

# 2021 Adolescent Health Profile

	DAVIS	UTAH
<b>Demographics (2020)</b>	%	%
Adolescent (Ages 10-19) Population Size (%)	61,990 (17.2)	526,744 (16.2)
Hispanic or Latino, Any Race	11.8	17.7
Identified as Bisexual, Gay, Lesbian, or Unsure/Other (2021)	15.5	17.1
Uninsured (Ages 6-18) *	4.8	7.3
Below Poverty Level (Under Age 18) *	6.8	9.9
Participated in Free/Reduced Lunch (2021) ^	19.1	37.4
Living with Any Disability (Ages 5-17)	4.9	5.0
High School Graduation Rates *	95.9	93
<b>Behaviors (2021)</b>	%	%
Met Physical Activity Recommendations (1 Hour Daily)	17.6	16.8
Met Sleep Recommendation (8+ Hours per Average School Night)	34.6	36.5
Seat Belt Use *	72.8	66.5
Non-School Screen Time, 2+ Hours Daily (Gaming, Texts, YouTube, Social Media)	80.3	78.8
Texted or Emailed While Driving in Past Month	38.7	36.3
Car Crashes Involving a Teenage Driver (Ages 15-19)	25.8	22.2
<b>Current Substance Use (2021)</b>	%	%
E-Cigarette/Vaping	6.9	7.8
Secondhand Cigarette Smoke Exposure *	9.9	11.6
Alcohol Use	4.3	5.3
Marijuana Use	5.3	5.9
<b>Risk &amp; Protective Factors (2021)</b>	%	%
Family Meals, 5+ Weekly	59.9	57.9
Can Access Gun and Bullets in the Home	20.4	22.3
Low Commitment to School ^	44.9	48.8
Family Conflict (Household Arguing or Yelling)	27.0	28.2
Youth Attitudes Favorable to Drugs, Violence, & Crime	36.0	39.1
<b>Mental Health (2021)</b>	%	%
Depressive Symptoms	39.5	43.1
High Need for Mental Health Treatment *	24.6	27.2
Purposeful Self-Harm Without Suicidal Intention	17.3	18.6
Serious Thoughts of Suicide	17.7	19.0
Suicide Attempt in Past Year *	6.0	7.0
<b>Violence &amp; Abuse (2021)</b>	%	%
Experienced Dating Violence in Past Year	11.5	11.0
Experienced Electronic Bullying in Past Year	26.0	27.2
Child Abuse Rate (per 100,000 People Under Age 18) (2019-2021)	862.2	1,099.0
<b>Disease &amp; Health Conditions (2021)</b>	%	%
Teen Birth Rate per 1,000 Females Ages 15-19 (2020)	8.7	10.7
Obesity *	9.0	10.3
Current Asthma	12.1	11.1
Adequately Immunized 7th Graders	88.2	85.4
Chlamydia (per 100,000 People Ages 14-19) ^	618.1	785.4

## Strengths:

- Davis County adolescents were doing significantly better (\*) than the state on 9 indicators
- Substance use is lower among Davis students than the state and nation
- More Davis youth graduate, have health insurance, and are above the poverty level than the state
- Teen births are decreasing; Davis is lower than the state and nation
- The majority of adolescents regularly eat meals with family

## Challenges:

- Suicide is the leading cause of death for ages 10-17 in Davis County and Utah. Mental health indicators are trending in the wrong direction
- The majority of students are not meeting sleep and physical activity recommendations
- In Davis, 1 in 4 car crashes involves a teen driver, which is higher than the state
- Over 1 in 4 Davis adolescents have experienced electronic bullying in the past year
- Non-school screen time and phone use while driving have increased and are higher than the state rates
- Low commitment to school is trending in the wrong direction

\* Statistically significant difference between county and state

^ Impacted by COVID-19, may not reflect true trend due to reporting disruptions

Sources: 2021 Utah Adolescent Health [Profile](#); 2021 SHARP [Survey](#); Utah's Public Health Indicator-Based Information System (IBIS); 2021 Immunizations Coverage [Report](#); Kids Count Utah [Report](#); U.S. Census Data [Portal](#); Utah Division of Child & Family Services; Davis County Health Department

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