



# DAVIS COUNTY HEALTH DEPARTMENT

Davis County Courthouse Complex  
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**For Immediate Release:**  
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## News Release

### Caregiver Educational Classes Offered In Davis County

(Farmington, Utah) – Davis County Health Department's Family Caregiver Support

Program is offering a ten-week series of classes for individuals caring for family members who are older or frail. These classes are free to the public. Individuals may attend at anytime during the series.

Presenters will discuss various topics such as understanding disabilities, preparing for senior care expenses, assistive devices, and senior housing options.

Classes will be offered on Thursdays starting June 10 at the Autumn Glow Senior Activity Center (81 East Center Street, Kaysville) from 11:30 a.m. to 12:30 p.m. The class series ends Aug. 12. A complimentary lunch is provided but an RSVP by each Monday at noon is required to receive a meal. No reservation is required to attend the class only.

For more information or to RSVP for lunch, please contact Megan Forbush at (801) 451-3506.

Davis County Health Department's Senior Services thanks the following agencies for helping to sponsor these classes: Autumn Glow Senior Activity Center, South Davis Home Health, Applegate HomeCare and Hospice, Hospice for Utah, Do It For You, Vista Care, Tri-County Independent Living Center, Legacy House of Ogden, Neighborhood House, SeniorCare Compare, Heritage Place, and Heros Accessible Homes.

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Caregiver classes scheduled at the Autumn Glow Senior Activity Center, Kaysville:

Date	Topic	Presenter
Thursday, June 10, 11:30 a.m.	Understanding Disabilities	Shannon Chapin – Vista Care
Thursday, June 17, 11:30 a.m.	50/80 Talk	Heather Potokar – Hospice for Utah
Thursday, June 24, 11:30 a.m.	Wake Up, You're Alive	CJ Benson – South Davis Home Health
Thursday, July 1, 11:30 a.m.	Preparing for Senior Care Expenses	Scott Meyer – SeniorCare Compare
Thursday, July 8, 11:30 a.m.	Assistive Devices	Saundra Hansen – Tri- County Independent Living Center
Thursday, July 15, 11:30 a.m.	Aging Positively and Gracefully	Richard Smart – Do It For You
Thursday, July 22, 11:30 a.m.	Retirement Checklist	Marcia Parisi – Applegate HomeCare and Hospice
Thursday, July 29, 11:30 a.m.	Senior Housing Options	Markham McReynolds – Heritage Place
Thursday, Aug. 5, 11:30 a.m.	Adult Day Service	Patsy Baldwin – Neighborhood House
Thursday, Aug. 12, 11:30 a.m.	Making Your Home Accessible	Bob Griffiths – Heros Accessible Homes

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