



LGBTQ+

DAVIS COUNTY

2023 RESOURCE DIRECTORY



Davis
COUNTY

RESOURCE SUMMARY DIRECTORY

CRISIS & SUPPORT LINES

OPERATE 24/7 UNLESS OTHERWISE NOTED

LGBT NATIONAL HELP CENTER

lgbthotline.org

888-843-4564

Hours: Mon-Fri 2pm-10pm,
Sat 10am-3pm MST

NATIONAL SUICIDE & CRISIS LIFELINE

Call or text 9-8-8

NATIONAL YOUTH TALKLINE

800-246-7743

Hours: Mon-Fri 2pm-10pm,
Sat 10am-3pm MST

SAGE NATIONAL LGBTQ+ ELDER HOTLINE

sageusa.org

877-360-LGBT (5428)

TRANS LIFELINE

translifeline.org

877-565-8860

Hours: 8am-2am MST

Languages: English and Spanish

TREVOR PROJECT - SUPPORT FOR LGBTQ YOUNG PEOPLE

thetrevorproject.org

1-866-488-7386

Text 'START' to 678-678

Online chat available.

LOCAL CRISIS RESOURCES

SAFE HARBOR LIFELINE AND PREVENTION CENTER

safeharborhope.org

info@safeharborhope.org

Crisis Line: 801-444-9161

Business Line: 801-444-3191

223 Larson Ln.

Layton, UT 84041

Provides shelter, supportive services, and advocacy to survivors of domestic violence and sexual assault, as well as education, awareness, and resources to the community at no cost. Shelter is open 24/7, just call the crisis line and someone will be ready to help.

TEEN RESOURCE CENTERS FOR STUDENTS IN CRISIS

[dclc.davis.k12.ut.us/center-
information/staff](http://dclc.davis.k12.ut.us/center-information/staff)

jwhitworth@dsdmail.net

801-402-8385

Open at Clearfield, Northridge, Layton, Mountain High, and the Renaissance Academy

Age Group: High School Aged Students

Hours: 7:30am-3:00pm on days school is in session

Offer Davis School District students a safe place to shower, do laundry, study, and access resources. Please contact Jenica Whitworth (phone number and email above) for more information.

RESOURCE SUMMARY DIRECTORY

STATE CRISIS RESOURCES

VOLUNTEERS OF AMERICA YOUTH RESOURCE CENTER

voaut.org/lyrc

801-364-0744

888 S. 400 W.

Salt Lake City, UT 84101

Age Group: 15-22 Yrs Old

Hours: Daily 8:30am-7:30pm

Emergency Shelter: Daily 7:30pm-8:30am

Drop-in resource center and emergency shelter for all youth at-risk or experiencing homelessness. Provides essential basic need items, hot meals, pantry food, showers, laundry, life-skills groups, housing and employment case management, dental and medical care assistance, with access to mental health services on-site.

YOUTH FUTURES UTAH

youthfuturesutah.org

801-528-1214

Text: 385-405-9460

2760 Adams Avenue

Ogden, UT 84403

Age Group: Youth 12-18 Yrs

Hours: Daily 6am-8pm

Shelter: Open 24/7

Offers drop-in services and an overnight shelter for runaway, homeless, unaccompanied, and at-risk youth.

Drop-in services include food, clothing, hygiene items, laundry facilities, computer stations, and case management.

HEALTHCARE RESOURCES

DAVIS COUNTY HEALTH DEPARTMENT

daviscountyutah.gov/health

801-525-5000

22 S. State Street

Clearfield, UT 84015

Offers low-cost STD testing and suicide prevention.

INTERMOUNTAIN HEALTHCARE

TAKE PRIDE IN YOUR HEALTH

intermountainhealthcare.org/pride

Website offers a list of LGBTQ+ affirming providers in many different specialties and many other healthcare resources for the LGBTQ+ community.

PLANNED PARENTHOOD

plannedparenthood.org

Offers telehealth or in-person services including primary care, STD testing & treatment, HIV services, transgender hormone therapy, and more.

RESOURCE SUMMARY DIRECTORY

MENTAL HEALTH PROVIDERS

ASPIRE COUNSELING NETWORK

aspirecounselingnetwork.com

801-525-4645

Age groups, hours, cost, and payment type vary depending on the provider.

Languages: English, Spanish, and German

Offers a wide range of mental health counseling services including individual (adults, adolescents & children), family therapy, play therapy, and marriage/couple therapy, as well as support groups and classes. The clinicians specialize in depression, anxiety, LGBTQ+ issues, addiction recovery, ADHD, substance abuse, women's issues, grief/loss, abuse recovery, and more. Please visit the website for more information.

CARBAJAL COUNSELING & CONSULTING

carbajalcounseling.com

801-989-3488

375 N. Main St., Suite 102

Kaysville, UT, 84037

Age Groups: Children to Adults

Hours: Mon-Thurs 8am-9pm,
Fri-Sat 8am-6pm

Languages: English, Spanish, and German

Provides individual, family, couples, anxiety, depression, and EMDR therapy.

DAVIS BEHAVIORAL HEALTH

dbh.utah.gov

801-773-7060

934 S. Main St., Suite 6

Layton, UT 84041

Age Groups: Children to Seniors

Languages: English, Spanish, and translators are available

Payment Type: Cash/self-payment (sliding scale available), Medicaid, private insurance

Offers behavioral health services for psychotic disorders, mood disorders, anxiety disorders, personality disorders, trauma/abuse, substance use, and behavior concerns. Comprehensive treatment and Medication-Assisted Treatment (MAT) offered.

ELEVATIONS RESIDENTIAL TREATMENT CENTER

elevationsrtc.com

801-773-0200

2650 W. 2700 S.

Syracuse, UT 84075

Age Group: Adolescents 13-18 Yrs

Program includes college preparatory academics, therapeutic recreation activities, and individual, family and group psychotherapy as well as on-site medical and psychiatric services available to all students. Offers guidance, support, and relief to students struggling with issues such as trauma, depression, anxiety, mood disorders, behavioral problems, and substance use.

RESOURCE SUMMARY DIRECTORY

ELLIE MENTAL HEALTH

elliementalhealth.com/locations/bountiful-ut/

801-462-0222

563 W. 500 S., Suite 22

Bountiful, UT 84010

Telehealth Options Available

Hours: Mon-Fri 9am-5pm (can be flexible)

Payment Type: Credit card/self-payment, accepts most insurance

Offers therapy for all ages, individuals, couples and families. Providers are specialized in various modalities and cover a wide range of mental health concerns to include ADHD, body image, addiction recovery, OCD, anxiety, PTSD, stress, abuse, trauma, loss, depression, women's issues, and many others.

ENCIRCLE THERAPY

encircletherapy.org

Telehealth Options Available

Age Group: 12 Yrs and Older

Affordable, affirming, and first-rate therapy: a service every LGBTQ+ person deserves. Therapists have experience in navigating the complex intersections of sexuality, gender, and religious beliefs. Please visit the website to schedule a free consultation and for more information on locations.

EN ROUTE COUNSELING

Sunset Equestrian Center

801-856-4564

820 Mare Cir.

Kaysville, UT 84037

Age Group: 6 Yrs and Older

General mental health practice offering in-office, virtual, and equine therapy.

FAMILY COUNSELING SERVICE OF NORTHERN UTAH

fcshealingnow.org

801-399-1600

3518 Washington Blvd.

Ogden, UT 84403

Telehealth Options Available

Age Group: Children to Seniors

Hours: Mon-Thurs 8am-8pm, Fri 8am-4pm

Languages: English and Spanish

Payment Type: Cash/self-payment (sliding scale available), private insurance, foundation money

Offers affordable counseling and mental health services to individuals and families, especially those in crisis who have nowhere else to turn for help. Services address a variety of issues, including those related to depression, anxiety, suicide, grief, substance and domestic abuse, and anger management.

RESOURCE SUMMARY DIRECTORY

FELLER BEHAVIORAL HEALTH

fellerbehavioralhealth.com

801-683-9340

270 S. Main St., Suite 104

Bountiful, UT 84010

Hours: Mon-Thurs 8am-8pm

Languages: English and Spanish

Serves individuals, couples, and families. Providers are specialized in assessment, diagnosis, and treatment of all common and most major mental health disorders.

HIGHLAND SPRINGS

highlandspringsclinic.org

801-536-6545

1785 E. 1450 S., Suite 300

Clearfield, UT 84015

Telehealth Options Available

Hours: Mon-Fri 8am-5pm, extended hours available by appointment.

Languages: English, Spanish

Offers outpatient counseling. Specialties include addiction and trauma treatment.

LUMINOUS COUNSELING

luminouscounselingut.com

385-448-1697

1290 S. 500 W., Suite 19

Woods Cross, UT 84010

Telehealth Options Available

Hours: Mon-Fri 10am-8pm, Sat 11am-6pm

Offers counseling to treat a number of areas, including addiction, anger, body image, codependency, eating disorders, mood disorders, stress, panic disorders, substance abuse, addictions, traumatic brain injury, and in assisting individuals who are victims of abuse.

MOON COUNSELING

mooncounseling1@gmail.com

385-310-7724

121 W. 200 S.

Farmington, UT 84025

Telehealth Options Available

Age Groups: Adolescents to Adults

Hours: Mon-Fri 11am-7pm

Payment Type: Cash, credit card, Venmo, limited insurances accepted

Offers help to the LGBTQ+ population, especially with gender and transgender issues. Experienced with WPATH guidelines and regulations.

NEUROBEHAVIORAL CENTER FOR GROWTH - BOUNTIFUL AND LAYTON

neurobcg.com

admin@neurobcg.com

801-683-1062

415 S. Medical Dr., Suite D101

Bountiful, UT 84010

327 W. Gordon Ave., Suite 2

Layton, UT 84041

Age Groups: Children to Adults

Payment Type: Cash/self-payment, Medicaid, Medicare, private insurance

Their vision is to empower each individual to reach their full potential. Whether they're supporting a mom who's raising a child with autism, guiding a family through trauma recovery, helping a teen manage anxiety, or bringing hope to an adult with clinical depression, they love working with layered, complex, and inspiring people every single day.

RESOURCE SUMMARY DIRECTORY

PHOENIX REBELLION THERAPY

phoenixrebelliontherapy.com

385-231-8387

347 N. 300 W. Suite 201

Kaysville, UT 84037

Telehealth Options Available

Age Group: 12 Yrs and Older

Hours: Mon-Fri 9am-6pm

Payment Type: Accepts many major insurance plans

Offers services to all people (children, teens, families, LGBTQIA+, first responders, military and veterans, family of military) in any life situation. Visit the website for more information on providers and treatment methods.

SOUTH DAVIS

PSYCHOLOGICAL SERVICES

southdavispsych.com

801-934-3373

520 N. Marketplace Dr., Suite 200

Centerville, UT 84014

Age Groups: Children to Adults

Hours: Mon-Fri 8am-5pm

Languages: English and Spanish

Offers individual counseling, family therapy, couples counseling, and EMDR to help people overcome trauma, PTSD, depression, anxiety, marriage or relationship problems, and problems with emotion regulation. Visit the website to learn more about providers and accepted insurance plans.

TURNING POINT CENTERS

turningpointcenters.com

888-576-3711

521 N. Sportsplex Dr.

Kaysville, Utah 84037

Age Group: Adults

Payment Type: Preferred, in-network provider with most insurance companies

Offers treatment for both mental health and substance use disorders, including online and in-person intensive outpatient programs, residential treatment, and Medication-Assisted Treatment (MAT).

VIEWPOINT CENTER

viewpointcenter.com

801-825-5222

2732 W. 2700 S.

Syracuse, UT 84015

Age Groups: Youth 12-17 Yrs

Languages: English and Spanish

Offers comprehensive behavioral and psychological assessments and intensive therapy to teenagers who would benefit from a highly structured therapeutic setting. In addition to a broad therapeutic regimen that includes individual, group, and family therapy, teens are provided individual tutoring to ensure educational success.

RESOURCE SUMMARY DIRECTORY

WASATCH FAMILY THERAPY

wasatchfamilytherapy.com

801-944-4555

1371 N. 1075 W., Suite 5

Farmington, UT 84025

Telehealth Options Available

Age Group: Children to Seniors

Hours: Mon-Fri 9am-6pm

Payment Type: Cash/self-payment,
church organization

Offers compassionate, confidential, and professional therapy services for individuals, couples, and families to improve their relationships and mental health.

WICONI COUNSEING CENTER

wiconicc.com

contact@wiconicc.com

801-541-7049

872 Heritage Park Blvd., Suite 110

Layton, UT 84041

Telehealth Options Available

Age Groups: Youth to Seniors

Hours: Mon-Fri, Sat and evenings
available upon request

Payment Type: Cash/self-payment,
private insurance, or church
organizations

Offers therapy services for couples, trauma, suicide ideation, abuse, ADHD, anxiety and depression. See full fee schedule and accepted insurance plans on the website.

COMMUNITY RESOURCES

BOUNTIFUL COMMUNITY CHURCH

uccbccchurch.org

801-295-9439

150 N. 400 E.

Bountiful, UT 84010

An open and affirming Christian community that celebrates diversity and welcomes persons of all races, ethnicities, cultures, abilities, and sexual identities.

DAVIS COUNTY PRIDE

daviscountypride.com

daviscountypride@gmail.com

ENCIRCLE

encircletogether.org

801-613-7305

331 S. 600 E.

Salt Lake City, UT 84102

Non-profit organization with the mission to bring the family and community together to enable LGBTQ+ youth to thrive. Offers a safe space to hang out, daily programs, friendship circles, and affordable therapy.

EPISCOPAL CHURCH OF THE RESURRECTION

ecor.org

801-295-1360

1131 S. Main Street

Centerville, UT 84014

Welcoming and affirming.

RESOURCE SUMMARY DIRECTORY

HILL AIR FORCE BASE PRIDE COMMUNITY

facebook.com/hillpridecommunity

Offers LGBTQ+ outreach and ally connection.

UNIVERSITY OF UTAH LGBT RESOURCE CENTER

lgbt.utah.edu

801-587-7973

Offers support to U of U students in navigating university systems, exploring their identities, finding community, and developing as leaders.

UTAH PRIDE CENTER

utahpridecenter.org

801-539-8800

1380 S. Main St.

Salt Lake City, UT 84115

Adult & Senior Program email:

brittanymartinez@utahpridecenter.org

Youth & Family Programs email:

cloebutler@utahpridecenter.org

The Utah Pride Center offers a safe, empowering space for Utah's diverse LGBTQ+ community through programs, activities, and support groups for youth, adults, seniors, and families. Please call or email for more information.

WEBER STATE UNIVERSITY LGBT RESOURCE CENTER

weber.edu/lgbtresourcecenter

Shepherd Union Suite 323, Dept. 2117

3910 W. Campus Drive

Ogden, UT 84408

Offers university and community resources to WSU students. Facilitates an LGBTQIA Support Group and a Transgender Support Group.

RESOURCE SUMMARY DIRECTORY

ADVOCACY & EDUCATION

**AFFIRMATION: LGBTQ MORMONS,
FAMILIES & FRIENDS**
affirmation.org

Creates worldwide communities of safety, love, and hope and promotes understanding, acceptance, and self-determination of individuals of diverse sexual orientations, gender identities, and expressions. Offers online resources & stories, local groups, events, and an international conference.

**THE ASSOCIATION OF LGBTQ+
PSYCHIATRISTS (AGLP)**
aglp.org
215-222-2800

A community of psychiatrists that educate and advocate on Lesbian, Gay, Bisexual, and Transgender mental health issues. Offers an online referral service to those seeking LGBTQ+ friendly counseling, support, and psychiatric treatment.

EQUALITY UTAH FOUNDATION
equalityutah.org
801-355-3479

Educates Utahns about issues in the LGBTQ community. Trains LGBTQ Utahns and allies to respond and work proactively for LGBTQ equality.

FAMILY ACCEPTANCE PROJECT
lgbtqfamilyacceptance.org

Works to decrease mental health risks and promote wellbeing among LGBTQ youth by educating and increasing support from parents and families. Offers lists of resources sorted by location, crisis & support, culture-based, evidence-based, and faith-based.

**GAY, LESBIAN, & STRAIGHT
EDUCATION NETWORK (GLSEN)**
glsen.org
info@glsen.org
212-727-0135

Their mission is to ensure that every member of every school community is valued and respected regardless of sexual orientation, gender identity, or gender expression. GLSEN offers programs, resources, and research to promote safe, supportive, and LGBTQ-inclusive K-12 education.

GLAAD
glaad.org

As the world's largest LGBTQ media advocacy organization, GLAAD works through entertainment, news, and digital media to share stories from the LGBTQ community that accelerate acceptance.

RESOURCE SUMMARY

DIRECTORY

MAMA DRAGONS

mamadragons.org

Offers safe online spaces where mothers, new to the journey of parenting an LGBTQ kid, can find support and education, connect with other mothers traveling similar paths, ask questions, and find answers as they learn the ins and outs of parenting their LGBTQ child.

THE PECULIAR ORGANIZATION

facebook.com/thepeculiarorg
info@thepeculiar.org

Works to inspire, educate, and empower parents and families from faith-based communities to unconditionally love and embrace their LGBTQ+ children.

PROJECT RAINBOW

projectrainbowutah.org

Raises funds to support organizations, projects, and events that further increase LGBTQ+ support and visibility through Utah. Members sign up, make a donation, and participate in flag campaigns throughout the year.

UTAH LGBTQ+ CHAMBER OF COMMERCE

utahlgbtqchamber.org
801-441-0517

Open to corporations of all sizes, sole proprietors, and independent agents regardless of sexual orientation, gender identity, or gender expression. Provides a great place to meet other professionals, make business contacts, promote business and work for the enhancement of Utah's LGBTQ+ community.

LGBTQ+

DAVIS COUNTY

2023 POPULATION HEALTH REPORT

DETAILS

Compiled in 2022 by the Davis County Health Department

Find it online at daviscountyutah.gov/health/reports-and-assessments

Questions about this directory can be directed to

healthstrategies@daviscountyutah.gov

801-525-4950