able to represent all the good work happening related to CHIP priorities. Any organization is invited to submit progress to be included in the annual reports.

This report was released on February 24, 2026. It can be accessed on the [Davis County Health Department Reports & Assessments webpage](#). Questions about this report can be directed to: Davis County Health Department, Health Strategy Bureau, 801-525-5212, healthstrategy@daviscountyutah.gov.

Davis4Health

About Davis4Health

Davis4Health is Davis County’s health improvement collaborative with partners from many organizations and sectors working together to improve population health in the community. The collaboration was formalized in 2012. Davis County Health Department currently serves as the backbone organization of Davis4Health, providing ongoing support to maintain organizational infrastructure and sustain momentum for moving Davis4Health forward. More than 180 individuals from many [organizations](#) are involved and contribute staff time, facilitation and leadership, expertise, volunteers, guidance and decision-making, advocacy, data, community connections, and in-kind donations.

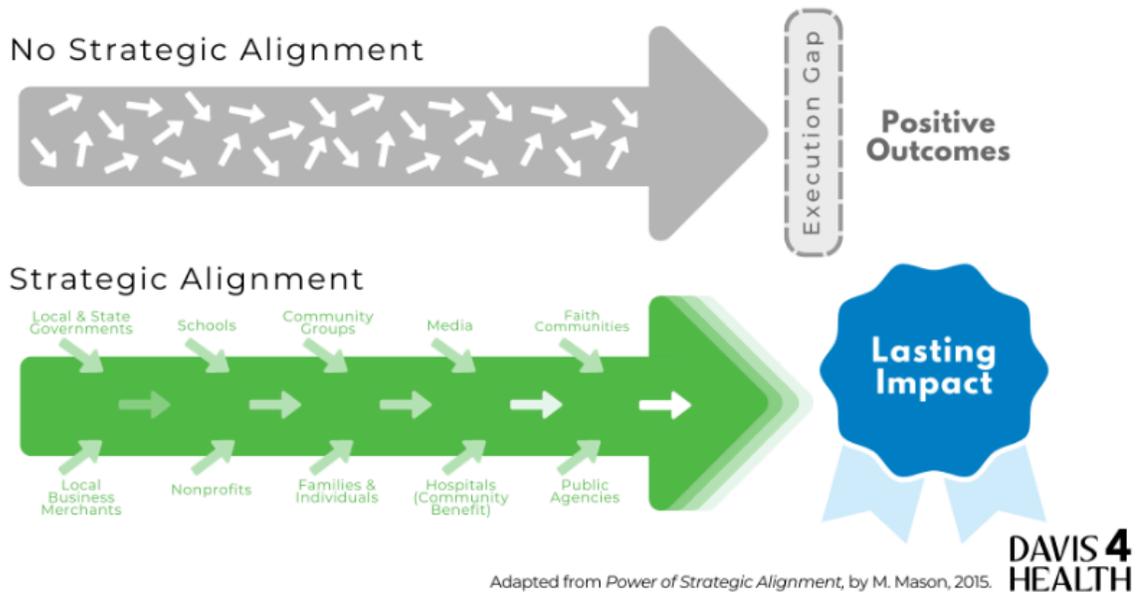
Davis4Health uses the [County Health Rankings & Roadmaps Take Action Cycle](#) as a model to guide community health improvement processes. It provides steps and a path to keep partners moving from data to action. The five steps are:

1. Assess needs and resources
2. Focus on what’s important
3. Choose effective policies and programs
4. Act on what’s important
5. Evaluate actions



Davis4Health promotes strategic alignment among agencies to positively impact health outcomes (refer to image on next page).

Can Davis County Use the Power of Strategic Alignment?



Davis4Health Mission, Vision, Values

Mission

Improve community health through the power of partnerships, collaboration, and strategic alignment around Davis County's top health priorities.

Vision

Shared commitment toward a culture of health.

Values

Compassion: We believe in our shared humanity and treat ourselves and others with kindness.

Hope: We approach our work with patience, perseverance, and optimism.

Humility: We commit to continuous learning with and from each other.

Integrity: We hold ourselves accountable to the community we serve and represent.

Respect: We recognize the human rights, perspectives, and experiences of others.

Community Health Improvement Plan

The [2024-2028 Davis4Health Community Health Improvement Plan \(CHIP\)](#) is a five-year strategic plan used to guide community health improvement efforts in Davis County. The CHIP priorities chosen by community partners to work on together are to strengthen protective factors by:

1. Improving mental, emotional, and social well-being
2. Improving access to resources and services

The CHIP motto is: Connection is the key. Resilience is the outcome. Six workgroups and community coalitions have primary responsibility for implementing the three workplans and monitoring progress and outcomes. This plan is the third iteration of a common agenda used by Davis County community members and partners to guide activities and resources for creating a healthier community. The complete plan can be found online at chip.davis4health.org.



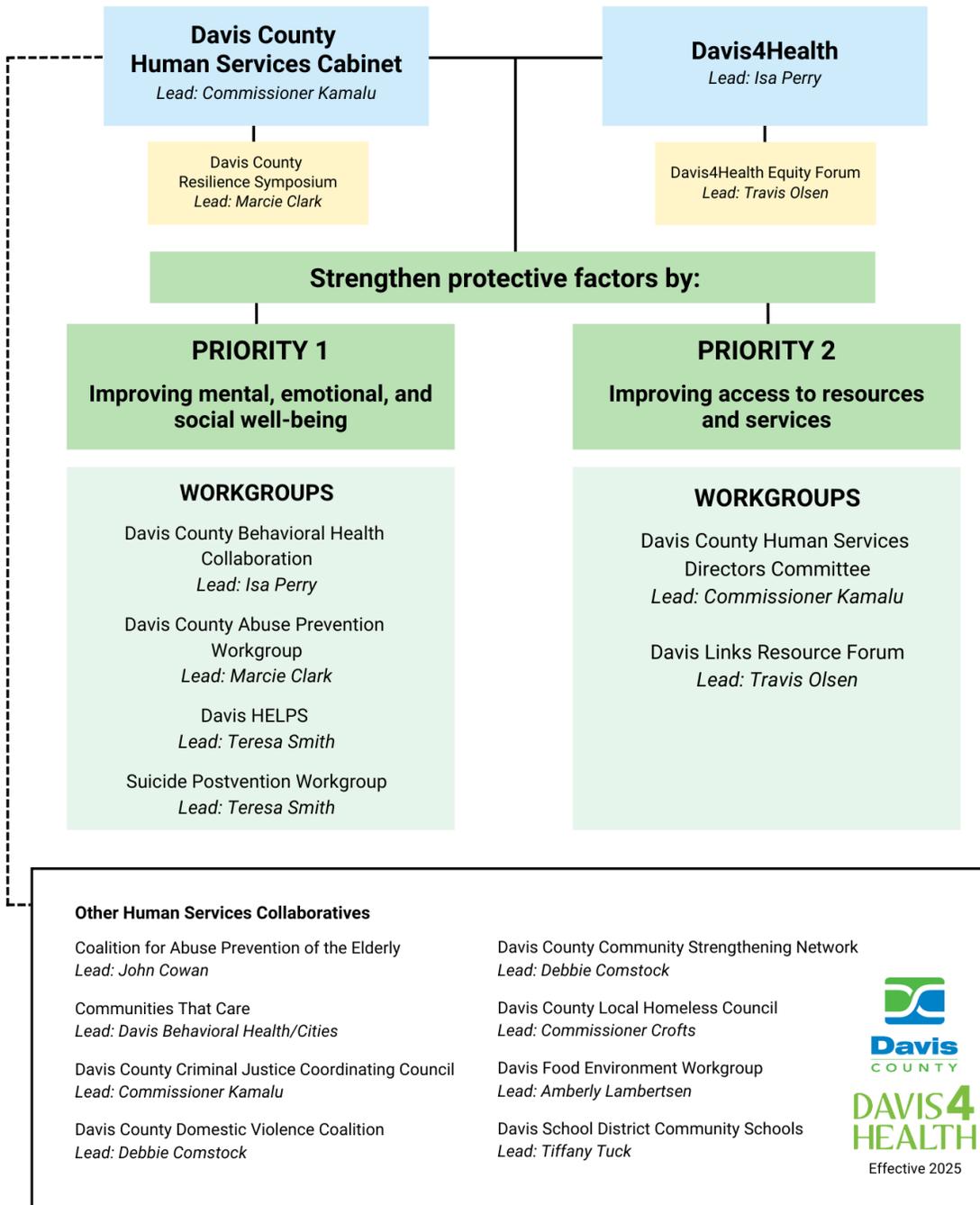
Steering Committee

The Davis4Health Steering Committee meets every six months. The group provides guidance for community health improvement efforts such as the Davis4Health Community Health Assessment (CHA) and Community Health Improvement Plan (CHIP). Community partners are invited to participate because of their work on community needs and resource assessments; access to data; work to address disparities and equity; ability to represent underserved and underrepresented community members, and/or participation in community health improvement efforts. The group began meeting biannually in 2016.

Annual Celebration

Each year Davis4Health hosts an annual celebration, an opportunity to recognize partner progress, accomplishments, and successes. It includes providing copies of this progress report.

Davis County Human Services & Davis4Health Priorities



Priority 1: Improving Mental, Emotional, and Social Well-being

For Priority 1, there are two plans: 1) Strengthening supports for mental, emotional, and social well-being and 2) Preventing abuse. The two plans in Priority 1 are complementary, yet distinct. Both plans are recognized as being essential for addressing root causes of poor health outcomes and impacting social norms to improve well-being in Davis County.

Plan 1: Strengthening Supports For Mental, Emotional, And Social Well-Being

Vision: Davis County is a community where all people are supported in their mental, emotional, and social well-being.

The progress described here focuses on strategies to address root causes, create societal change, and strengthen supports associated with mental, emotional, and social well-being.

Workgroups

Primary responsibility to implement Plan 1 is shared by three Community Health Improvement Plan (CHIP) collaborations and multiple community partners. The three collaborations responsible for this action plan are Davis HELPS, Suicide Postvention Workgroup, and Davis County Behavioral Health Collaboration.

Davis HELPS

Davis HELPS (refer to image on next page) is the lead coalition in Davis County working on suicide prevention and the coordination of general prevention efforts. The coalition has been meeting monthly since 2008 and began focusing on suicide prevention in 2013.



Davis HELPS members represent the following agencies:

- Communities That Care
- Continue Mission
- Davis Behavioral Health
- Davis County Domestic Violence Coalition
- Davis County Health Department
- Davis County Sheriff's Office
- Davis School District
- Davis Technical College
- Department of Workforce Services
- GRANDfamilies
- Grandview for Good
- Head Start
- Health Choice Utah
- Hill Air Force Base
- Intermountain Health
- Juvenile Court
- Layton Community Action Council
- Parents as Teachers
- MountainStar Healthcare
- Hope Hero Foundation
- NUAMES
- NUHOPE
- Safe Harbor
- The Church of Jesus Christ of Latter-day Saints
- Utah State University Extension
- Utah Health Policy Project
- Veterans Affairs
- Wiki Charities

Suicide Postvention Workgroup

Suicide postvention is an organized, coordinated response after a suicide death occurs to support affected individuals with the goal of preventing and alleviating additional negative outcomes. The workgroup (refer to image below) meets quarterly and addresses gaps in coordinated postvention by increasing collaboration, aligning resources, and creating a community suicide postvention plan.



The Suicide Postvention Workgroup was formed in 2023 and includes the following partners:

- Aaron's Mortuary
- Adult Probation & Parole
- Centerville Police Department
- Communities that Care
- Davis Behavioral Health
- Davis County Health Department
- Davis County Sheriff's Office
- Davis School District
- Davis Technical College
- Grandview for Good
- First Responders First
- Hill Air Force Base
- Holy Cross Hospital - Davis
- Intermountain Layton Hospital
- Layton City Fire
- Lindquist Mortuary
- Hope Hero Foundation
- NUAMES
- NUHOPE
- The Church of Jesus Christ of Latter-day Saints
- Utah State University Extension
- Veteran Affairs
- West Bountiful Police Department
- Woods Cross City

Davis County Behavioral Health Collaboration

The intent of the Davis County Behavioral Health Collaboration (refer to image below) is to bring service providers, community-based organizations, and other interested partners together to work on improving access to behavioral health services in Davis County. Davis County Health Department and Davis Behavioral Health provide administrative support to the group.



The group started in 2013 and includes members from the following agencies:

- CommonSpirit & Holy Cross Hospital - Davis
- Davis Behavioral Health
- Davis County Health Department
- Davis School District
- Family Counseling Service of Northern Utah
- Grandview for Good
- Head Start
- Hope Center
- Intermountain Health
- Midtown Community Health Center
- MountainStar Healthcare & Lakeview Hospital
- Open Doors
- Sol Recovery Community
- Turning Point Centers
- Utah State University Extension

Strategies

Strategy 1: Increase social connection in communities where we live, learn, work, play, worship, and rest

Social connection goes beyond an individual’s relationships and interactions with family, friends, colleagues, and neighbors. A person’s level of connection with others and their community is not simply determined by the number of close relationships they have, but also informed by their neighborhood, school, workplace, and online environments. Social connection is a critical and underappreciated contributor to individual and population health, community safety, resilience, and prosperity.

Strategy 1: Increase social connection in communities where we live, learn, work, play, worship, and rest			
Goals	Objectives	Time Target	Status
1A. Identify emerging evidence-based strategies to improve social connection	Review & document evidence-based programs, policies & strategies to address social connection	2026	On Track
1B. Implement programs & strategies to increase social connection among community members & partners	Encourage community members to engage in programs, policies & activities	2030	Ongoing
	Encourage agencies to involve community members in decision-making	2030	Ongoing
	Develop youth leaders as prevention advocates	2030	Ongoing
	Coordinate with Community Schools to strengthen community connections & partnerships	2030	Ongoing

1A. Identify Emerging Evidence-Based Strategies To Improve Social Connection

Local Training

The [May Davis Links Resource Forum](#) topic was Recipes for Connection. Presenters shared data, resources, and services to improve social connection. There were 42 people who attended.

State Initiatives

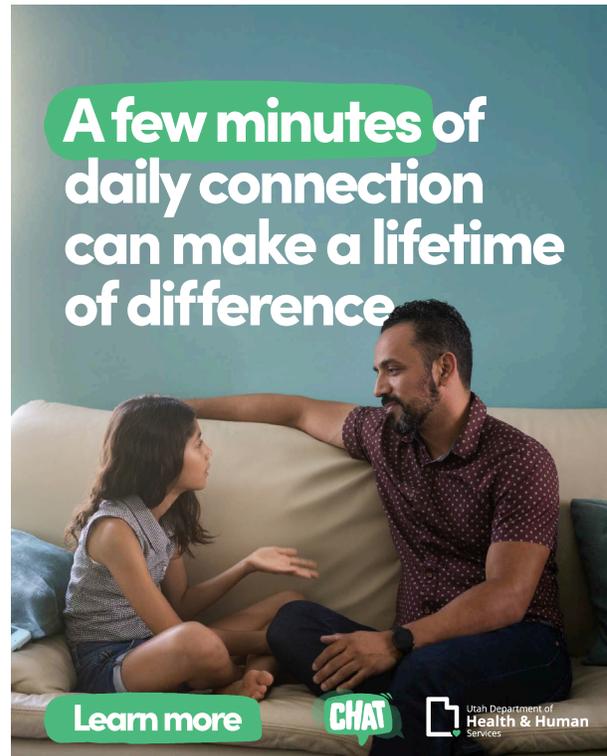
CHAT: Family Connection for Healthy Futures

The Utah Department of Health and Human Services (DHHS) launched the CHAT: Family Connection for Healthy Futures webpage and social media posts to help parents strengthen communication, build trust, and create the kind of family relationships that lead to healthy futures.

- The webpage can be found at dhhs.utah.gov/chat/.

Utah Health Improvement Plan (UHIP) Deepening Our Knowledge Workgroup

A Davis County representative participates in the Utah Health Improvement Plan (UHIP) Deepening Our Knowledge workgroup. They heard presentations about state and national connection initiatives taking place, identified and defined key terms and common language related to social connectedness, and received encouragement to reach outward and make meaningful, real connections instead of retreating inward during difficult times.



State and National Resources

- [Emotional Wellbeing](#), Intermountain Health
- [Strong Families](#), Utah Department of Health and Human Services
- [Social Connection in America](#) outlines a plan for a 25-year study, including 12 population measures, sponsored by the Barnes Family Foundation
- The Foundation for Social Connection released a roadmap and compiled other resources found at social-connection.org
- [Improving Social Connectedness](#), CDC

1B. Implement Programs & Strategies To Increase Social Connection Among Community Members & Partners

Walking Program

There were 128 individuals who participated in Davis County Health Department’s walking program promoting healthy habits and social connection during Mental Health Month in May.

Seniors

The *Retired and Senior Volunteer Program (RSVP)* launched the “I Will For 9/11 Day” social media campaign, encouraging the community to support older adults through volunteerism. Each day, individuals were inspired to make a positive impact in the lives of seniors throughout the community.

Veterans & Military Members

The [June Davis Links Resource Forum](#) topic was Fostering Inclusive Communities for Veterans and Military Families. There were 56 people who attended.

Early Childhood Programs

Davis Community Learning Center provided 20 families with early childhood education and support through Baby & You, a 9-week program for caregivers of children ages 0–3.

Davis Head Start and Early Head Start serve over 500 preschool children. In addition to promoting school readiness, the program fosters social connection, builds resilience, and equips families with the skills to navigate life’s challenges with confidence and hope through relationship-based practices, individualized family partnerships, parent education, and inclusive leadership opportunities.



Communities That Care Coalitions

There are four Communities that Care (CTC) Coalitions throughout Davis County.

North Davis CTC includes representation from Clearfield, Syracuse, Clinton, Sunset, and West Point cities. The coalition participated in local events, trained youth and adults on social norms, provided mini-grants for youth groups to address risk and protective factors, and launched a Spanish-speaking Community Outreach Workgroup.

→ [North Davis 2025 Highlights](#)



Layton CTC co-hosted Prevention Week's free family dinner night for the community and participated in community events that promote social connection, including a partnership with myHometown Layton, elementary school resource nights, Walk of Hope suicide prevention walk, Fire Station open house, and Night of Hope (NUAMES).

→ [Layton CTC Year in Review](#)



Central 3 CTC includes representation from Farmington, Kaysville, and Fruit Heights. They hosted two events fostering fun for families in the area, co-hosted Prevention Week's free family dinner night for the community, and participated in community events that promote social connection, including Lagoon Parents Empowered Campaign Kick-off, Kaysville Scarecrow Walk, and La Guelaguetza celebrations.

→ [Central 3 CTC End of Year Video](#)



South Davis CTC includes representation from North Salt Lake, Woods Cross, Bountiful, West Bountiful, and Centerville. They co-hosted Prevention Week's free family dinner night for the community, participated in community events that promote social connection, including Handcart Days events and parade.

→ [South Davis 2025 Annual Report](#)



myHometown Layton

The newly implemented myHometown Layton initiative is a community-driven program aimed at revitalizing neighborhoods by fostering collaboration among residents, local governments, faith-based organizations, nonprofits, businesses, and volunteers.

- Days of Service: September 13 and November 1
- 1,575 day of service hours contributed by volunteers

More details about myHometown Layton can be found on page 67.

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“The myHometown Layton Initiative plays a vital role in bringing the community together by providing support for projects that some of the residents do not have the ability or resources to accomplish on their own. Through neighbors helping neighbors, this initiative strengthens community pride while improving and beautifying our city.”

Mayor Joy Petro, Layton City

”



Youth Leadership

Born to Succeed Youth Summit, hosted by North Davis CTC, focused on social connection, leadership, mental wellness, substance misuse awareness, and life skills. 93 youth attended.

Davis County 4-H enrolled 317 youth in programs including teen leadership, horse and livestock, rocketry, and art clubs.

Davis County Youth Council (DCYC) utilized Davis County SHARP data, CHIP priorities, and other student concerns to select two priorities for 2025. 1) Healthy relationships, including bullying, inclusion, and antisocial behavior, and 2) Low commitment to school, including drug and substance use, mental health, and education. These priorities were promoted by 21 youth at 6 events.

Hope Hero Foundation Ambassadors are teens and young adults who teach skills of confidence, connection, communication, and courage. They build resilience, mindset, and life skills to help peers navigate growing up in today's world. The [ambassadors' impact](#) includes:

- 500+ service hours
- 10,000+ people reached through direct mental health conversations
- 200%+ growth in youth-led advocacy opportunities
- 65+ organizational connections supporting youth mental health

Proactively Preventing Teen Suicide
Through Resilience and Empowerment



Equipping youth with the **tools**
to become **heroes** of their own stories.

[Apply To Be An Ambassador](#)

HOPE Squads are a peer-to-peer support program that aims to harness connection and reduce the risk of suicide among youth.

- 52 elementary and 28 secondary Davis County schools have HOPE Squads
- Annual conference held in March

Project Illumination is a free community event that focuses on what individuals can do daily to support and improve their mental health and well-being.

- Over 4,500 attendees
- 18 activity booths led by local youth organizations
- 16 community resource booths

→ [Project Illumination webpage](#)

→ [2025 Impact Report](#)

→ [2025 Recap Video](#)



Community Schools Program, Davis School District

Community Schools are public schools that partner with families and community organizations to provide well-rounded educational opportunities and support for students' school success. The four pillars are: Integrated Student Supports, Expanded and Enriched Learning Time, Family and Community Engagement, and Collaborative Leadership. Highlights include:

Community Nights

- 4 events held at North Davis Junior High, Northridge High (Ridge City Night), Bountiful Elementary, and Layton Elementary
- An estimated 7,000 people attended throughout all 4 events designed to strengthen connections between families and available resources
- More than 45 community partners and district departments participated in each event

After School Programs

- 19 schools participated (Kindergarten through 12th-grade students in 14 Title I elementary schools, 1 non-Title I elementary school, 1 Title I junior high school, and 3 high schools).
- Increased learning opportunities, strengthened or built community partnerships, and fostered intergenerational connections through service projects.



Summer Camps

- Grew from 1 site to 8 sites, including 955 students from 16 different schools
 - Made possible through multi-agency partnerships, including Communities that Care, Davis Behavioral Health, and Davis County Health Department
 - Offered swimming, reading, STEAM activities, Tier II academic support, and other engaging learning experiences
- [2025 Summer Camp Report](#)

Kinder Camp

- Kinder Camp was launched, with support from a Davis County community development grant, to provide early learning opportunities for incoming kindergarten students, building foundational academic and social skills before entering school. This supported smoother transitions and increased kindergarten readiness.

More details about the Community Schools Program can be found on page 62.

Strategy 2: Increase skills to navigate life’s challenges

Navigating life’s challenges means finding effective and efficient ways to overcome difficulties. A variety of methods can be used to find solutions or improve circumstances, such as seeking support from loved ones, engaging in self-care practices, or acquiring new skills.

Strategy 2: Increase skills to navigate life’s challenges			
Goals	Objectives	Time Target	Status
2A. Expand evidence-based approaches that promote healthy development, self-care & coping skills	Explore mental, emotional & social self-care preparedness plans	2026	On Track
	Promote mental, emotional & social self-care preparedness plans	2030	On Track
	Encourage employers to provide tools or programs and to adopt policies supporting individualized rest, renewal & self-care	2030	Ongoing
2B. Continue to promote & support mindfulness education & practices	Expand Learning to BREATHE in Davis County	2030	Ongoing
	Offer Learning to BREATHE & other mindfulness courses in community settings for adults	2030	Ongoing
2C. Advocate for safe technology initiatives including state campaigns	Receive training on & promote appropriate tools from Utah’s Harms of Social Media campaign	2030	Ongoing

2A. Expand Evidence-Based Approaches That Promote Healthy Development, Self-Care & Coping Skills

Self-Care Preparedness

The Self-Care Preparedness Plan workgroup, with representatives from several community organizations, met twice to explore and create a self-care preparedness resource to be released in 2026. The purpose of the resource is to help individuals develop skills and a plan to maintain or improve well-being and adapt to life's challenges.

Utah State University (USU) Extension

USU Extension offers a wide variety of programs to support community members' well-being. Highlights include:

Budgeting Mastermind Workshop was provided by the Empowering Financial Wellness team.

- 33 individuals participated
- 100% of participants felt more confident about their ability to manage their finances because of the workshop

Celebrating Wellness Conference focused on providing education and skills to empower attendees to make positive thoughts or behavior changes to improve their overall well-being.

- 50 people participated
- As a result of conference participation, 89% of respondents were either extremely likely or likely to make a change such as practicing mindfulness and positivity, managing self-care, or connecting with others

Chronic Condition Courses

There were 55 participants in Tai Chi for Fall Prevention and Arthritis and Living Well with Chronic Conditions courses between 2023 - 2025.

Road to Happiness and Meaning

There were 15 Head Start employees trained in this series.

Wellness Walks

- There were 75 individuals who participated in the Summer Wellness Walks series, which provided opportunities for physical activity, social connection, mindfulness, and spending time in nature.
- Each walk highlighted simple ways to improve overall well-being.



Equine Assisted Services Programming

A variety of Equine Assisted Services programming is offered that includes a mental health component.

- Connecting Hearts and Hooves, Horses and Heroes, Picnic with Horses, Stories with the Minis, 7 Horse Powered Reading Retreats, and 4 sessions of Resiliency Wranglers brought together ranchers, veterans, youth, etc.
- 391 volunteer hours supported these programs
- A [Live On](#) banner is continually displayed in the arena



2B. Continue To Promote & Support Mindfulness Education & Practices

School-Based Mindfulness, Davis Behavioral Health

MindUP is an evidence-based, brain-focused mindfulness and social-emotional learning program for children and adolescents. Davis Behavioral Health facilitators focus on building optimism, kindness, and self-regulation while fostering a calm, supportive learning environment. Classroom teachers are encouraged to practice the skills in daily activities. There were 3,471 students who participated in 4th grade classes at 46 schools including those in Davis School District and some charter schools.

“

“I am a fourth-grade teacher. When the fourth grade was first informed that we should sign up for MindUP, I was not real pleased...After having Melanie in my classroom for a term, I have a different opinion of MindUP...I have many highly anxious students in my class, and I am certain that these MindUP techniques are helping my students deal with their everyday pressures. At this point in time, I am very pleased that Melanie comes into our classroom every Friday and teaches us stress relief techniques.”

Teacher Response, MindUP Program

”

Learning to Breathe (L2B) is an evidence-based mindfulness curriculum designed specifically for adolescents (grades 6+). Davis Behavioral Health facilitates developmentally appropriate mindfulness practices and reflective activities to help students respond to challenges with greater clarity and resilience. Classroom teachers are encouraged to practice the skills in daily activities. There were 4,249 students who participated in 6th and 8th grade classes.

“

“From doing this in 6th grade for 2 years and in 4th grade this current year, along with other efforts to support students, we are seeing great results...Students are wanting to be at school more, as evidenced by a dramatic decrease in chronic absenteeism... As a result, we are seeing evidence of increased academic achievement school-wide, especially in language arts and math. We believe L2B and MindUP play an important complementary role in these improvements. We very much hope to continue to see great momentum by expanding instruction of these skills to all our students.”

School Administrator Response,
MindUP & Learning to Breathe Programs

”

Community-Based Mindfulness

- There were 66 individuals who participated in the *Mindfulness-Based Stress Reduction (MBSR)* course at the Davis Mindfulness Center.
- The *Learning to Breathe (L2B)* community course had 170 participants.

Healing Initiative

The Healing Initiative launched in 2025 and piloted a healing-informed, community-based wellness model designed to support emotional resilience, stress reduction, and connection through free yoga-based community classes. During each class, community resources for a monthly topic were spotlighted.

- 12 classes were offered in a variety of community settings (art center, library, counseling center, college, church)
- 250+ community members were reached
- 8 instructors were trained and certified



2C. Advocate For Safe Technology Initiatives Including State Campaigns

Davis HELPS Coalition

The Coalition reviewed multiple trainings and resources addressing safe technology.

- Compiled a repository of [local safe technology resources](#)

Digital/Internet Safety

Davis School District tracks digital safety concerns, see [Board Briefs, September 2025](#)

- 1,157 students completed the district's digital safety awareness course
- [ParentGuidance.org](#) offers 5 safe technology courses to parents

Davis County Sheriff's Office offered a course to provide information to parents on how to protect their children on the internet, including phone apps, virtual reality, video games, etc.

- 103 people participated in 8 Internet Safety Courses at local libraries, Davis Chamber of Commerce, and the Davis HELPS Coalition

Prevention Week, Davis Behavioral Health & Communities That Care Coalitions

Dr. Kristy Kane presented on brain development, and Megan Crain presented on the effects of social media use.

→ [Presentation on the Effects of Social Media](#)

Strategy 3: Reduce stigma by normalizing & promoting help-seeking, hope & recovery in the community

Mental health stigma refers to the negative attitudes, beliefs, and stereotypes that society holds about individuals who experience mental health conditions. It is a form of social discrimination and prejudice that can lead to various negative consequences for those affected by mental health issues. Harmful effects of stigma include the reluctance to seek help or treatment, a decreased sense of hope, and a decreased belief that recovery is possible ([CDC](#)).

Strategy 3: Reduce stigma by normalizing & promoting help-seeking, hope & recovery in the community			
Goals	Objectives	Time Target	Status
3A. Develop plain language to promote mental, emotional & social well-being	Prevention partners work together to identify shared terms & the benefits of mental, emotional & social well-being that resonate in the community	2026	On Track
	Provide safe messaging training throughout Davis County	2030	Ongoing
3B. Expand mental, emotional & social well-being initiatives to a broader audience	Continue to implement mental health and suicide prevention training in school & community settings	2026	Ongoing
	Implement a positive mental health community campaign including tips to talk about mental health & success stories	2030	On Track
3C. Promote hope & healing through community suicide postvention efforts	Develop & utilize a coordinated community suicide postvention plan	2026	Ongoing
	Increase the number of Davis County organizations with postvention plans	2030	Ongoing

3A. Develop Plain Language To Promote Mental, Emotional, & Social Well-Being

The words used to describe mental, emotional, and social well-being matter. Consistent, positive language can help shape how people see the world and themselves.

Safe Message Training

- Safe messaging guidance about justice involvement, substance use disorders, suicide, and mental health is embedded in prevention trainings, presentations, and media coverage.
- Multiple partners have been trained to teach the updated *Messaging Matters* curriculum.

CONSIDER SAYING	INSTEAD OF	WHY
Attempted suicide	Failed or unsuccessful suicide	To avoid presenting suicide as a desired outcome or insinuating the person is a failure.
Died by suicide/took their own life	Committed suicide	To avoid association between suicide and 'crime' or 'sin' that may reinforce stigma.
<Name> is experiencing suicidal thoughts	<name> is suicidal	To avoid defining someone by their experience with suicide; they are more than those suicidal thoughts.

If changing our language can help people feel safer asking for help, then changing language can save lives.



3B. Expand Mental, Emotional & Social Well-Being Initiatives To A Broader Audience

Multiple agencies are engaged in mental health and suicide prevention trainings to a variety of audiences.

Suicide Prevention

Utah Comprehensive Community Suicide Prevention Grant

Davis County Health Department competitively applied for the Utah Comprehensive Community Suicide Prevention Grant and received \$103,000 per year for the next 5 years. This funding supports two part-time county suicide prevention coordinators.

Question, Persuade, Refer (QPR)

Trained facilitators offered Question, Persuade, Refer (QPR), an evidence-based prevention program. The training provides education on the warning signs of a suicide crisis, how to offer support, and what local resources are available.

- 91 people received QPR from Davis County Health Department staff through 6 community presentations

Safe Storage

Safely storing lethal products is an evidence-based suicide prevention practice to reduce suicide risk, referred to as lethal means safety.

- 773 gun locks were distributed in the community through Davis County Health Department and Intermountain Layton Hospital
- 24 ammo lock boxes with Live On and 988 information were distributed to firearm educators

Medication Disposal/Naloxone Training & Distribution

- 5 naloxone trainings and 194 naloxone kits were conducted/given by Intermountain Layton Hospital
- Over 344 Detera Deactivation and Disposal Pouches were distributed by Davis County Health Department for safe disposal of expired and unused medications

Davis Technical College

They increased awareness of the warning signs of suicide, crisis response protocols, and referral pathways by:

- Strengthening coordination with local mental health providers and crisis services
- Improving campus readiness to respond to mental health crises while supporting affected individuals after critical incidents
- Training Tech Student Services employees on QPR to help increase awareness
- Completed an assessment with students and staff on mental health awareness and resources, leading to the development and implementation of a comprehensive suicide prevention and postvention plan aligned with public health best practices



Youth Mental Health, Davis School District

Mental Health Parent Series

Throughout the 2024 -2025 school year, Davis School District parents and caregivers were invited to join in an anonymous Mental Health Parent Series with virtual learning sessions led by [ParentGuidance.org](https://parentguidance.org). This resource also offers monthly Ask a Therapist Sessions and On-Demand Resources for a variety of mental health topics.

- The On-Demand resources had 3,847 active users of this site.
- An average of 75 users registered for the mental health series each month.

More details about [ParentGuidance.org](https://parentguidance.org) can be found on page 44.

Youth Mental Health First Aid

- 232 adults were trained in Youth Mental Health First Aid from January to December.
- Staff feedback was very appreciative and positive. They felt better equipped to do their job and support the young people in their class/school.

NUHOPE

The NUHOPE task force is a coalition of mental health/social service providers, educators, survivors, law enforcement, veterans' advocates, and concerned citizens working together to increase suicide awareness and prevention in Northern Utah.

- Provided 159 presentations reaching 4,430 Davis County students in the 2024-2025 school year.
- The first community Walk of Hope was conducted in Davis County in October 2025 with 300 attendees.

Hope Hero Foundation

[Hope Hero Foundation](https://hopehero.org) strives to prevent teen suicide by equipping them with tools to become heroes of their own stories. The Hope Foundation's impact is:

- 125+ mental health and networking events
- 30+ speaking engagements
- 500+ service hours
- ~10,000 people reached personally
- Since March, the Hope Hero curriculum has reached 80,000+ youth weekly nationwide.

I Love You, Bro PROJECT

I love you, Bro PROJECT is a non-profit men's mental health, suicide prevention program.

The men's group launched in Kaysville in July.

- Held 24 groups on Tuesdays from 7:30 - 9:00 p.m.
- The average attendance was 7 men per group, with 168 men total.
- Men were invited to scan a QR Code and complete an optional "check-in", answering ~12 questions regarding their mental health, personal challenges, relationships at home, etc.



Parent-focused Community Campaigns

Davis County CTCs developed brain science messaging, hosted book clubs, delivered community presentations, and focused on media outreach.

- A highlight was the partnership with Lagoon and Parents Empowered to install new interactive signage across the park, addressing underage drinking and encouraging family connection.
- Over 1 million guests were reached during the Lagoon season.



3C. Promote Hope & Healing Through Community Suicide Postvention Efforts

Suicide Postvention Workgroup

- Convened the Suicide Postvention Workgroup 4 times in 2025
- Continually updated the Davis County Grief and Loss Resources website, griefandloss.davislinks.org
- Created a [rack card](#) promoting the grief and loss website and tips to support those who have lost a loved one unexpectedly
- Conducted community and partner education about grief and loss resources and the [Davis County Suicide Postvention Plan](#)
 - 26 presentations
 - 2 newsletter articles
 - 1 news segment
 - 32 community outreach events
- Completed the [Davis County Health Department Unexpected Death Response Guide](#), trained Davis County Health Department employees, and shared with other agencies as an example postvention plan template.
- Coordinated a [social media blast](#), where partner agencies all shared the same post around September 3, 2025. Google Analytics showed an increase of approximately 90 website views around this date.
- Presented at the [November Davis Links Resource forum](#) focused on grief and loss, sharing resources and services to support the community. 44 people participated.
- Local media, including KUTV, KSL, and Davis Journal, have included Davis County postvention efforts in newspaper articles and on TV.



Grandview for Good

Transforming lives through accessible therapy, they provide and connect evidence-based mental health services to the underprivileged or those impacted by trauma or grief.

- Support for loss survivors through grief therapy, grief groups, and resource connection
- Received grant for a children's grief library

More details about Grandview Grief Center can be found on page 67.



Strategy 4: Improve access to relevant services, programs & care for mental, emotional & social well-being

Improving access to mental health services has been a community health improvement priority since 2012. Community partners have come together to coordinate prevention efforts and improve access to care through the Davis County Behavioral Health Collaboration and Davis HELPS coalition.

Strategy 4: Improve access to relevant services, programs & care for mental, emotional & social well-being

Goals	Objectives	Time Target	Status
4A. Increase public awareness of new & existing resources for mental, emotional & social well-being	Conduct focused outreach to promote mental health resources & programs to diverse groups	2026	Ongoing
	Explore local resources & initiatives for maternal mental health	2026	On Track
	Promote local resources & initiatives for maternal mental health	2030	Ongoing
	Provide primary care providers in Davis County with information about behavioral health resources	2026	On Track
4B. Organize behavioral health information & referral resources	Ensure behavioral health resources are comprehensive & represented in the Davis resource network directory	2030	Ongoing
	Identify local resources to add to each category of The Church of Jesus Christ of Latter-day Saints' Life Help webpage	2030	On Track
	Identify resources that align with agencies' common concerns & top referrals	2030	On Track
	Identify resources & service providers that have cultural & professional expertise to serve populations that have been historically underserved	2030	On Track
4C. Improve access to behavioral health providers by connecting individuals to care & removing barriers to services	Encourage referrals to the Behavioral Health Network funding program	2026	Ongoing
	Coordinate with staff serving as community connectors to improve engagement in mental health services for underserved or underrepresented groups	2026	Ongoing
	Ensure availability of mental health materials in languages other than English	2030	Ongoing
	Conduct annual mental health screenings for youth	2030	Ongoing

4A. Increase Public Awareness Of New & Existing Resources For Mental, Emotional & Social Well-Being

Spanish-Speaker Resources

Davis County CTCs coordinated with multiple partners to improve awareness of mental, emotional, and social well-being resources to Spanish-speaking individuals.

- Worked with local faith leaders of Spanish-speaking congregations to promote resources, services, and events.
- 23 adults completed the Youth Mental Health First Aid course in Spanish.
- Featured multiple programs and guests on La Ley 107.1 FM Spanish radio station



Faith Leader Suicide Prevention Summit

Davis County faith leaders participated in the [Utah Faith Leader Suicide Prevention Summit](#), which was held virtually in October.

- Additional resources for faith leaders can be accessed on the [Utah Suicide Prevention Committee and Coalition website](#).

Veteran Resources

Continue Mission (CM) held 140 events serving 2,242 participants.

- Over 96% of CM Veterans surveyed report that participating in CM events had a positive impact on their mental health.
 - 74% of CM Veterans experiencing thoughts of suicide reported that participating in CM events resulted in a decrease of suicidal ideation.
- [Continue Mission Veterans' Impact Inquiry Report](#)
- More information can be found at continuemission.org.



Servicemember Transitional Advanced Rehabilitation (STAR) is a supportive program for military veterans who are transitioning from service to civilian life. STAR helps veterans strengthen mental health, rebuild daily life skills, and move toward greater independence and stability. Through personalized support, therapeutic services, and connections to veteran-focused resources, STAR empowers participants to heal, grow, and successfully reintegrate into their communities.

- Davis Behavioral Health had 10 staff trained in the STAR program
- 205 veterans were served

Maternal Mental Health

Davis Behavioral Health

Several therapists and a prescriber received specialty training in maternal mental health.

- Since tracking began, 159 have been served with 1,713 services
- Free weekly virtual support group
- Urgent maternal mental health appointments are available (telehealth option)
- Community partner collaboration and outreach

Davis County Health Department Family Health Division

The Family Health Division operates the Maternal Child Health and WIC (Women, Infants, and Children) programs. Highlights included:

- Nurses completed 201 postpartum depression screenings and 967 childhood developmental screenings with a social/emotional health component
- 114 referrals were made to Davis Behavioral Health, and 24 referrals to a monthly mother support group
- Referred clients to community groups that provide social connection and support (library groups, online parent groups, etc.)
- Provided SUNSHINE handouts to help parents recognize stress and practice healthy coping
- 35 referrals were made to Early Intervention and 36 referrals to Head Start to help children with developmental, mental, and social concerns
- Nurses made 265 referrals to Ages & Stages Questionnaire (ASQ) activities to give parents ideas of how to improve their child's mental, emotional, and social well-being and development
- WIC nutritionists gave out 75 handouts to support maternal mental health and refer clients to resources/support groups for pregnancy and postpartum well-being

Healthcare Provider Resources

A postcard was sent to 925 healthcare providers directing them to the Davis County [Clinician and Provider Resources webpage](#), which includes updated information to connect them to local mental health resources including suicide prevention and postvention training.

4B. Organize Behavioral Health Information & Referral Resources

- Davis County Behavioral Health Directory QR code cards were updated, directing community members to directories.davis4health.org. Many of the behavioral health resources have been added to the Davis Links Resource Directory, davislinks.org, with the goal to have them all added in 2026.
- The Church of Jesus Christ of Latter-day Saints [Life Help](#) page provides resources for many faith leaders in Davis County. Topics were reviewed to ensure that the Davis Links Resource Directory includes local resources for each topic.

4C. Improve Access To Behavioral Health Providers By Connecting Individuals To Care & Removing Barriers To Services

Davis Behavioral Health

Davis Behavioral Health provides substance use and mental health services for those with commercial insurance, Medicaid, and those who are uninsured/underinsured. In 2025, they:

- Served 12,075 clients; 2,197 were uninsured
- Received 2,901 crisis calls
- Made 1,231 Mobile Crisis Outreach Team deployments to the community
- Received 394 admissions of those experiencing homelessness
- Admitted 1,488 individuals in the Receiving Center

More details about the Receiving Center can be found on page 63.

Davis Community Learning Center

Partnered with Davis Behavioral Health to provide no-cost therapy and counseling through referrals.

- Helped 72 students at Title I schools in Clearfield build emotional resilience and succeed in the classroom

Davis School District

Davis School District Student and Family Resources Department offers a variety of programs to improve access to behavioral health services and community support.

Advocacy Program: Connects students and families to districts and communities' supports. The Advocacy Program offers individualized services, communications, and resolutions to learning and life circumstances.

- Family Advocates, Elementary Schools
- Family Coordinators, Junior High Schools
- Teen Center Coordinators, High Schools
- Family Resource Facilitator, All students
- Total number of students served = 30,693

Behavior Support Team: Behavior experts who conduct observations and provide consultation to schools on students exhibiting challenging or unsafe behaviors. They remove barriers to learning by providing researched based planning for non-IEP students.

- Board Certified Behavior Analyst (BCBA)
- Registered Behavior Technician (RBT)
- Behavior Support Personnel (BSP)
- Total number of students served = several hundred

Multi-Tiered System of Support (MTSS)/Positive Behavior Interventions Supports (PBIS):

A school-wide, systems approach aimed at establishing positive student culture and individualized behavior supports necessary to create a safe and effective learning environment for all students.

- Includes school visits, attendance consultations, e-cigarette supports, and staff training. Total number of students, staff, and schools served: 5,666

Outreach Team: Provides clinical mental health interventions and support for students across the district. These services include brief individual therapy, crisis intervention, wrap-around care, and safety planning. Outreach is available to all students, with expertise provided to military-connected families.

- Integrated Educational Therapist (IET)
- Military Educational Therapists (MET)
- Military Family Advocate (MFA)
- Total number of students served = 2,044

Grandview for Good

Grandview for Good is a nonprofit dedicated to providing free, accessible mental health therapy, support, and resources for those who have experienced grief and trauma.

Highlights:

- Provided 215+ free therapy sessions to children and families experiencing economic hardship
 - Awarded \$23,000 in therapy services
 - Hosted multiple grief and trauma therapy groups for adults and children
 - Used animal-assisted therapy in 8 trauma group sessions and 46 individual therapy sessions
 - 1,500+ feelings kits made, packed, and donated to local police departments, shelters, victim advocates, community centers, and schools
 - Supported the community through a variety of partnerships, services, presentations, and events
- [Grandview for Good 2025 Annual Report](#)

“

“We’ve seen students independently choose items from the [feelings] kits, use them appropriately, and return to learning more quickly and calmly. These kits empower students to manage their emotions in healthy ways and reinforce the self-regulation strategies we teach each day.”

Linda Flynn, School Counselor

”



Intermountain Health

Through the *Davis Behavioral Health Network* funding program, 27 uninsured clients received 98 services (January - November 2025).

Mental Health Screening Events

Mental health screening events for youth are conducted twice a year as an opportunity for parents and youth in Davis County to check in with a mental health professional, provide access to mental health screening, link to appropriate services and treatment, and facilitate early intervention. One screening event is for elementary-aged youth and the other for secondary-aged youth.

- Each mental health screening event is coordinated in partnership with multiple agencies.
 - 67 youth and their parents participated in these events.
 - In November 2025, the planning committee worked with the news station ABC4 to create a story for the Acts of Kindness Segment. The segment explained what happens at the screening event, why it is important, and how agencies come together to make the event happen.
- The story can be found on the [ABC4 Acts of Kindness segment](#).
- [2025 Secondary-aged event summary](#)
- [2025 Elementary-aged event summary](#)



“I LOVED having everything in one place! Everyone should come at least once to find ways to help support your children. I am so happy we came to this event. Life changing for us.”

Participant Response,
Mental Health Screening



Davis County offers free mental health screenings for children and youth

Emily Clark

3 weeks ago



LAYTON, Utah (ABC4) – Mental Health for today's youth has become a bigger issue than ever before, so Davis County opened up free access to help with a Mental Health Screenings event.

Strategy 5: Advocate for the collection of Davis County mental, emotional & social well-being data

A variety of data sources are used to assess the situation and evaluate health improvement efforts. Often, data is readily accessible at both the national and state levels. County-level data is less available and harder to find. Therefore, support of efforts to improve the collection of local data is important.

Strategy 5: Advocate for the collection of Davis County mental, emotional & social well-being data			
Goals	Objectives	Time Target	Status
5A. Support efforts to increase participation in data collection	Increase Davis County cities participating in the Utah Wellbeing Project	2030	Ongoing
	Increase Student Health & Risk Prevention (SHARP) survey participation by educating partners & parents on the collection, benefits & uses of the data	2026	Ongoing

5A. Support Efforts To Increase Participation In Data Collection.

Student Health and Risk Prevention (SHARP) Survey

The SHARP survey is one way of collecting information on the challenges and opportunities youth face from the youth themselves. Community partners focused on increasing parent understanding of the importance, confidentiality, and value of the survey so they could make an informed choice when completing the consent form in student back-to-school packets.

Davis County SHARP Workgroup

The Davis County SHARP workgroup and participating organizations educated parents, students, and school administration about the survey. They made plans to disseminate local data to parents, students, individual schools, and community leaders.

Northern Utah SHARP Workgroup

The Northern Utah SHARP workgroup, including regional decision makers from school districts, school boards, public health, behavioral health, and others, convened to discuss concerns, administration, and use of SHARP data.

Survey Results Summary

- The survey was administered to 6th, 8th, 10th, & 12th graders
- 12,652 students took the survey in March 2025, up from 5,529 surveys in 2023
- [2025 SHARP survey results for Davis County](#)
- Utah SHARP website: sharp.utah.gov

Plan 2: Preventing Abuse

Vision: A safe and connected Davis County community actively preventing all forms of abuse across the lifespan.

The progress described here focuses on preventing abuse across the lifespan by advancing healthy relationship initiatives; promoting social norms that protect against violence, abuse, and adversity; supporting the community to recognize, intervene, and respond to abuse; and identifying and collecting local abuse and violence data.

Workgroup

The Abuse Prevention Workgroup has primary responsibility for the Preventing Abuse action plan of Priority 1.

Abuse Prevention Workgroup

The Davis County Abuse Prevention Workgroup (refer to image on next page) was formed in September 2022 to coordinate abuse prevention efforts, create a prevention strategic plan, align resources, and increase collaboration. The workgroup developed this strategic plan and provides ongoing input and direction. The committee is chaired by Davis County Health Department staff and consists of community-based organizations from various sectors. The workgroup stays current on what is happening statewide in order to align and support efforts. Meetings are held bimonthly.



The Abuse Prevention Workgroup includes members from the following agencies:

- Adult Protective Services
- Hill Air Force Base
- Davis County Domestic Violence Coalition
- Prevent Child Abuse Utah
- Davis County Health Department
- Safe Harbor
- GRANDfamilies
- Saprea
- Head Start
- The Church of Jesus Christ of Latter-day Saints

Strategies

Strategy 1: Advance healthy relationship initiatives

Healthy relationships are critical to preventing abuse and building connections. Understanding and promoting expectations for healthy, non-abusive relationships and building skills in these areas can reduce the risk of perpetration and victimization of interpersonal violence.

Strategy 1: Advance healthy relationship initiatives			
Goals	Objectives	Time Target	Status
1A. Assess current & evidence-based healthy relationship curriculums	Assess healthy relationship curriculums being offered in Davis County	2026	Complete 2025
	Increase collaboration between healthy relationship course providers to extend the reach of curriculums across populations & settings	2026	On Track
	Expand reach of healthy relationship curriculum	2030	On Track
1B. Promote healthy relationship principles across the lifespan	Promote evidence-based healthy relationship curriculums in a variety of community settings	2026	Ongoing
	Provide healthy relationship classes in languages other than English	2030	On Track
1C. Strengthen families & caregivers throughout the lifespan	Promote resources that strengthen families & caregivers throughout the lifespan	2026	Ongoing

1A. Assess Current & Evidence-Based Healthy Relationship Curriculums

Healthy Relationship Education Resources

As a result of the healthy relationship curriculum assessment conducted in 2024, a Healthy Relationship Education Resources booklet was created.

- It outlines 28 healthy relationship classes, training, and curriculum available in the county.
 - The booklet was shared with the Abuse Prevention Workgroup, educational providers, cities, and elementary school administrators through social media and added to Davis Links.
- ➔ The booklet can be accessed at directories.davis4health.org and can be found in the [Davis Links Resource Directory](#).



Healthy Relationship Education Resources 2025

Davis County
Davis County Abuse Prevention Workgroup






Positive Childhood Experiences Davis County, Utah



What are Positive Childhood Experiences?

Positive Childhood Experiences (PCEs) occur when children experience safe, stable, nurturing relationships and environments. Research indicates that PCEs act as a protective factor against traumatic events, toxic stress, and Adverse Childhood Experiences (ACEs).

PCEs support children's growth and development into healthy, resilient adults. They allow children to form strong relationships and meaningful connections, cultivate positive self-image and self-worth, experience a sense of belonging, and build skills to cope with stress in healthy ways.

How are Positive Childhood Experiences measured?

PCEs are measured using a score based on a series of seven questions that ask respondents about their childhood experiences. Adults were asked to think back to their childhood, up to the age of 18, and answer how often (never, rarely, sometimes, often, very often) they:

- Felt able to talk to your family about feelings
- Felt your family stood by you during difficult times
- Enjoyed participating in community traditions
- Felt a sense of belonging in high school
- Felt supported by friends
- Had at least two non-parent adults who took genuine interest in you
- Felt safe and protected by an adult in your home

% of adults who report PCEs
(Percentage of adults that responded often and very often)

# of PCEs	Davis County	Utah
0-2 PCEs	14.0%	9.6%
3-5 PCEs	40.8%	35.2%
6-7 PCEs	45.2%	48.7%

Source: Utah Behavioral Risk Factor Surveillance System 2022 (age-adjusted)

1B. Promote Healthy Relationship Principles Across The Lifespan

Positive Childhood Experiences

A Positive Childhood Experiences (PCEs) [two-page summary](#) was created that defines PCEs, explains their importance, describes how they are measured, and shows Davis County and Utah PCEs data. The infographic was shared with community partners.

→ It is available on the Davis County Health Department's [Reports and Assessments webpage](#).

Healthy Relationship Courses and Classes

Teen Outreach Program (TOP) was conducted by Davis County Health Department at Mercy Housing and Career Path High. TOP is a 9-month program for 6th through 12th graders that pairs interactive lessons with community service projects. Topics include communication, decision-making, healthy relationships, and how to set goals. There were 19 youth who participated (October 2024 - April 2025).

Parenting Classes & Workshops conducted by Davis Behavioral Health through Communities That Care Coalitions (CTCs) expanded their evidence-based programs and workshops for parents and families with the goal to promote healthy development and build coping and life skills.

- Programs served 1,219 individuals from 2024 - 2025.
- 110 individuals participated in **Circle of Security** parenting classes that support family resilience and parenting skills
- 144 individuals participated in **Strengthening Families** parenting classes that support family resilience and parenting skills
- 141 individuals participated in **EveryDay Strong** workshops at myHometown Layton, Mercy Housing, and Davis School District Community Schools
- 82 individuals participated in **Social Development Strategy** workshops at myHometown Layton, Mercy Housing, and Davis School District Community Schools

“

“Thank you. Above all, this class is helping me be more mindful + aware in my parenting. Very eye opening. I had no idea what I was getting into. I'm glad I came...It was a great experience. I learned a lot. I really appreciate it.”

Participant, Circle of Security Class

”

School Outreach, Safe Harbor

Safe Harbor teaches teens about healthy relationships to help them recognize abuse and be better relationship partners in the future.

- Conducted 75 Healthy Relationships presentations that reached 1,546 students
- Participated in a Healthy Relationship Week at Davis High School and NUAMES, where they provided students with resources and activities focused on healthy relationships during lunch periods

1C. Strengthen Families And Caregivers Throughout The Lifespan

Supporting Parents

Davis County Health Department conducted 1,005 Maternal and Child Health home visits. Nurses asked each client about their safety and exposure to verbal, emotional, or physical abuse, whether in the past or currently. As a result, 5 referrals were made to Safe Harbor Crisis Center.

→ Promotional videos for home visits are available in [English](#) and [Spanish](#) on the [Davis County Health Department's YouTube channel](#).

Davis Head Start conducted home visits, which supported children’s development while promoting safe, stable, and nurturing home environments. Approximately 2,709 home visits were completed by home visitors, family advocates, and center-based teachers.

The *Davis County Home Visiting Collaborative* was convened by Davis Head Start to align services among agencies providing home visiting across the county. Participating agencies:

- Davis Head Start - Home Visiting
- Davis County Health Department - Connection Visits
- Davis Community Learning Center - Baby and You
- Davis Early Intervention
- Help Me Grow
- Hill Air Force Base - New Parent Support Program
- Prevent Child Abuse Utah - Nurses Family Partnership and Parents as Teachers
- Utah Department of Health and Human Services - Intensive Care Coordination
- Weber State University Family Literacy Program



Prevent Child Abuse Utah conducted 1,173 home visits in Davis County through their *Parents as Teachers* and *Nurse Family Partnership* programs.

Imagination Station, Open Doors crisis and respite nursery, offers parents a scheduled block of care, once per week, completely free of charge. This service helps reduce family stress while providing children a safe, enriching environment to socialize and grow. Provided 4,492 hours of care, which included 1,571 visits by children.



Davis School District partnered with [ParentGuidance.org](https://www.parentguidance.org) to provide virtual learning sessions on parenting topics in English and Spanish. Topics include bullying, recognizing child abuse, healthy boundaries, supporting a friend in danger, emotional regulation, de-escalating conflict, etc. During the 2024 - 2025 school year, 600 people registered for virtual learning sessions.

Supporting Abuse Survivors

Grandview for Good offered two sessions of the eight-week expressive-arts trauma recovery program, *Fragments to Wholeness*, for adolescent and adult sexual abuse survivors. There were 24 individuals that created weekly glass art pieces as part of their therapy and healing process.

“

“I have more strength, self-compassion, healing, peace, connection, [and] beauty. So much! Thank you.”

Participant, *Fragments to Wholeness*

”

Supporting Older Adults and Caregivers

Davis County Health Department Senior Services provides *Dealing with Dementia* classes where attendees learn about dementia, managing problem behavior, handling stress, and finding time for themselves. Four classes were offered and 30 people attended.

Strategy 2: Promote social norms that protect against violence, abuse & adversity

Social norms are the unwritten rules and expectations that guide behavior and interactions within a society or group. They dictate how individuals should behave, dress, communicate, and interact with others in various social settings. Social norms can lead people to accept or reject abuse and violence (e.g., gender norms, corporal punishment, witnessing violence). To influence social norms, people should be aware that:

- Abuse and violence are issues in our community
- Abuse and violence are preventable
- There are many types of abuse
- All ages are susceptible

Strategy 2: Promote social norms that protect against violence, abuse & adversity			
Goals	Objectives	Time Target	Status
2A. Increase community awareness that abuse happens & that it is preventable	Train community members to teach abuse prevention in Davis County	2026	Complete
	Two abuse prevention classes will be taught every year in Davis County by trained community educators	2026	On Track
	Advocate for child sexual abuse & human trafficking prevention & awareness curriculum in elementary schools	2030	On Track
	Increase number of Davis School District elementary students receiving child sexual abuse & human trafficking prevention & awareness curriculum in elementary schools	2026	On Track
2B. Promote evidence-based healthy sexual development materials to parents & the community	Provide parents & community with healthy sexual development materials & curriculum through social media, resource directory, community presentations, etc.	2030	On Track

2A. Increase Community Awareness That Abuse Happens & That It Is Preventable

Community Training

The [April Davis Links Resource Forum](#) focused on abuse prevention. Presenters included Davis County's Abuse Prevention Workgroup, Prevent Child Abuse Utah, Safe Harbor, and Sol Recovery Community. 63 people attended virtually.

Elder Abuse Prevention

Davis County Health Department Senior Services and their volunteers work to prevent abuse and exploitation of older adults. These are some highlights:

The *Coalition for Abuse Prevention of the Elderly (CAPE)* is a multidisciplinary team that meets monthly. Their purpose is to increase community awareness of abuse and exploitation of vulnerable and older adults.

- Reviewed 26 cases, had 45 active participants, and received 3 trainings
- Case themes included financial exploitation, self-neglect, mental health, power of attorney/guardianship concerns, dementia, physical and sexual abuse, and housing/environmental concerns

Long-term Care Ombudsmen are advocates for residents living in long-term care facilities. Ombudsmen investigate and help to resolve concerns regarding many aspects of resident life, including quality of care, resident rights, and federal and state regulatory requirements.

- Ombudsmen opened 184 cases and provided 295 facility visits and 1,292 consultations

Senior Medicare Patrol (SMP) assists Medicare participants and their families to prevent, detect, and report healthcare fraud, errors, or abuse. The program provides outreach and educational events to increase public awareness.

- Ten counselors provided 538 hours of counseling and participated in 39 outreach events



Military Training

The *Sexual Assault Prevention and Response (SAPR) team* at Hill Air Force Base provided prevention training to 14,733 personnel on topics including consent, creating a culture of respect, and trauma-informed responses. Highlights include:

- Over 120 people attended the annual Sexual Assault Awareness and Prevention Month event, featuring guest speaker Marley Liss, who discussed the root causes and prevention of sexual assault and domestic violence.
- In partnership with the Weber County Sheriff's Department, the team hosted its annual event to combat human trafficking, educating 80 attendees on the risks of online sextortion.
- A base-wide resource list addressing Technology-Facilitated Sexual Violence was created and distributed, providing prevention tools to over 14,000 personnel.
- The first Local Safe HelpRoom in the area was established, utilizing a peer-to-peer support platform, which is particularly beneficial for individuals uncomfortable with in-person services.
- To better support survivors, the team created its first-ever self-care kits, which included items to help with mindfulness and coping strategies.
- A "Trauma-Informed Leadership Series" was launched, providing over 80 leaders with education on how trauma affects people and how to foster a supportive environment.
- The team hosted 12 meetings for senior leadership to address client needs and facilitate 4 expedited personnel transfers to ensure victim safety.
- As members of two county Sexual Assault Response Teams, the Hill SAPR office provided local off-base organizations with information on reporting options and military policy.



Child Abuse Prevention

Prevent Child Abuse Utah reached 4,941 students, 154 faculty, and 390 Davis County parents/community members through their in-person and online abuse prevention programs.

Safe Harbor presented 11 *Educated Parents* courses with a focus on preventing child sexual abuse and teen dating violence, with 36 participants.

Saprea, a nonprofit which addresses child sexual abuse, trained two new Volunteer Community Educators to teach child sexual abuse prevention classes in the community.

The Church of Jesus Christ of Latter-day Saints requires people called to interact with children and youth to take an abuse prevention training entitled *Protecting Children and Youth* within one month. The many adults who complete this training learn to recognize and prevent physical, sexual, verbal, and other types of abuse.

School-based Training

The *Abuse Prevention Workgroup* emailed all elementary administrative staff to encourage them to provide child abuse prevention education for their students and connect them to providers.

Davis School District developed an employee training on child sexual abuse and human trafficking that was approved by the Utah State Board of Education and incorporated into the district's required compliance training.

- The training launched in the 2025–2026 school year, and 5,972 employees have completed it as of January 2026.
- In addition, around 850 staff and coaches received annual training on recognizing abuse and fulfilling mandatory reporting responsibilities.

2B. Promote Evidence-Based Healthy Sexual Development Materials to Parents & The Community

Healthy sexual development materials were shared with all elementary school administrators in September.

→ Materials can be accessed at directories.davis4health.org.

Strategy 3: Support the community to recognize, intervene & respond to abuse

When abuse happens, it is important for community members to know how to recognize it and respond appropriately. This involves educating the community on different types of abuse, how to respond in appropriate ways, how to lessen the harm of those impacted, and referring to appropriate resources. Community leaders may be the first point of contact for a victim; this could be a faith leader, law enforcement, parent, caregiver, etc. A focused effort will be placed on educating community leaders on how to identify abuse, respond in ways that do not re-traumatize the victim, and know what resources are available.

Strategy 3: Support the community to recognize, intervene & respond to abuse			
Goals	Objectives	Time Target	Status
3A. Educate the community on how to recognize & respond to abuse	Provide community leaders (e.g., faith leaders, law enforcement, parents, caregivers, justice system & general public) with information & resources on how to identify abuse, respond in appropriate ways, lessen harms of those impacted & refer to resources	2030	On Track
	Update violence, abuse & trauma resources & services across the lifespan	2026	On Track
	Promote financial exploitation trainings for older adults	2026	Ongoing
3B. Abuse is reported to appropriate authorities	Educate the community on Utah’s mandatory reporting law & where to report abuse	2030	Ongoing

3A. Educate The Community On How To Recognize And Respond To Abuse

Community Outreach

The *Davis County Domestic Violence Coalition* held a virtual interfaith discussion on abuse, where 13 people attended. The discussion included how the faith community can help survivors and abusers and what challenges individuals may face in religious settings. Community resources, including Davis Links, were shared. The group plans to meet again to continue the discussion.

Safe Harbor is helping change the conversation around domestic abuse and sexual assault to reduce the incidence of violence in the community.

- Participated in 30 community events to raise awareness about abuse, reaching an estimated 9,300 individuals.
- Hosted a Walk In Their Shoes 5K run/walk to raise awareness of sexual assault, foster support, and empower survivors. The event included 105 participants.

Resource Directory

The Davis County Violence, Abuse & Trauma Resource List was updated in October.

→ It can be accessed at directories.davis4health.org.

3B. Abuse Is Reported To Appropriate Authorities

Utah’s mandatory reporting law and where to report abuse is included in many of the outreach events and presentations in goal 2A and 3A.

Strategy 4: Identify & collect Davis County abuse & violence data

Identifying reliable data sources and acquiring county data where possible is important in understanding abuse and violence in Davis County.

Strategy 4: Identify & collect Davis County abuse & violence data			
Goals	Objectives	Time Target	Status
4A. Gather & establish county baseline data on abuse & violence	Identify Davis County data for abuse & violence	2026	On Track
4B. Explore opportunities to measure social norms that protect against abuse & public perceptions related to abuse	Establish social norms data related to abuse for Davis County	2030	On Track

4A. Gather & Establish County Baseline Data On Abuse & Violence

Davis County Health Department Senior Services created an Elder Abuse Prevention data sheet, which provides elder abuse county data, progress, and strategies for improvement. This was shared with the Abuse Prevention Workgroup in December's meeting.

- It is available on the Davis County Health Department's [Reports and Assessments webpage](#).

Safe Harbor received 2,928 hotline calls and 766 officer-reported Lethality Assessment Protocols during 2025.

4B. Explore Opportunities To Measure Social Norms That Protect Against Abuse & Public Perceptions Related To Abuse

The *Utah Women and Leadership Project* has conducted an [annual statewide survey](#) since 2023 to establish a baseline for public perceptions related to the awareness, understanding, and attitudes about challenges that Utah women and girls face. Topics related to abuse prevention include child sexual abuse, domestic abuse, and sexual assault. The 2025 data are anticipated to be released in early 2026.

Davis County Health Department staff convened a workgroup to review ways to measure stigma and social norms. As a result of the review, a landscape analysis will be released in 2026 to assess what data and information are currently available in Davis County and Utah.

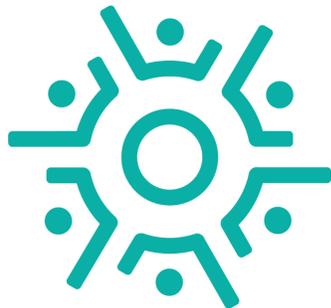
Priority 2: Improving Access to Resources & Services

Improving access to resources and services impacts multiple health outcomes and helps everyone have the opportunity to live their healthiest life. Resources refer to products, practices, amenities, information, and institutions.

Plan 3: Improving Access to Resources & Services

Vision: All community members are able to meet their needs for well-being.

The progress described here focuses on improving access to community resources and services by linking systems, sectors, and agencies serving Davis County. Davis Links represents our community's trusted network for improving access to resources and services.



davislinks
Better Connections. Stronger Communities.

Workgroups

The Human Services Directors Committee and the Davis Links Resource Forum Planning Committee have primary responsibility for the action plan of Priority 2.

Human Services Directors Committee

The Human Services Directors Committee began meeting in 2016. They provide input on priority areas, communicate gaps in services and resources, identify challenges and opportunities, receive training, and collect and share data that impacts human services priorities. Committee members are invited to participate in coalitions and workgroups for which their organization can add expertise and resources to achieve goals and outcomes. Any interested community partners are invited to participate. The committee meets bimonthly.

Agencies involved in Human Services Directors Committee include:

- 211
- Bountiful Community Food Pantry
- Clearfield Job Corps Center
- Davis Behavioral Health
- Davis County Commission
- Davis County, County Grant Administrator
- Davis County Domestic Violence Coalition
- Davis County Health Department
- Davis County Library
- Davis Education Foundation
- Davis School District
- Davis Technical College
- Department of Workforce Services
- Grandview for Good
- Head Start
- Hill Air Force Base
- Holy Cross Hospital - Davis
- Intermountain Health
- Open Doors
- Pioneer Adult Rehabilitation Center (PARC)
- The Church of Jesus Christ of Latter-day Saints
- Utah State University Extension
- Weber State University - Davis

Davis Links Resource Forum Planning Committee

A planning committee composed of community partners serving Davis County is primarily responsible for coordinating Davis Links resource forums (refer to image on next page). These monthly forums serve as a successful county networking and resource-sharing platform for community connectors. They are held in-person or virtually and feature a topic or training to help build resource awareness and skills. Topic-based forums include a main presenter who gives a brief overview, followed by several community partners who provide resources.



The group started in 2016. Agencies represented on the Davis Links Resource Forum Planning Committee include:

- Common Spirit
- Davis County Health Department
- Discovery Family Coalition and My Discovery Destination!
- Health Choice Utah
- Molina Healthcare
- Safe Harbor
- Utah Advocacy Coalition/TURN Community Services
- Utah Parent Center
- Waterford

Agencies that participate in Davis Links Resource Forums include:

- Bountiful Food Pantry
- Child Care Resource Agency Northern
- Children's Justice Center
- Clearfield City
- CommonSpirit
- Community advocates/members
- Davis Behavioral Health
- Davis Community Housing Authority
- Davis Community Learning Center
- Davis County Community and Economic Development
- Davis County Health Department

- Davis County Library
- Davis County Pretrial Services
- Davis School District
- Davis Technical College
- Dentacor
- Department of Workforce Services
- Division of Child and Family Services
- Division of Services for People with Disabilities (DSPD), DHHS
- Futures Through Training, Inc.
- GRANDfamilies
- Habitat for Humanity
- Help Me Grow Utah
- Hill Air Force Base
- Holy Cross Hospital - Davis
- Intermountain Health
- Journey Clinic
- Kaysville Police Department
- Latinos United Promoting Education and Civic Engagement
- Light Up Lactation
- Midtown Community Health Center
- Molina Healthcare
- MountainStar Healthcare
- My Discovery Destination!
- NAMI Utah
- NUHOPE
- Oasis Senior Advisors
- Open Doors
- People Helping People
- Pioneer Adult Rehabilitation Center (PARC)
- Prevent Child Abuse Utah
- Proxima Careers
- Resolutions Counseling Center
- Roads to Independence
- Safe Harbor
- Second District Juvenile Court
- Senior Charity Care
- Sol Recovery Community
- The Center for Economic Opportunity & Belonging
- The Children's Center Utah
- The Church of Jesus Christ of Latter-day Saints
- TURN Community Services
- Turning Point Centers
- United Micronesian Women
- United Way/211
- University of Utah Health Plans
- Utah Advocacy Coalition
- Utah Department of Corrections
- Utah Foster Care
- Utah State University Extension - Davis
- Utah Health Policy Project
- Utah Housing Coalition
- Utah Pacific Islander Health Coalition
- Utah Parent Center
- Utah Transit Authority
- Veterans Affairs
- Waterford Upstart
- Weber Human Services
- Weber State University - Davis

Davis Links Admin Team

This group is comprised of four staff from Davis County Health Department (see image below). They carry out provider training, add resources to the directory, follow up with support requests, track distribution of promotional materials, develop and schedule weekly social media content, and share regular Davis Links updates with community leaders and collaborations.



Davis County Human Services Cabinet

The Davis Links Admin Team provides regular updates to the Davis County Human Services Cabinet, which serves as an oversight group for Davis Links. They made recommendations for brand foundation, marketing, inclusion/exclusion criteria, strategic partnerships, sustainability, etc.

Strategies

Strategy 1: Connect the system (resources, staff & the public)

This strategy is focused on system improvement.

Strategy 1: Connect the system (resources, staff & the public)			
Goals	Objectives	Time Target	Status
1A. Use a systems mapping process to understand 1) how the Davis resource network is functioning & 2) how to enhance connections across systems & agencies	*Assess existing resource connection systems and processes	2026	Ongoing
	Identify system improvement measures	2030	On Track
1B. Adopt evidence-based practices to successfully connect the public to resources & services	Document best practices for designing an ideal Davis resource network	2026	Complete 2024
1C. Assess & organize Davis County resources & services	Compile community resource lists	2026	Ongoing
	Identify existing resource categories used by partners	2026	Complete 2024
	Connect to resources in neighboring communities if not available in Davis County	2030	Ongoing
1D. Provide training & support for organizations that are part of the Davis resource network	Develop training content on how the Davis resource network functions & how to make needed connections	2026	On Track
	Provide trainings to human services providers	2030	On Track
1E. Identify, strengthen & connect neighborhood resource hubs	Expand Community Schools in Davis County	2026	On Track
	Connect & convene existing neighborhood resource hubs & community centers	2030	On Track

*This objective was modified to better address the intent of the goal with a better understanding of what is feasible. The change was based on community partner feedback provided during the Davis Links Resource Forum Planning Committee meeting on December 2, 2025.

1A. Use A Systems Mapping Process To Understand 1) How The Davis Resource Network Is Functioning & 2) How To Enhance Connections Across Systems & Agencies

Regular partner conversations and collaborative work help improve the Davis Links Admin Team’s awareness of existing resource connection systems and processes.

Utah Department of Aging and Adult Services (DAAS) Public Awareness Collaboration

Davis County representatives participate in the Utah DAAS Public Awareness Collaboration. In addition to [Davis Links](#), the group was able to learn more about the following organizations with resource directories.

- 211 Utah (211utah.org)
- AARP (communityresourcefinder.org)
- Alzheimer's Association (alz.org)
- Senior Blue Book (seniorsbluebook.com/local/utah)
- Utah Commission on Aging (utahaging.org)
- Utah Developmental Disability Council (uddc.utah.gov/resources/community-resources/)
- Utah Office for Victims of Crime (UOVC) (uovc.concerncenter.utah.gov)
- Utah Parent Center (utahparentcenter.org/resources/)
- VA (U.S. Department of Veterans Affairs) Veterans Resources (va.gov/resources)

211 Partnership

Davis County Health Department staff continued to meet with 211 to collaborate on how to support each other’s work in connecting community members to resources. Due to their emphasis on service navigation, information on how to connect with 211 for support was added to davislinks.org. This guides users who prefer to speak with someone directly to 211, where they can receive support via phone, chat, or text. This partnership is essential to improving resource connection and complements the wider scope of Davis Links, which aims to showcase local resources for the Davis County community.

→ [211 Utah 5 Year Strategic Plan](#)



Measuring System Improvements

Davis Links partners provided feedback about the types of system measures they would like to improve. They suggested:

- A directory that is comprehensive (amount and variety of programs and services listed), easy to use, and trusted
- Incorporation of Davis Links in organization workflows for efficiency
- Training and support for the workforce and organizations
- Identifying paths of sustainability

Mapping system processes was viewed as nearly impossible due to constantly changing requirements across sectors and was not viewed as a good use of resources.

1B. Adopt Evidence-Based Practices To Successfully Connect The Public To Resources & Services

Ground work for designing an ideal resource connection network was documented in 2024.

1C. Assess & Organize Davis County Resources & Services

Through community engagement efforts, resource lists continued to be identified. Davis Links administrators and community workgroups review resource categories that fit local frameworks. This work helps to expand the Davis Links Resource Directory and align efforts.

Some examples from community organizations include:

- Bolder Way Forward, [18 Areas of Focus](#) (spokes)
- University of Utah, [Community Health Needs Assessment](#) (CHNA)
- Tanner Clinic, [Community Resources](#)
- The Church of Jesus Christ of Latter-day Saints, [Life Help](#)

Community Announcements

The Davis Links website has a Community Announcements tab where visitors to the site can find out about upcoming events, classes, clinics, support groups, etc. It is continuously updated.

→ Visit the [Community Announcements](#) link for fliers about current opportunities.

1D. Provide Training & Support For Organizations That Are Part Of The Davis Resource Network (Davis Links)

Multiple avenues are used to provide training and support to the organizations that are part of Davis Links.

Davis Links Resource Forums

Davis Links Resource Forums focused on supporting service providers using and promoting the Davis Links Resource Directory (davislinks.org).

- [January](#) and [February](#) forums served as work sessions to help providers learn directory features and ways to include, take ownership of, and edit their programs. A total of 58 providers attended at least 1 work session.
- During the August forum, providers were given tools to promote davislinks.org as part of the public launch. A total of 56 providers attended.
- Topic-specific resources in the [Davis Links Resource Directory](#) were highlighted during the forums. A networking event was held on September 30, 2025, which included a partner presentation by Proxima Careers. Additional forum topics included:
 - [Guidelines of trauma-informed practice](#)
 - [Abuse prevention](#)
 - [Recipes for connection](#)
 - [Fostering inclusive communities for veterans and military families](#)
 - [Refugee and immigrant assistance](#)
 - [Support for grief and loss](#)
- At the end of 2025, there were 208 Davis Links Resource Forum participants. There were 76 members added in 2025, representing nearly a 57% increase in membership.



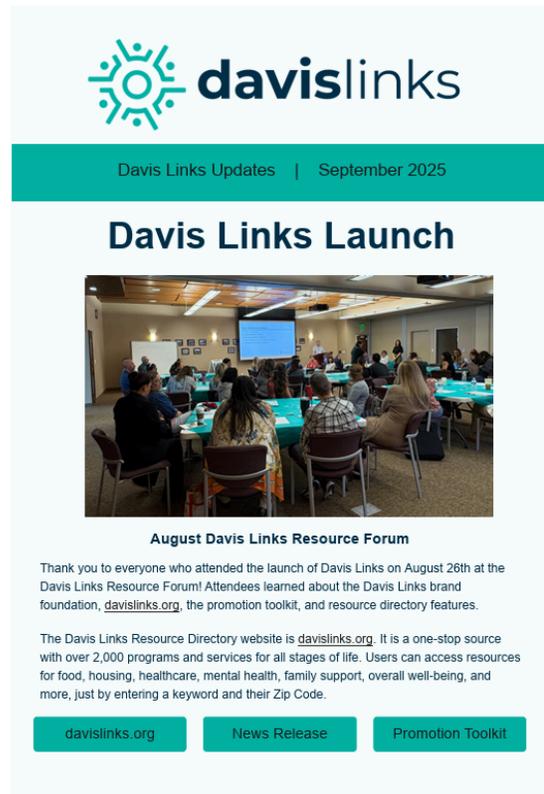
Davis Links Newsletters

An electronic Davis Links newsletter was created to share Davis Links updates by email. Articles were sent in [September](#) and [December](#). The newsletter had over 300 subscribers by the end of 2025.

Davis Links Technical Support

Davis Links Technical Support can be accessed by emailing davislinks@daviscountyutah.gov or the Connect With Us feature at the bottom of the davislinks.org webpage.

- Davis Links Admin Team responded to approximately 85 requests from service providers that included consultations, training, and creating, adding, and editing program cards.



The screenshot shows a newsletter header with the Davis Links logo and the text "Davis Links Updates | September 2025". The main title is "Davis Links Launch". Below the title is a photograph of a group of people seated at tables in a room, attending a forum. The caption reads "August Davis Links Resource Forum". Below the photo, there is a thank-you message: "Thank you to everyone who attended the launch of Davis Links on August 26th at the Davis Links Resource Forum! Attendees learned about the Davis Links brand foundation, davislinks.org, the promotion toolkit, and resource directory features." Another paragraph states: "The Davis Links Resource Directory website is davislinks.org. It is a one-stop source with over 2,000 programs and services for all stages of life. Users can access resources for food, housing, healthcare, mental health, family support, overall well-being, and more, just by entering a keyword and their Zip Code." At the bottom, there are three buttons: "davislinks.org", "News Release", and "Promotion Toolkit".

Davis County Community Strengthening Network

The Davis County Community Strengthening Network efforts include inviting organizations that provide services to families to become trained on the [5 Protective Factors for Strengthening Families](#) and the [Standards of Quality Support Practice](#). Family Resource Centers, known by many different names, are the most typical kind of Family Support and Strengthening programs. The Davis County Network is connected to the Utah Family Strengthening Network as well as the National Family Support Network.

- 8 Davis County service providers completed the Standards of Quality for Family Strengthening Support Certification.
- 5 Davis County service provider agencies completed 4 sessions for support to implement the Standards of Quality within their programs, including program assessments.

1E. Identify, Strengthen & Connect Neighborhood Resource Hubs

Community Schools Program, Davis School District

Community Schools Program efforts are focused in areas with lower socioeconomic standing, where generational poverty is prevalent, and where children and families often face limited opportunities to explore the arts, engage in sports, or access high-quality tutoring and after-school programming.

- 30 schools have been introduced to the Community Schools ideals and commitments. While implementation varies across sites, many are actively working toward full integration of all Community Schools components.
- Currently, 20 schools are consistently implementing various core Community Schools ideals that align with their individual school plans and priority needs.

More details about the Community Schools Program can be found on page 17.

Community Resource Centers

Many types of community resource centers exist in Davis County. They provide a physical location for community members to connect to resources. Examples are highlighted below.

Code Blue Warming Center, Davis County Community & Economic Development

To keep community members safe from extreme temperatures, a warming center is required when a [Code Blue](#) is activated. [Code Blue alerts](#) were approved under a state law that became effective in 2023. Davis County Community and Economic Development and local volunteers operate the Code Blue Warming Center. From October 15, 2024, to April 30, 2025, the Warming Center mainly operated in a building owned by Davis Behavioral Health in Layton.

- There were 39 Code Blue nights, with a 3-week consecutive streak in January.
- 42 unique individuals accessed the Warming Center.
- The largest single night was 20 people.
- Most people previously had stable housing in Davis County.
- About 60% of guests were over 50 years old.
- Clothing donations, food, and UTA bus passes were provided.
- Individuals were referred to Davis Behavioral Health or Open Doors for additional support.

Davis Behavioral Health

Receiving Center

The Receiving Center offers the community a first line of crisis intervention. This 24-hour program functions as a crisis response site and offers brief crisis stabilization. It is for individuals experiencing mental health, substance use, or other behavioral crises. Consumers of this program generally stay up to 24-hours or until the crisis has stabilized. Participants receive a suicide assessment, physical health screening, an evaluation, detox services, peer services, medication management, and medication-assisted treatment (MAT) when necessary. Once stabilized, individuals are linked to a treatment program and discharged.

“

“First off, I just wanted to share what a great experience I had there [Receiving Center]. I've been through several detox experiences in my life and didn't quite feel the love; this was a night-and-day difference...I was given resources, and I am currently in treatment because I went there. I've got 37 days clean today, and I'm so grateful and looking forward to life...I love those guys there, and I'm so grateful, because my life wouldn't be changing without that first step. Anyone looking to change their life, give them a call. It doesn't cost you anything, and they'll fight tooth and nail to help you change your life. The key is that they help you change your life—you have to put in the work, but as long as you're willing, they have all the tools you need to succeed.”

Participant, Receiving Center

”

More details about the Receiving Center can be found on page 33.

Supportive Housing

In 2025, Davis Behavioral Health broke ground and began construction on a 60-unit housing complex for individuals with mental health conditions or substance use disorders that put them at risk for homelessness. The complex is located near their outpatient clinic in Layton.

The project will include:

- Apartment-like facility with 60 single-occupant units and common areas
- 24/7 staffing for visitor management and security
- Single point of entry for the safety of residents
- Daily onsite case management and behavioral health clinical services
- On-site psychiatric services and medication management
- Also being built on the site is a Davis County Prevention Center, which will be the new location for the Davis Mindfulness Center

Davis County Health Department Senior Activity Centers

The Davis County Health Department Senior Activity Centers are welcoming, safe places for older adults ages 60 and older to learn new hobbies, meet friends, eat a nutritious meal, exercise, and play games. There are 3 in Davis County, located in Bountiful, Clearfield, and Kaysville. Some highlights include:

- Patrons hand-crafted pillows and blankets for older adults and teens in need as part of “Operation Bundle Up”.
- Two IRS-certified volunteers devoted a total of 672 hours and completed 580 tax applications for older adults.
- The Senior Farmers Market Nutrition Program was expanded. Participants redeemed a total value of \$1,945 in vouchers for farm-fresh produce from Utah. There were 97 older adults participants, including 22 new clients.
- Over 800 individuals were screened for the Supplemental Nutrition Assistance Program (SNAP), leading to 100 new individual applications.



Davis County Library

The mission of the Davis County Library is to improve and enrich the lives of users through information, education, and recreation. There are seven branches across the county that serve as local community resource centers, including Bountiful, Centerville, Clearfield, Farmington, Kaysville, Layton, and Syracuse. The libraries provide free computer and Wi-Fi access to the public. During 2025, they provided community classes, including story time and early literacy programs. Over 750,000 people come into the library. Over 3.6 million items were circulated in 2025.

Davis School District

Davis Community Learning Center

The Davis Community Learning Center (DCLC) is a partnership of Davis School District, United Way of Salt Lake, and community resource agencies working together to provide a network of social and support services to students, families, and community members to overcome barriers and achieve academic success. In 2025, they provided:

- 1,765 clothing items to families in need
- Diapers, wipes, and other essentials to support infants and young children
- Regular coordination of food distribution at 4 Title I schools in Clearfield, in partnership with Open Doors Mobile Pantry and the Utah Food Bank, serving a total of 17,676 individuals
- Over 200 turkey vouchers to families at 4 Title I schools during the holiday season in partnership with Open Doors
- Christmas support for families in partnership with Northrop Grumman
- GED/High School Diploma programs and English as a Second Language classes, enrolling 77 students and 99 students, respectively



Teen Centers

All 10 high schools now feature a dedicated Teen Center. They provide essential resources for all students, including laundry facilities, showers, private study rooms, and accessible food pantries. To ensure students and families are aware of these supports, teams maintain a strong presence at community events and sophomore orientations, introducing incoming 9th-grade students to the full range of high school resources.



Davis Technical College CARES Center

The CARES Center (Center for Assistance Resources and Educational Success) is a safe space for all students to access and utilize a variety of campus and community resources to foster success through acceptance, respect, and empowerment. The center offers students financial, mental health, and physical resources. 700 students were helped at the CARES Center. Efforts emphasized supporting underserved populations, expanding partnerships, and removing barriers to technical education in the following ways:

- Provided 605 monthly UTA bus passes to eligible students
 - Offered 3 free therapy/counseling sessions every 90 days for students in partnership with Trula and Blomquist Hale
 - Strengthened cross-agency collaboration to reach underserved populations
 - Partnered with Head Start to host a Community Wellness Fair to increase access to health information and services, strengthen family engagement, and improve community awareness of resources
 - Provided health education, screenings, and resource referrals for students, families, and community members
- More information can be found [in the following report](#).

Switchpoint, Teen Living Center

The Teen Living Center (TLC), operated by Switchpoint, is a 16-bed residential facility in Layton that opened in fall 2024. The purpose of the center is to offer tailored resources that keep students on track for high school graduation, regardless of the momentary challenges they face. Every one of the seniors who were living there graduated and walked with their class in 2025, with a few enrolled in higher education. To sustain and maintain the TLC, they are getting ready to open a new thrift shop called the Switchpoint Exchange, where students can work and develop the skills needed to lead a productive life.



Grandview Grief Center

The first of its kind in Davis County, the nonprofit center opened in September to support families dealing with grief and loss. It offers free, age-appropriate individual and group therapy for low- to moderate-income families, collaborating with local counseling centers. The facility has various therapy rooms, a children's grief library, and acts as a hub connecting people to trusted mental health and community support services.

More details about Grandview Grief Center can be found on page 35.



MyHometown Layton Community Resource Center

The myHometown Layton Community Resource Center opened in October, serving Layton residents. The center, currently hosted by a church, is open every Thursday evening. It empowers residents to become more self-reliant by offering tools, guidance, and education, ensuring everyone has the opportunity to fully participate in and contribute to building a hometown community. Adults, youth, and children gather for supplemental education and skill building. Activities include: English as a second language, children's crafts and storytime, beginning piano, and beginning sewing. Volunteers contributed 1,623 hours of service.

More details about the myHometown Layton Community Resource Center can be found on page 14.

Strategy 2: Utilize technology to develop accessible connection tools

This strategy is focused on developing an online resource directory that can be used by community members, service providers, and community connectors.

Strategy 2: Utilize technology to develop accessible connection tools			
Goals	Objectives	Time Target	Status
2A. Evaluate existing online resource connection platforms	Explore resource directory search functions that meet the needs of partners & the public based on how they typically search for resources & services (simplify, reduce barriers)	2026	Complete 2024
	Arrange opportunities to learn from administrators & staff of existing online resource directories (211, findhelp.org , etc.)	2026	Complete 2024
2B. Produce & maintain an intuitive resource connection tool that incorporates modern technology	*Identify social care platform/resource directory provider	2026	Complete 2024
	Engage community partners to pilot the tool to prepare for public launch	2026	Complete 2024
	Ensure online resource directory is available in Spanish	2026	Complete 2024
	Expand language options available when accessing the online resource directory	2030	Complete 2024
	Develop formalized processes for adding & updating resources & making referrals across agencies	2030	Complete 2024
	Identify & explore additional &/or advanced functions desired by partners & users of the online directory	2030	Ongoing
	**Explore avenues for sustaining the Davis Links Resource Directory	2030	Ongoing

Continued - Strategy 2: Utilize technology to develop accessible connection tools			
Goals	Objectives	Time Target	Status
2C. Monitor user experience of the resource connection tool	Conduct product testing market research with the public to assess accessibility, ease of use & value of the tool	2026	On Track
	Gather service provider feedback to assess whether the tool is meeting their needs	2026	On Track
	Collect ongoing user experience data from those accessing the tool	2026	On Track
	Make directory analytics available to partners	2030	Ongoing

*Revised/updated language with Davis Links Resource Forum Planning Committee feedback on December 2, 2025.

**Added with Davis Links Resource Forum Planning Committee feedback on December 2, 2025.

2A. Evaluate Existing Online Resource Connection Platforms

Davis County Health Department maintains a contract with Findhelp, the social care platform selected in 2024.

2B. Produce & Maintain An Intuitive Resource Connection Tool That Incorporates Modern Technology

Resource Directory

The Davis Links Resource Directory is available to the public and includes trusted resources for all ages to support well-being. A provider site allows organizations to keep program information up to date, set up referrals, and access program analytics.

- Public site: davislinks.org
- Provider site: davislinksproviders.findhelp.com



Findhelp

Findhelp is the social care platform that powers the Davis Link Resource Directory. Their mission is to connect all people and the programs that serve them, with dignity and ease. The Davis Links Admin Team meets with a Findhelp Customer Success Manager biweekly to discuss use of the platform, how to optimize a suite of digital tools, what the analytics are showing about community engagement, and identifying key performance indicators.

Findhelp Trainings/Webinars

The Davis Links Admin Team participated in the following:

- Completed Findhelp Community Engagement Training (Beginner, Intermediate, and Advanced).
- Received a two-way text demonstration during a biweekly check-in with Findhelp staff
- Completed Program Manager Tool training. This tool and training equip the team with the ability to create program cards in real time. Two interns also received this training.
- Participated in KIIP training. KIIP offers a suite of modern case management tools built to help community-based programs work efficiently, collaborate effectively, and achieve better outcomes.
- Viewed the UNO Health webinar, which provided an update about Findhelp's move to acquire UNO Health, a digital platform that allows users to enroll in multiple government programs they qualify for.
- Consulted with a Findhelp customer from Somerville, MA to learn how they utilize Findhelp platform features, promote their resource directory, and compile their year-end report for supporters, decision-makers, and leaders.

Increasing Language Access

- The Davis Links Resource Directory is available in more than 130 languages.
- Guidance for communicating effectively with Spanish-speaking audiences was reviewed by Spanish-speaking community partners and included in the [Davis Links Brand Guidelines \(pages 20 - 26\)](#).
- Davis County Health Department worked with Findhelp to ensure a direct URL to the Davis Links Resource Directory in Spanish (davislinks.findhelp.com/?lang=es).
- Three promotional fliers and a business card are available in Spanish.

Adding Resources

Provider Welcome Kit

A [Davis Links Resource Directory Provider Welcome Kit](#) was created to help providers become familiar with basic tools and capabilities of the Davis Links resource directory, including how to suggest a program, claim a program, update a program card, etc.

→ The Welcome Kit is available at davislinks.org.

Inclusion & Exclusion Policy

A [Davis Links Resource Directory Inclusion & Exclusion Policy](#) for programs was developed with support from human services partners.

→ The policy is available on davislinks.org.

Program Cards

- More than 300 local resources and services were added to the resource directory by the Davis Link Admin Team and interns for behavioral health, healthcare, assisted living, food, etc.
- The Admin Team alerted Findhelp about duplicate program cards in the resource directory. Findhelp started the process to remove them.

Imagination Station: A fun and safe place for kids!
by [Open Doors](#)
Reviewed on: 11/19/2025
[Anchor Organization](#)

Parents! What would you do with three hours of uninterrupted, child-free time? Go grocery shopping? Grab lunch with friends? Take a nap? All of this is possible with the help of Open Doors!...

Main Services: [childcare](#)
Serving: [school-aged children, preschoolers, toddlers, infants <1, in crisis, emergency](#)

Next Steps:
Call [801-773-0712 ext.0](tel:801-773-0712) (your nearest location).
4.84 miles (serves your local area)
1360 East 1450 South, Clearfield, UT 84015
Open Now : 9:00 AM - 5:00 PM MST

MORE INFO  SAVE SHARE NOTES SUGGEST [SEE NEXT STEPS](#)

Platform Capabilities

A *Taxonomy and Tags Guide* was created to help service providers tag their program cards with the appropriate service tags. This helps to increase the searchability of programs.

→ Presentation slides are available on davislinks.org.

The screenshot shows a filter interface with three main sections: Personal Filters, Program Filters, and Income Eligibility. The Personal Filters section is expanded to show several categories of filters:

- Age Group:** infants: 0 months - 1 year, toddlers: 1 - 2 years, preschoolers: 3 - 4 years, school-aged children: 5 - 12 years, children: 2 - 12 years, teens: 13 - 19 years, young adults: 20 - 30 years, adults: 31 - 54 years, seniors: 55 years+
- Employment:** employed, unemployed
- Gender & Identity:** female, lgbtqia+, male, transgender or non-binary
- General:** (empty)
- Household:** *families* (single parent, with children), individuals
- Housing:** homeless
- Income:** benefit recipients
- Role:** caregivers, dependents, fathers, mothers, parents, spouses
- Survivors:** abuse or neglect survivors, all cancer survivors

Two *Featured Program* designations were created to ensure local community programs and services appear at the top of search results.

- Anchor Organization: A trusted Davis County human services agency
- Davis Links Network: A trusted local organization

A *Boost Tag* tool was used for programs with a food service tag to ensure food programs appear high in search results. Up to ten service tags can be boosted.

Favorites Folders were created for organizations and topics to allow easy access to program cards. Folders were created for Davis County Health Department, Davis Behavioral Health, holiday assistance, grief and loss, childcare, abuse and violence, and refugee and immigration assistance. Favorites folder links are shared with service providers and community members.

A *Flyout* was created during the holiday season to connect community members to holiday assistance programs. Findhelp flyouts are used to highlight specific services and quickly connect the community to resources.

An *AI Search Feature* was added to davislinks.org to aid in searches on the website.

Sustainability

In March 2025, remaining state coronavirus (COVID) funding supporting the administration and promotion of the Davis Links Resource Directory was unexpectedly withdrawn by the federal government, which was originally awarded through June 2026. Fortunately, some county SSBG funding was available and approved for use in covering the annual Findhelp subscription fee.

To help sustain the directory, the Davis County Health Department applied for the following grants in 2025:

- Intermountain Community Care Foundation Social Drivers of Health Grant
- CommonSpirit 2026 Health Equity & Advancement Fund
- Utah Health Improvement Plan Grant

2C. Monitor User Experience Of The Resource Connection Tool

Service Provider Feedback

- Service provider feedback about the Davis Links Resource Directory was collected following provider training to use Davis Links.
- During each Davis Links presentation, those present are encouraged to search the site for a common community need and then share what they have found.

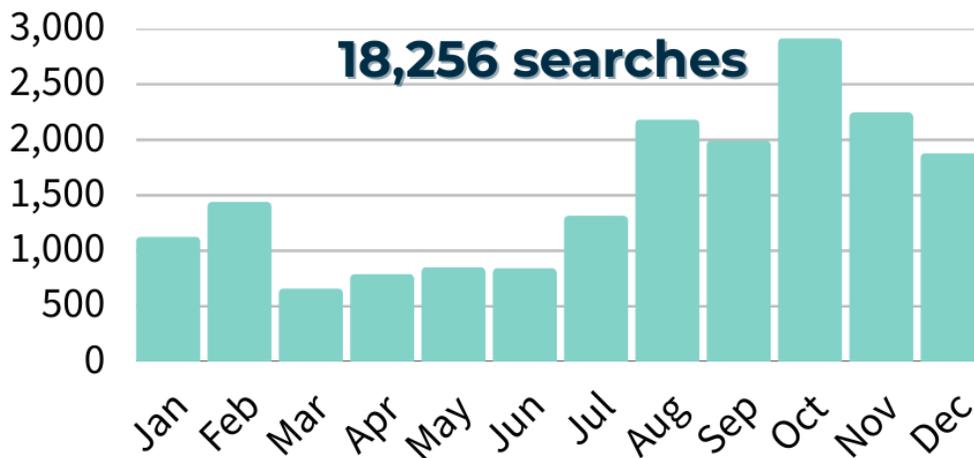
Monitoring User Experience

- The Admin Team had conversations with providers to explore opportunities for collecting Davis Links user experience feedback. Ideas include:
 - Add a pop-up form on publicly accessible computer screens
 - Add a prompt to users before they leave the site
 - Add “Give Feedback” button to the site
 - Conduct focus groups
- Successful community member connections to programs and services have been gathered and documented through presentations, events, and partner meetings.

Platform Analytics

- There were 7,461 visitors and 18,256 searches across the public and provider sites.
 - Since the public launch in August, search activity has remained stable, peaking in October. Food, housing, and health were the most common search categories.
 - The most frequently searched ZIP codes were 84015, 84014, and 84025.
 - Partners who have accounts have access to analytics for their own programs.
 - 121 providers have Davis Links accounts
 - 352 programs were claimed by an organization
- Davis Links [2025 Annual Report](#)

Searches by Month



Strategy 3: Promote resources & services using plain language

This strategy focuses on naming the Davis resource network so that it can be branded and promoted using plain language, leading to widespread public awareness and use of the online resource directory.

Strategy 3: Promote resources & services using plain language			
Goals	Objectives	Time Target	Status
3A. Develop branding for the Davis resource network	Choose a name, logo & website for the Davis resource network that conveys the purpose of the directory & that it is a local product	2026	Complete 2024
	Create a brand style guide & brand strategy guide, including approved marketing materials for promotion of the resource directory website	2026	Complete 2025
3B. Produce public education materials & messages to promote the Davis resource network	Develop a marketing plan to maximize community awareness & use of the online resource directory	2026	On Track
	Assess how historically underserved groups can best be reached & informed about the resource directory	2030	On Track
	Develop a language & communication access plan for the Davis resource network	2030	On Track
	Explore baseline measure & target for widespread public awareness about the Davis resource network	2026	On Track

3A. Develop Branding For The Davis Resource Network (Davis Links)

- Davis Links administrators worked with an advertising agency to incorporate the Davis Links [Visual Identity Style Guide](#) into newly developed [Brand Guidelines](#). Regular guidance and feedback were gathered from CHIP workgroups throughout the process. The Brand Guidelines include:
 - Brand positioning
 - Brand audiences
 - Mission, vision, values, and taglines
 - Spanish support
 - Promotional material templates
 - The Davis Links website, davislinks.org, was updated to reflect approved branding
 - [Promotional materials](#) were developed to increase public awareness of the Davis Links Resource Directory.
- The Brand Guidelines and promotional materials are available on davislinks.org.

3B. Produce Public Education Materials & Messages To Promote The Davis Resource Network (Davis Links)

Improving Reach

- The Brand Guidelines include how to reach key audiences, including the public; service providers; connectors and advocates; and supporters, decision-makers, and leaders.
- Advertising agency guidance was given for paid media, a social media strategy plan, and recommendations for improving the Davis Links website.
- Davis Links social media messages are scheduled every Tuesday on Davis County Health Department social media channels.
- The Davis Links Admin Team worked with Davis County Information Systems to improve search engine optimization of davislinks.org.
- QR Codes were used on promotional materials to track effective outreach methods.



Promotional Materials

- As part of the public launch on August 26th, a [news release](#) describing the Davis Links Resource Directory and [davislinks.org](#) was shared with partners and the media. The Davis Links Admin Team worked with partners at the [August 26 Davis Links Resource Forum](#) (public launch) to discuss tools they can use to promote [davislinks.org](#) to the public. The Promotion Toolkit includes:

- News release
- Key messages
- Taglines
- Instructions to embed search on partner websites
- Fliers
- Business cards
- Social media templates
- Logos
- TV monitor images

“

“Community members and service providers across Davis County have long called for a shared, up-to-date resource directory to support families and individuals through life's challenges. Davis Links is the result of a vision for a community where everyone feels connected, supported, and empowered by a trusted network of care...Davis Links is also a hub for those in Davis County who are looking for ways to be part of the solution. We're proud to support this tool and hope everyone will join us in using and promoting it.”

Debbie Comstock, Davis County Domestic Violence Coalition Chair

”

- Davis Links materials were shared at 17 community outreach events, reaching low-income, Spanish-speaking, and other diverse populations.
- There were 5,000+ business cards and 1,026 fliers shared through community outreach events, trainings, partner meetings, and other methods.



davislinks.org

Find. Connect. Support.

Your go-to source for trusted resources.



Davis Links

Better Connections. Stronger Communities.

Davis Links connects everyone in Davis County to essential resources and services, helping close the gap between needs and available support.

Trusted Resources



Over 2,000 programs and services, many free and low-cost, for all stages of life



Connect with everything for basic needs, mental health, family support, outdoor opportunities, and overall well-being



Free to use, no account required, private searches



Available in more than 130 languages



Opportunities for providers to collaborate and expand their reach

Our vision is a community where everyone is connected, supported, and empowered to achieve well-being through a trusted network of care.

Support Made Simple

1

Search by keyword and ZIP Code to find local resources.

2

Filter by category (food, health, education, and more) to narrow results.

3

View resource details like eligibility, contact information, and hours.

4

Connect to care!

We invite everyone, including community members, providers, and partners, to be part of Davis Links, where care and connection come together.



Visit our website at davislinks.org or email us at davislinks@daviscountyutah.gov



davislinks

Cross-Cutting Efforts

There are planned events and efforts not specific to one particular priority. Instead, they make progress towards several goals and objectives throughout the two priorities.

Cross-Cutting Initiatives	Timeline
1. Hold educational opportunities for all sectors to receive training and resources that address both priorities	2028
2. Host an annual Resilience Symposium	Annual
3. Host an annual Equity Forum	Annual
4. Produce “What Can You Do?” one pagers for community members	2026

Initiative 1: Hold educational opportunities for all sectors to receive training & resources that cross-cut priorities

[Trauma-Informed Utah](#) facilitated a 4-hour Trauma Awareness Seminar on June 4th at Davis Technical College where 93 people attended. Topics the seminar addressed included trauma basics, Adverse Childhood Experiences (ACEs), secondary traumatic stress, individual well-being, resilience, and a trauma-informed approach for organizations.



Initiative 2: Host an annual Resilience Symposium

The annual Davis County Resilience Symposium began in 2019 as part of a county-wide plan to become a community that prevents ACEs; builds resilience in individuals, families, and communities; provides a safe, supportive, and connected environment; and provides access to treatment for those who have experienced trauma. The three-fold purpose of the symposium is to build ACEs awareness, become a trauma-informed community, and improve self-care. For the 2025 event, 603 people participated in person and virtually.

→ The recording can be viewed at [Davis County government's YouTube channel](#).



Initiative 3: Host an annual Equity Forum

The third Davis4Health Equity Forum took place on March 14, 2025. The goals of the event were: recognize social and cultural norms that are barriers to honoring human dignity and creating social safety; explore ways to serve community members with different abilities, perspectives, and backgrounds; and work together to improve community conditions that support well-being. Over 100 people attended. An Equity Forum is not being planned in 2026 due to legislative action.

→ The recording is available on the [Davis County Health Department's YouTube channel](#).



Initiative 4: Produce “What Can You Do?” messages & materials for community members

Davis County prevention experts from several community organizations began working together to identify shared language for the promotion of mental, emotional, and social well-being. This work will form the basis for shared prevention messages that incorporate action items for all community members.

The *Utah Women & Leadership Project* provided three things Utahns can do to help across 18 areas of focus (spokes) as part of the Bolder Way Forward initiative.

→ They can be found online in [spoke resource kits](#).

WHAT YOU CAN DO



Educate yourself and others on the health risks of unhealthy relationships and intimate partner violence.

Share one resource on your social media channel weekly or with a friend or family member.



Encourage all women you know aged 40 or older to schedule an annual mammogram.

Share the following resources: What to Know if You're Nervous about Mammograms and Breast Health.



Initiate candid conversations with girls and young women about issues that impact their health and wellbeing.

These can include topics such as maturation, physical and mental health, body image, social media, disordered eating, and substance use disorder.

Evaluate Actions

Monitoring and evaluating are essential for assessing successes, developing strategies, and adapting plans to a changing environment. Monitoring involves observing something over time and checking on its progress or quality. Evaluating systematically collects and analyzes data to examine the effectiveness and efficiency of policies and programs.

Partners use a variety of tools to monitor and measure processes and progress. Evaluation activities are occurring on a regular basis to measure program effectiveness. Systems are in place for both process and event evaluations, with many evidence-based programs using pre/post tests to measure impact. Refer to partner highlights throughout this report for examples.

Mortality and health-related quality of life outcomes are tracked to evaluate improvements in population health. These are assessed through national monitoring systems, such as the Behavioral Risk Factor Surveillance System (BRFSS), American Community Survey (ACS), and local sources like the Utah State University Wellbeing Project, Student Health and Risk Prevention (SHARP) survey, and the Utah Healthy Places Index (HPI). These data systems track health outcomes over time.

Population Health Outcomes

Population health outcomes monitor overall trends and assess whether collaborative efforts are improving health. Davis4Health tracks progress on these outcomes. Davis County measures are organized in tables based on expected changes—those to decrease (Data Table 1), increase (Data Table 2), and others to be monitored and established (Data Table 3). The updated current values, if available, have been added to these tables.

Demographic and geographic data from the 2024 Community Health Improvement Plan (CHIP), shown in Data Table 4, highlighted meaningful differences in some population measures, which will be further analyzed for disparities in the 2026 and 2030 progress reports. Refer to partner highlights throughout this report for details on how the plan's strategies are making efforts to impact underserved and underrepresented groups.

Out of the 29 indicators in the CHIP, 5 have not had updated data from baseline. These are flagged with an asterisk. It is possible new indicators will need to be considered to replace these as new data may never become available. Many of the remaining indicators updated values do not yet reflect CHIP progress since dates are still from before the CHIP was released. Though these indicators don't yet capture the impact of the CHIP, they provide useful trend insights.

Since the 2024 CHIP was published, the Utah Public Health Indicator Based Information System (IBIS) updated population estimates and emergency department rates to include all relevant diagnosis fields, leading to revised baseline and target values for emergency department visits due to drug overdoses and suicides. Additionally, the methodology for child abuse data was updated, linking cases only to the county where the client lived. Changes were also made to the cities surveyed in the Utah Wellbeing Project—South Weber did not participate in 2024, but Clinton and West Bountiful were added. The CHIP progress reports will continue to reflect changes in the cities included in this survey.

The Data Table Color Key (below) can be referenced for Data Tables 1 and 2 to indicate whether the current value is trending toward the target value, away from it, or if there has been no change since baseline.

Data Table Color Key

Trending toward the target value
No change from baseline
Trending away from the target value

Data Table 1: Population Measures to DECREASE by 2030

Topic	Davis County Population Measures	Data Source	Baseline Value	2025 Progress		Target Value
				Current Value	Year	
Commitment to School	Decrease the percentage of students with low commitment to school from 48.5% (2023) to 43.5% by 2030.	SHARP	48.5%	49.8%	2025	43.5%
Economic Stability	Decrease the percentage of adults reporting they were unable to pay their bills in the past 12 months from 7.5% (2022) to 4.5% by 2030.	BRFSS	7.5%	8.6%	2024	4.5%
	Decrease food insecurity from 7.5% (2021) to 6% by 2030.	Feeding America	7.5%	11.9%	2023	6.0%
Isolation	Decrease the percentage of adults who report "Always/Usually" feeling socially isolated from others from 8.2% (2022) to 5.2% by 2030.	BRFSS	8.2%	8.2%	2022*	5.2%
	Decrease the percentage of students who "Often" or "Always" felt isolated from others in the past week from 20.0% (2023) to 15.0% by 2030.	SHARP	20.0%	17.1%	2025	15.0%
Mental Health Conditions	Decrease the percentage of adults reporting a week or more of poor mental health days per month from 28.1% (2022) to 23.1% by 2030.	BRFSS	28.1%	24.6%	2024	23.1%
	Decrease the percentage of students with depressive symptoms from 42.4% (2023) to 37.4% by 2030.	SHARP	42.4%	30.0%	2025	37.4%
	Decrease the prevalence of depression among adults from 28.6% (2022) to 23.6% by 2030.	BRFSS	28.6%	25.2%	2024	23.6%
Substance Misuse	Decrease regular use of any vaping product among students from 3.2% (2023) to 1.6% by 2030.	SHARP	3.2%	2.3%	2025	1.6%
	Decrease the rate of emergency department visits due to overdose from any drug from 246.6^ visits per 100,000 (2019-2021) to 239.2^ per 100,000 by 2030.	IBIS	246.6^	229.5	2021 - 2023	239.2^

Data Table 1: Population Measures to DECREASE by 2030

Topic	Davis County Population Measures	Data Source	Baseline Value	2025 Progress		Target Value
				Current Value	Year	
Suicide	Decrease suicide deaths from 19.0 (2020-2022) deaths per 100,000 to 18.4 deaths per 100,000 by 2030.	IBIS	19.0	18.0	2022 - 2024	18.4
	Decrease emergency department visits for suicide from 221.7^ visits per 100,000 population (2019-2021) to 215.0^ visits per 100,000 by 2030.	IBIS	221.7	200.2	2021 - 2023	215.0^
	Decrease the percentage of students who reported attempting suicide in the past year from 6.8% (2023) to 3.8% by 2030.	SHARP	6.8%	5.2%	2025	3.8%
Violence & Abuse	Decrease child abuse rates among those under age 18 from 746.8^ victims per 100,000 children (2021-2023) to 724.4^ victims per 100,000 children by 2030.	DCFS; IBIS	746.8^	685.9+	2023 - 2025	724.4^
	Decrease the annual rate of domestic violence from 587.5^ victims per 100,000 population (2023) to 569.9^ victims per 100,000 population by 2030.	DPS; IBIS	587.5^	570.8	2024	569.9^

Data Notes: Crude measures are used for BRFSS & SHARP. Substance misuse rates do not include alcohol. **Green** = trending toward target value, **yellow** = no change from baseline, **red** = trending away from target value. *Data has not been updated since baseline. ^Population measure baseline and target values were updated from the original CHIP report to reflect updated methodologies and data errors. +Population estimates from 2024 since 2025 is not available yet. **Acronym Key:** Utah Student Health and Risk Prevention (SHARP), Behavioral Risk Factor Surveillance System (BRFSS), Utah's Indicator-Based Information System (IBIS), Utah Department of Child and Family Services (DCFS), Utah Department of Public Safety (DPS).

Data Table 2: Population Measures to INCREASE by 2030

Topic	Davis County Population Measures	Data Source	Baseline Value	2025 Progress		Target Value
				Current Value	Year	
Access	Increase the Sharecare Well-being Index Resource Access score from 44 out of 100 (2022) to 45 out of 100 by 2030.	Sharecare Well-being Index	44	44	2022*	45
	Increase the Sharecare Well-being Index Healthcare Access score from 53 out of 100 (2022) to 55 out of 100 by 2030.	Sharecare Well-being Index	53	53	2022*	55
Connection	Increase the percentage of adults who report "Always/Usually" getting the social and emotional support they need from 77.6% (2022) to 82.6% by 2030.	BRFSS	77.6%	76.4%	2024	82.6%
	Increase the Sharecare Well-being Index Social Dimension score from 67 out of 100 (2022) to 69 out of 100 by 2030.	Sharecare Well-being Index	67	67	2022*	69
	Increase the average score for Community Connection for each participating city to 4.00 or higher by 2030.	Utah Wellbeing Project Survey	Bountiful: 3.17	Bountiful: 3.33	2024	4.00
			Clinton: none	Clinton: 2.95		
			Layton: 3.06	Layton: 2.92		
			North Salt Lake: 2.92	North Salt Lake: 3.01		
South Weber: 3.22			South Weber: none			
West Bountiful: none	West Bountiful: 3.49					
Increase the percentage of community members reporting "Good" to "Excellent" in the Social Connections Domain of personal well-being to 75% for each participating city by 2030.	Utah Wellbeing Project Survey	Bountiful: 55%	Bountiful: 57%	2024	75%	
		Clinton: none	Clinton: 44%			
		Layton: 56%	Layton: 47%			
		North Salt Lake: 60%	North Salt Lake: 54%			
		South Weber: 69%	South Weber: none			
		West Bountiful: none	West Bountiful: 60%			

Data Table 2: Population Measures to INCREASE by 2030

Topic	Davis County Population Measures	Data Source	Baseline Value	2025 Progress		Target Value
				Current Value	Year	
	Increase the Sharecare Well-being Index Community Dimension score from 65 out of 100 (2022) to 67 out of 100 by 2030.	Sharecare Well-being Index	65	65	2022*	67
General Well-Being	Increase the average overall Community Wellbeing score for all participating cities to 4.00 or higher by 2030.	Utah Wellbeing Project Survey	Bountiful: 3.84	Bountiful: 3.84	2024	4.00
			Clinton: none	Clinton: 3.79		
			Layton: 3.71	Layton: 3.52		
			North Salt Lake: 3.63	North Salt Lake: 3.75		
			South Weber: 3.72	South Weber: none		
			West Bountiful: none	West Bountiful: 4.00		
	Increase the average overall Personal Wellbeing score for all participating cities to 4.25 or higher by 2030.	Utah Wellbeing Project Survey	Bountiful: 4.09	Bountiful: 4.13	2024	4.25
			Clinton: none	Clinton: 4.07		
			Layton: 4.19	Layton: 3.96		
			North Salt Lake: 4.08	North Salt Lake: 4.08		
			South Weber: 4.16	South Weber: none		
			West Bountiful: none	West Bountiful: 4.22		
Good Mental Health	Increase the percentage of community members reporting "Good" to "Excellent" in the Mental Health Domain of personal well-being to 75% for each participating city by 2030.	Utah Wellbeing Project Survey	Bountiful: 64%	Bountiful: 68%	2024	75%
			Clinton: none	Clinton: 72%		
			Layton: 73%	Layton: 69%		
			North Salt Lake: 72%	North Salt Lake: 71%		
			South Weber: 81%	South Weber: none		
			West Bountiful: none	West Bountiful: 78%		
Youth Protective Factors	Increase the percentage of students who think it's ok to seek help and talk to a professional if they've been feeling very sad, hopeless, or suicidal from 84.4% (2023) to 89.4% by 2030.	SHARP	84.4%	84.1%	2025	89.4%

Data Table 2: Population Measures to INCREASE by 2030

Topic	Davis County Population Measures	Data Source	Baseline Value	2025 Progress		Target Value
				Current Value	Year	
	Increase the percentage of students who have talked to an adult in the past month about feeling sad, hopeless, or suicidal from 25.4% (2023) to 30.4% by 2030 (help seeking).	SHARP	25.4%	17.3%	2025	30.4%
	Increase peer-individual prosocial involvement among students from 51.6% (2023) to 56.6% by 2030.	SHARP	51.6%	55.8%	2025	56.6%
	Increase the percentage of students reporting interaction with prosocial peers from 55.4% (2023) to 60.4% by 2030.	SHARP	55.4%	66.7%	2025	60.4%

Data Notes: Crude measures are used for BRFSS & SHARP. **Green** = trending toward target value, **yellow** = no change from baseline, **red** = trending away from target value. The Utah Wellbeing Project is not representative of the whole county but does survey cities that account for half the county's population. Although not representative, it is the only known source for local well-being data. *Data has not been updated since baseline. **Acronym Key:** Behavioral Risk Factor Surveillance System (BRFSS), Utah Student Health and Risk Prevention (SHARP).

Data Table 3: Population Measures to MONITOR & ESTABLISH Through 2030

Topic	Davis County Measures	Data Source	2025 Progress
Adult Abuse Cases	Monitor annual rates of opened cases of adult abuse through 2030. The 2023 rate was 580.5 opened cases per 100,000 population aged 60 and older.	APS; IBIS	In 2025, there were 748.3 opened cases per 100,000 population aged 60 and older*
	Monitor the annual percentage of adult abuse cases that were supported through 2030. In 2023, 5.9% of opened cases were supported. Supported means a finding by Adult Protective Services that there is a reasonable basis to conclude that abuse, neglect, or exploitation occurred (Utah Code 26B-6-201 , 2023).	APS	In 2025, 9.9% of opened cases were supported.
Community Conditions	Monitor Utah Healthy Places Index percentile scores through 2030. In 2022, Davis County had healthier conditions than 92.6% of other counties in Utah.	UT HPI	In 2023, Davis County had healthier community conditions than 42.3% of other Utah counties. This is a significant decline compared with the previous data. New indicators (traffic volume and ozone) and improved methodology adjusting for population density on weighted categories contributed to this change.
Resource Centers	Establish a way of mapping and measuring physical access to community resource centers in Davis County in identified service areas by 2026. Monitor changes in these data in the year 2030 with the hope of seeing a greater percentage of the population served by physical centers.	Data gap	Plan: Survey partners and utilize GIS tools to map resource centers and measure physical access (2026).
Social Norms	Establish ways of measuring social norms in Davis County by 2026. Monitor changes in these measures in the year 2030 with the hopes of seeing an increase in social norms that support mental, emotional, and social well-being, protect against abuse, and improve access to services and resources.	Data gap	In 2025, a Davis County Health Department workgroup was formed to start this project. A landscape analysis has been started to assess what data and information is already currently available in Davis County and Utah.

Data Table 3: Population Measures to MONITOR & ESTABLISH Through 2030

Topic	Davis County Measures	Data Source	2025 Progress
Stigma	Establish ways of measuring various forms of stigma in Davis County by 2026. Monitor changes in these measures in the year 2030 with the goal of seeing a decrease in stigmatizing behavior, experiences, and perceptions.	Data gap	In 2025, a Davis County Health Department workgroup was formed to start this project. A landscape analysis has been started to assess what data and information is already currently available in Davis County and Utah.

Data Notes: *Population estimates from 2024 since 2025 is not available yet. **Acronym Key:** Utah Adult Protective Factors (APS), Utah’s Indicator-Based Information System (IBIS), Utah Healthy Places Index (UT HPI).

Data Table 4: Groups with Significant Disparities in Davis County per Population Measure

Topic	Population Measures*	Groups with Significant Disparities							
		Age	Sex	Race/ Ethnicity	Income	LGBTQ+	Military Service	Disability Status	Small Area/City
General Well-Being	Overall personal well-being score	X**			X**				
Connection	Social and emotional support	X			X	X		X	X
	Community Connection well-being score				X**				
	Social Connection Domain of well-being				X**				
Good Mental Health	Mental Health Domain of well-being	X**			X**				
Youth Protective Factors	Youth help-seeking behavior		X	X					
	Peer-individual prosocial involvement (youth)			X		X			
	Interaction with prosocial peers (youth)			X		X			
Isolation	Social isolation (adult)				X			X	
	Social isolation (youth)		X	X					
Mental Health Conditions	Poor mental health days	X	X		X	X		X	
	Depressive symptoms (youth)		X	X		X			
	Diagnosed depression	X	X		X	X		X	
Suicide	Died by suicide	X	X						
	Emergency Department (ED) visits for suicide	X	X	X					X
	Recent suicide attempt (youth)			X		X			
Substance Misuse	Youth vaping			X		X			
	ED visits for drug overdose	X	X	X					X
Commitment to School	Low commitment to school (youth)			X		X			

Data Table 4: Groups with Significant Disparities in Davis County per Population Measure

Topic	Population Measures*	Groups with Significant Disparities							
		Age	Sex	Race/ Ethnicity	Income	LGBTQ+	Military Service	Disability Status	Small Area/City
Economic Stability	Unable to pay bills (adult)							X	
	Food insecurity			X					

*Some measures are not included in Data Table 4 because no disparities were found or group data was unavailable.

**For at least 2 cities

Limitations

No dataset is perfect. The measures selected for this plan have limitations. There is a delay in the availability of some data, especially from state and national sources. Data from the Utah Wellbeing Project is also released every other year. It is one of the only local measures of well-being, so it has been included in this plan despite only surveying a selection of Davis County cities. Although the survey does not include all cities, those it does sample contain roughly half the county’s population, including its two largest cities, Layton and Bountiful.

Second, when relying on other agencies’ data, there is no control over how data is collected, so changes in survey methods may prevent the comparison of data between years. If updates can be made to baseline and target values based on these methodology changes, they will be as some changes were made this year. Additional factors or events beyond the control of health improvement partners may influence the data and prevent the selected measures from showing the impact of prevention efforts, as demonstrated by the COVID-19 pandemic.

Finally, focusing on shared risk and protective factors is a shift from the prior plan’s evaluation approach. It is possible that the plan’s strategies may raise the community’s awareness of health issues and thus increase reporting of cases, especially for violence and abuse. Therefore, measures may look worse for the first few years before eventually trending in the right direction. Additionally, some concepts are too new to have a reliable data source, and these gaps have been noted.

The measures in Data Tables 1, 2, and 3 were the best available sources at the time of this plan’s creation. Better measures may become available in the future as health improvement efforts and consequently, data collection efforts, expand beyond looking at health outcomes and move upstream to impacting risk and protective factors.