

2024 County Health Rankings & Roadmaps Summary

Davis County, Utah

countyhealthrankings.org

According to the 2024 County Health Rankings & Roadmaps (CHR&R) report, **Davis County is faring slightly better than the average county in Utah and significantly better than the national average for both health outcomes and health factors.** The report is based on a combination of measures related to the health status of our population (health outcomes) and modifiable factors that influence how well and how long we live (health factors). Based on this model, **Davis County has many strengths, primarily related to health behaviors and social and economic factors**, similar to previous years' reports.

With this year's report, CHR&R has taken a new approach that no longer assigns a numerical rank to counties because all counties have room to improve and take action, no matter how they compare to other counties in their state. No county needs to outperform another to get to the top spot when the overall goal is for all people and places to have what they need to thrive.

When examining specific measures, Davis County is doing **better than the U.S. and Utah** in 19 (56%) of the 34 measures that are the most impactful on a community's health, and in 24 (62%) of the 39 additional measures included in the report. The greatest **areas of strength** identified by CHR&R for Davis County are low measures of binge drinking, teen births, people without health insurance, and injury deaths. CHR&R also identified these high measures as strengths: physical activity, access to exercise opportunities, high school completion, attending some college, and household income distribution.

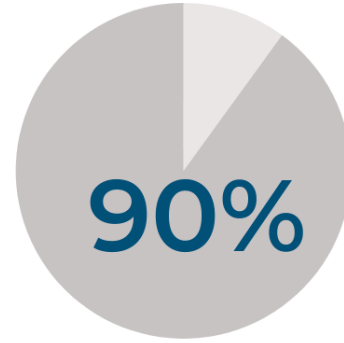
CHR&R is focused this year on the benefits of **civic participation and infrastructure**, meaning the spaces, platforms, and ways people exchange information, connect, and help improve their community. Internet access, voter participation, and access to local news outlets and libraries are ways CHR&R measures civic health. Davis County is strong in all these measures with the exception of having only one local news outlet.

Davis County measures **worse than the U.S. and Utah** for: poor mental health days, patient-to-provider ratios (primary care, dentists, mental health, other primary care), membership associations, gender pay gap, child care centers, driving alone to work, and traffic volume. The CHR&R report highlighted adult obesity and membership associations as **areas to explore**, meaning improvement in these measures would have the greatest impact on how Davis County compares to other Utah counties. Additionally, **significant health disparities exist** between race/ethnicity groups for 11 measures, even within some of the county's strongest areas: low birthweight, life expectancy, premature mortality, child mortality, infant mortality, teen births, children in poverty, injury deaths, median household income, suicides, and driving alone to work. All of these measures are opportunities to take action, but it is important to remember that change takes time and it may take a few years for progress from community health improvement efforts to be reflected in the data.

The annual CHR&R report provides a helpful snapshot of how health is influenced by where we live, learn, work, play, worship, and rest. The snapshot highlights many of the reasons Davis County is a healthy place to live while showing that we have room for improvement in some areas. Along with the report, CHR&R's [What Works for Health](#) database offers more than 400 evidence-informed strategies to help communities act on their data to improve health. For many years, tools like CHR&R have guided Davis County's community health assessment and improvement efforts, which can be found at daviscountyutah.gov/health/reports-and-assessments.

County Health Rankings Summary

Davis County 2024



of residents consider themselves to be in good to excellent health

Davis County is faring slightly better than the state average and significantly higher than the national average for both health outcomes and health factors.

Areas of **Strength**



High levels of physical activity



Greater access to exercise opportunities



Higher rates of educational attainment



More even income distribution among households



Lower rates of binge drinking



Fewer teen births



Fewer uninsured individuals



Fewer injury deaths

Areas for **Exploration and Improvement**



Adult obesity



Long commutes alone & traffic volume



Patient-to-provider ratios



Poor mental health days



Membership associations



Child care centers



Gender pay gap